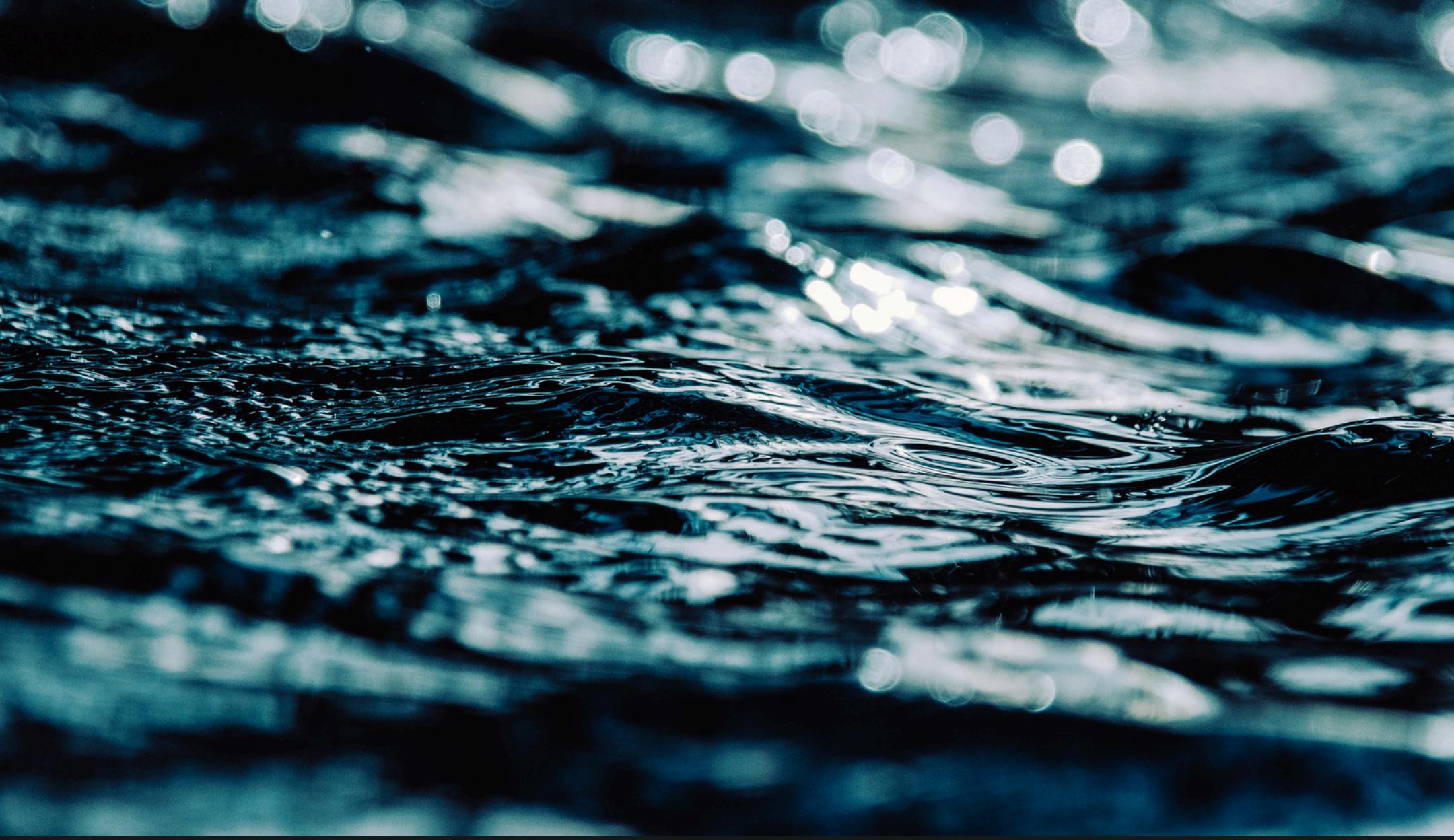




01

**SETTING  
THE  
TABLE**

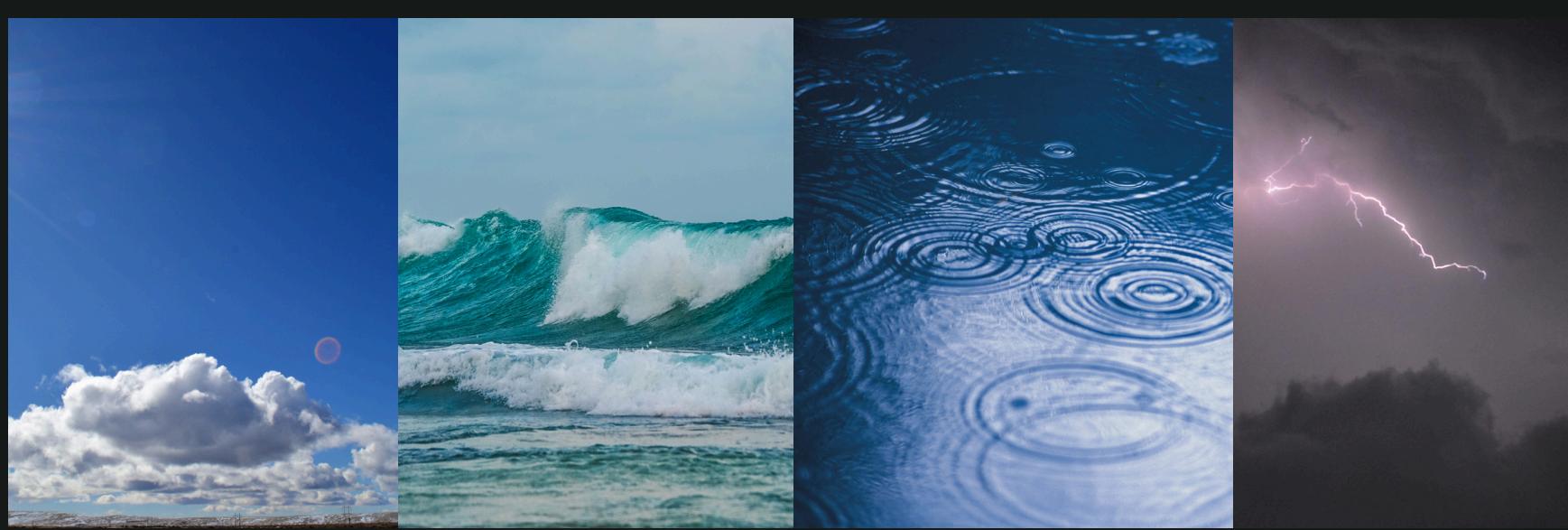


## MATTHEW 6:16-18

**16 “And when you fast,  
do not look gloomy like the  
hypocrites,  
for they disfigure their faces  
that their fasting may be seen by  
others.**

**Truly, I say to you, they have  
received their reward.**

**17 But when you fast,  
anoint your head and wash your face,  
18 that your fasting may not be seen  
by others  
but by your Father who is in secret.  
And your Father who sees in secret  
will reward you.**



# SETTING THE CLIMATE





SET ASIDE  
THE NOISE  
OF THE  
WORLD



# BUILDING THE ALTAR

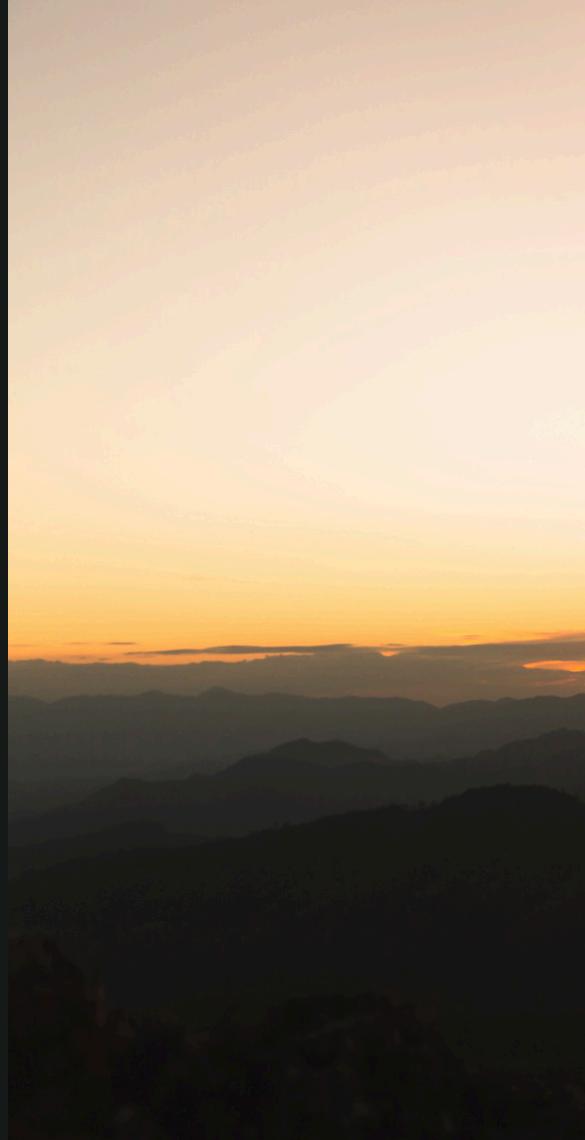
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REFUSE TO SETTLE  
FOR A FORM OF  
GODLINESS  
THAT LACKS THE  
POWER TO CHANGE  
A LIFE.

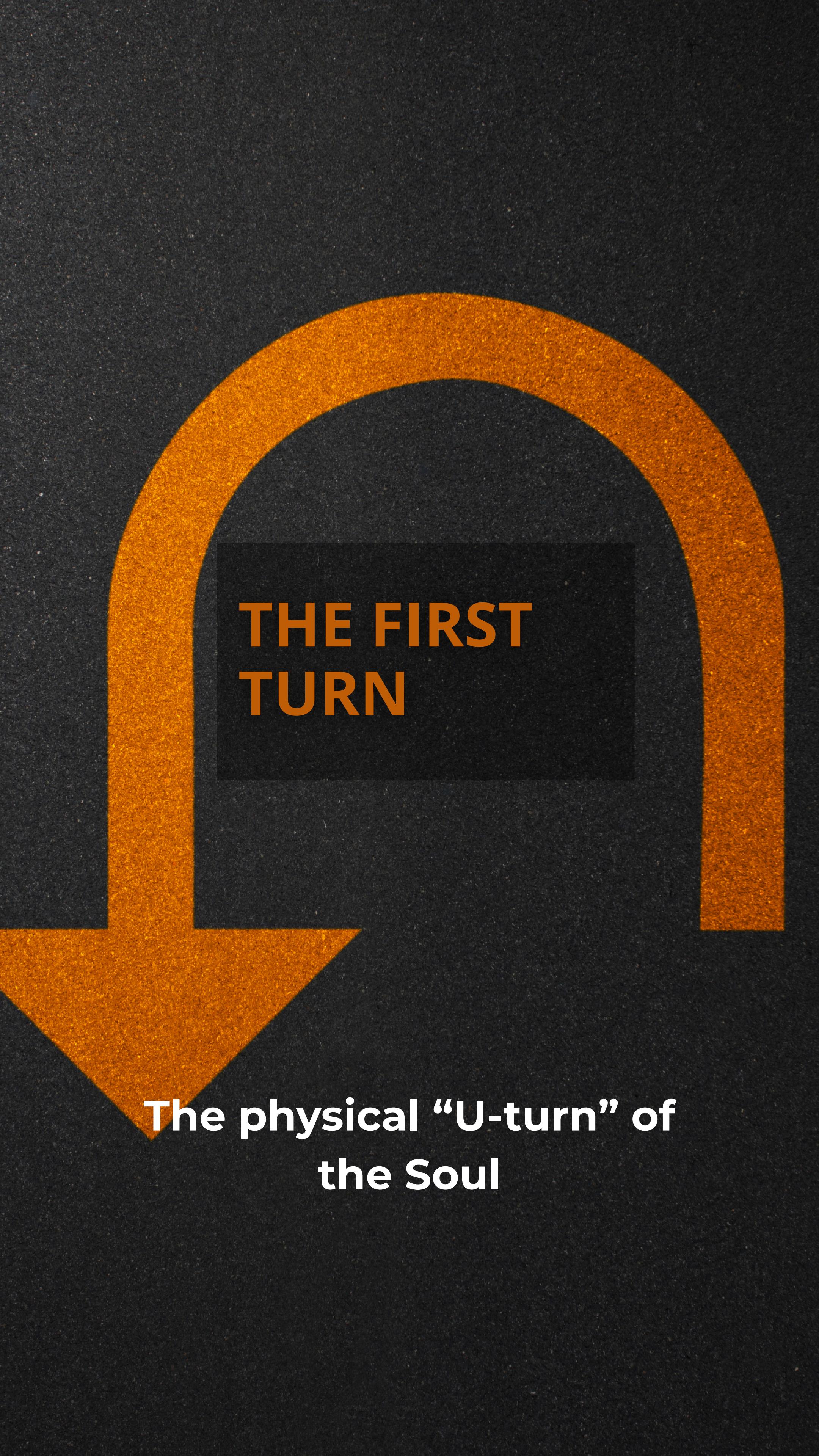
# THE DEEP “WHY”?





# THE RETURN: FASTING AS APOSTOLIC REPENTANCE

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# THE FIRST TURN

**The physical “U-turn” of  
the Soul**



HEART  
OVER  
HABIT

# JOEL 2:12- 13

“YET EVEN NOW,” DECLARES THE

LORD,

“RETURN TO ME WITH ALL YOUR  
HEART,

WITH FASTING, WITH WEEPING, AND  
WITH MOURNING;

13 AND REND YOUR HEARTS AND  
NOT YOUR GARMENTS.”

RETURN TO THE LORD YOUR GOD,  
FOR HE IS GRACIOUS AND  
MERCIFUL,

SLOW TO ANGER, AND ABOUNDING IN  
STEADFAST LOVE;  
AND HE RELENTS OVER DISASTER.



**WE ARE FASTING TO  
REPENT FOR THE TIMES  
WE'VE RELIED ON OUR  
OWN STRENGTH  
INSTEAD OF HIS.**

FASTING  
REPENTANCE  
IS NOT A CHANGE  
OF MIND;  
IT'S A CHANGE OF  
APPETITE.



# **CLEARING THE GROUND**

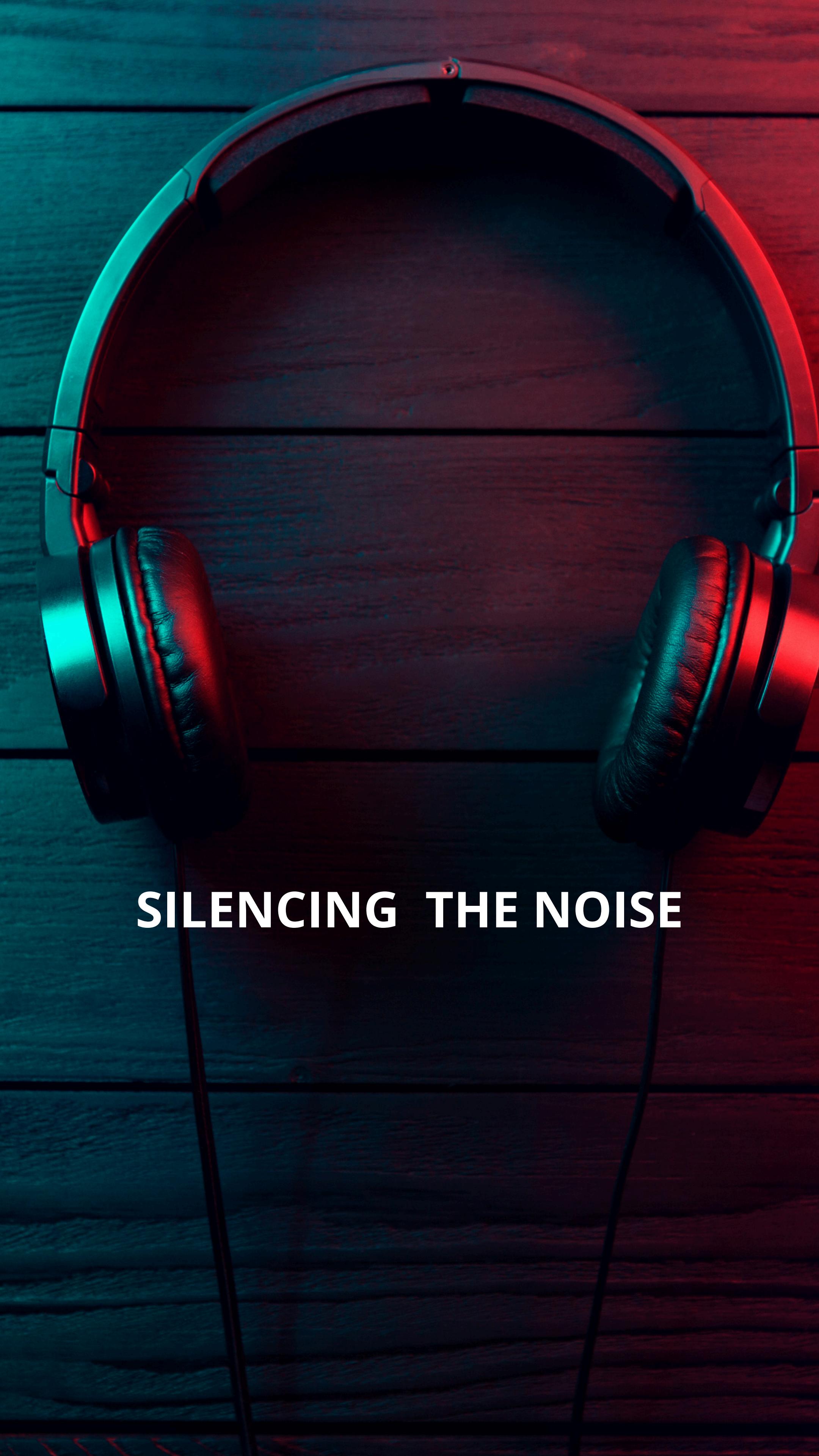
**Clearing the weeds of the past year so the seeds of the new year can take root.**





**SPIRIT OVER  
FLESH**

**STARVING  
THE FLESH  
TO FEED  
THE FIRE.**



**SILENCING THE NOISE**



# **KINGDOM ALIGNMENT**

WE ARE  
RECALIBRATING OUR  
DESIRERS  
TO MATCH HEAVEN'S  
AGENDA





# THE HISTORY OF FASTING

- **The Azusa Street Foundation (1906)**
- **The Latter Rain Movement (1948)**
- **Smith Wigglesworth's Protocol**
- **The Apostolic Foundation**



# PREPARING FOR THE OUTPOURING

**DETERMINE NOW  
THAT YOUR FLESH  
WILL NOT HAVE A  
VOTE IN YOUR  
VICTORY.**

