



MEMORY VERSE

Philippians 4:5

“Let your gentleness be evident to all. The Lord is near.”

YOUR CHALLENGE

Try to be gentle towards the people around you and tell someone how it made you feel.

TODAY

In Colossians 3:12 we read “Therefore as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, gentleness and patience”.

As children of God, we need to remember to carry gentleness in our hearts. When we are able to be kind to people around us, we are able to show them gentleness.

Sometimes we may find it hard to be kind, but we can ask God to fill us with His kindness to help us.

Another way in which we can be gentle towards others, is by showing others patience. Patience is not always easy to show, but our patience shows gentleness.

God helps us with our patience and this will help us to be more gentle towards others. Do you think you’re able to be more kind and patient towards others to show them your gentleness?

Prayer

Dear God, I ask that you give me kindness and patience so that I can show others gentleness in all situations that I am in. Amen.