





MATTHEW 6:16-18

**¹⁶ “And when you fast,
do not look gloomy like the
hypocrites,
for they disfigure their faces
that their fasting may be seen by
others.**

**Truly, I say to you, they have
received their reward.**

**¹⁷ But when you fast,
anoint your head and wash your face,
¹⁸ that your fasting may not be seen
by others
but by your Father who is in secret.
And your Father who sees in secret
will reward you.**

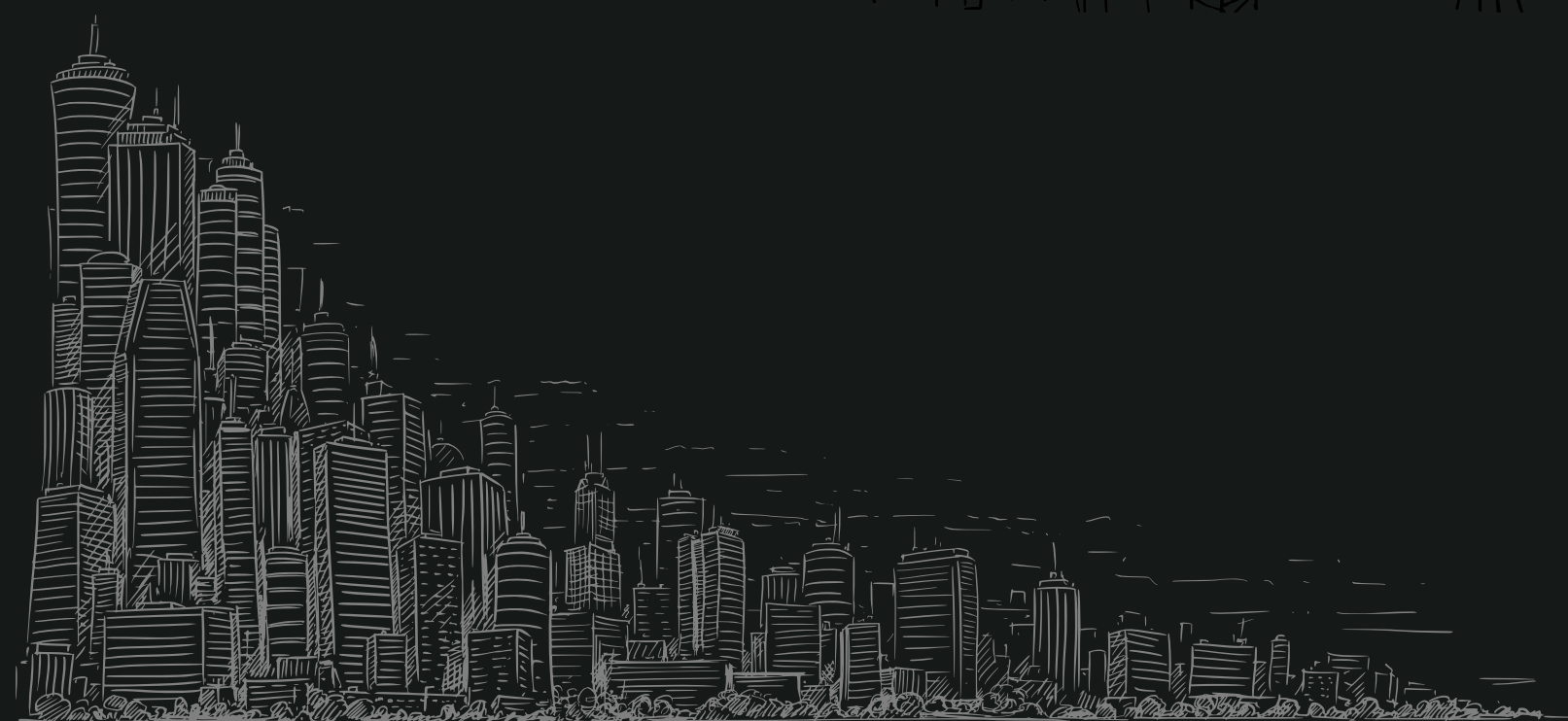


SETTING THE CLIMATE






**SET ASIDE
THE NOISE
OF THE
WORLD**



BUILDING THE ALTAR



A black and white photograph of a person lying down, possibly on a couch or bed, with their head resting on a pillow. The person is wearing a dark, long-sleeved garment. The background is a light-colored, textured surface, possibly a wall or a curtain. A dark, semi-transparent rectangular box is overlaid on the image, containing white text.

**REFUSE TO SETTLE
FOR A FORM OF
GODLINESS
THAT LACKS THE
POWER TO CHANGE
A LIFE.**

THE DEEP “WHY”?





THE RETURN: FASTING AS APOSTOLIC REPENTANCE

A large, textured orange U-turn arrow graphic is centered on a dark, textured background. The arrow starts from the left, curves upwards and to the right, then turns downwards and to the left, forming a U-shape. In the center of the U-turn, there is a dark rectangular box containing the text "THE FIRST TURN".

THE FIRST TURN

**The physical “U-turn” of
the Soul**



**HEART
OVER
HABIT**

JOEL 2:12- 13

**“YET EVEN NOW,” DECLARES THE
LORD,
“RETURN TO ME WITH ALL YOUR
HEART,
WITH FASTING, WITH WEEPING, AND
WITH MOURNING;**

**¹³ AND REND YOUR HEARTS AND
NOT YOUR GARMENTS.”
RETURN TO THE LORD YOUR GOD,
FOR HE IS GRACIOUS AND
MERCIFUL,
SLOW TO ANGER, AND ABOUNDING IN
STEADFAST LOVE;
AND HE RELENTS OVER DISASTER.**



**WE ARE FASTING TO
REPENT FOR THE TIMES
WE'VE RELIED ON OUR
OWN STRENGTH
INSTEAD OF HIS.**

**FASTING
REPENTANCE
IS NOT A CHANGE
OF MIND;
IT'S A CHANGE OF
APPETITE.**



CLEARING THE GROUND

Clearing the weeds of the past year so the seeds of the new year can take root.





**SPIRIT OVER
FLESH**

**STARVING
THE FLESH
TO FEED
THE FIRE.**



SILENCING THE NOISE



KINGDOM ALIGNMENT



**WE ARE
RECALIBRATING OUR
DESIRES
TO MATCH HEAVEN'S
AGENDA**



The image features a dark, textured background. A large, solid red rectangle is positioned in the center. On the left side of the red rectangle, there are several thin, white, curved lines that arc from the top left towards the center. On the right side, there are similar thin, white, curved lines that arc from the bottom right towards the center. The text 'THE HISTORY OF FASTING' is centered within the red rectangle in a bold, white, sans-serif font.

THE HISTORY OF FASTING



- **The Azusa Street Foundation (1906)**

- **The Latter Rain Movement (1948)**

- **Smith Wigglesworth's Protocol**

- **The Apostolic Foundation**



PREPARING FOR THE OUTPOURING

**DETERMINE NOW
THAT YOUR FLESH
WILL NOT HAVE A
VOTE IN YOUR
VICTORY.**

