

EP 19 — WHOLENESS, NOT JUST SURVIVAL

From Managing to Thriving Episode 19 — Prophetic Prayer & Declaration · Chris & Prudence Ministries

OPENING

Survival is a powerful thing. It can also become a prison.

A lot of us learned to survive in a hard season. And we got good at it. So good that we forgot it was supposed to be temporary. We're still in survival mode in a season God meant for harvest. Still rationing. Still bracing. Still living small.

Here's the trap. Coping can become a comfort zone. You can get so used to just making it that wholeness starts to feel risky.

But God's goal was never to help you cope. It was to make you whole. The word Jesus used over and over after a miracle wasn't survive. It was whole. Be made whole. Your faith has made you whole.

Whole means nothing missing. Nothing broken. Every part working the way it was designed to.

You were not rescued to barely make it. You were rescued to thrive. Today we upgrade the expectation.

Let's go to the Father.

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PROPHETIC PRAYER

1. Worship

Father, hallowed is Your name.

You are the God of abundant life. The God who gives more than enough. The God who restores the years, not just the day.

We worship You as the One who makes whole. Not patched. Not stabilized. Whole. Spirit, soul, and body, kept complete by Your hand.

Holy is Your name over every surviving place. Holy is Your name where we've been small. Holy is Your name, the God of more than enough.

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2. Submission

Your Kingdom come. Your will be done. On earth as it is in heaven.

Father, in heaven nothing merely survives. Everything flourishes. Everything is whole.

So we submit the survival mode. We hand You the bracing, the rationing, the bracing for impact that has become our default.

Your will be done in us as it is in heaven. We give You permission to make us whole, even though whole feels unfamiliar. We trade coping for thriving. We say yes to the bigger life.

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3. Petition

Give us this day our daily bread.

Father, today we ask for wholeness. The full kind.

Where we've managed a wound, heal it completely. Where we've survived a lack, fill it. Where we've shrunk to fit a hard season, give us room to grow back.

Give us the faith to expect more. The courage to leave survival behind. Daily bread for a thriving life, not just an enduring one.

Restore what the locust ate. Make up the years.

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4. Confession and Forgiveness

Forgive us, Father.

For settling. For calling survival humility. For making peace with less than what You died to give us.

We confess we got comfortable in the bracing. We protected the small life because the whole one felt unsafe. We confess unbelief dressed up as realism.

Cleanse us. Enlarge our expectation.

And as You forgive us, we forgive every season that taught us to live small. Every lack that trained us to brace. We release the survival identity. It's not who we are anymore.

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5. Protection

Lead us not into temptation. Deliver us from the evil one.

Father, the temptation is to retreat into survival the moment things get hard again. To grab the old coping mechanisms. To shrink back to a size we'd outgrown.

Deliver us from the spirit of just enough. From the poverty of soul that fears abundance. From the comfort zone that masquerades as wisdom.

Protect the wholeness. Guard the new expectation. Don't let us go back to the cage with the door wide open.

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DECLARATION

I declare over you today.

Survival mode is ending. The bracing stops. You are moving from coping to wholeness.

I declare nothing missing, nothing broken. Spirit, soul, and body coming into alignment and health.

I declare the years the locust ate are being restored. The small season is closing. The room to grow is opening.

I declare you were not rescued to barely make it. You were rescued to thrive. And thriving is your portion now.

I declare 3 John 1:2 over you. That you may prosper and be in health, even as your soul prospers.

You are being made whole. All of you.

SEALING PRAYER

Father, we seal this.

Every surviving place restored. Every small expectation enlarged. Every broken part made whole. Sealed in the name of Jesus.

What heaven has made whole, no hard season on earth can shrink again.

Wholeness over survival. Thriving over coping. Abundant life over barely making it.

It is finished. It is sealed. It is so.

In the mighty name of Jesus.

Amen.

