

2023



# WORSHIP WITH YOUR LIFE

WORSHIP WITH SERIES

SMALL GROUP STUDY GUIDE

Worship is a verb, an action. When you're a worshiper, people will see or hear it. God is familiar with your voice, and sound and He expects to see and hear what you were created to do, worship.

Why should you worship God? You worship God for who He is. You worship Him for what He has done. You worship God because you're commanded to do so. Doing nothing is not an option. First, worship God with your body, then with *your life*.

Let's look at the life of a worshiper, Anna, and learn a few lessons.

## THIS WILL BE YOUR RECORD BREAKING YEAR.

*Luke 2:36-38 NIV - [36] There was also a prophet, Anna, **the daughter of Penuel**, of the tribe of Asher. She was **very old**; she had **lived with her husband seven years after her marriage**, [37] and then was **a widow** until she was eighty-four. **She never left the temple** but **worshiped night and day, fasting and praying**. [38] Coming up to them at that very moment, she gave thanks to God and spoke about the child to all who were looking forward to the redemption of Jerusalem.*

## WHO IS SHE?

*Luke 2:36a NIV - There was also **a prophet**, Anna, **the daughter of Penuel**, of the **tribe of Asher**.*

- Anna is the only named female prophetess in the New Testament.
- Anna means favor, grace, and beautiful.

*Who are you? How are you different?*

## FACTS ABOUT ASHER

The Tribe of Asher is **known for its prosperity** and **good food**. The blessings in the Hebrew Bible indicate **the tribe had a fertile plot of land** where they **grew olive trees**. The oil production **gained immense wealth** for the tribe.

## WHAT HAS SHE BEEN THROUGH?

*Luke 2:36b-37 NIV - [36b] She was very old; she had **lived with her husband seven years after her marriage**, [37] and then was a widow until she was eighty-four.*

- Just because you are anointed doesn't mean you won't get attacked.

- You will go through things in life that were intended to destroy you, but you can't lose your worship.

*What have you been through? How have your losses tested or strengthened your faith?*

## WORSHIP IS A BELIEF AND BEHAVIOR.

### SCRIPTURE ABOUT LIFE

*Ecclesiastes 9:11 MSG - I took another walk around the neighborhood and realized that on this earth as it is - The **race is not always to the swift**, Nor the **battle to the strong**, Nor **satisfaction to the wise**, **Nor riches to the smart**, **Nor grace to the learned**. **Sooner or later bad luck hits us all.***

- When worship is your life, you don't respond like others.

## DON'T LOSE YOUR WORSHIP.

### THE MEANING OF ECCLESIASTES 9:11

Unexpected and unpredictable circumstances are a part of life and often interrupt the predictable flow of events. We cannot control, understand or, perfectly anticipate what life has to offer.

*What areas of your life are you still trying to control?*

**ANYTHING ASSIGNED TO YOUR LIFE CAN'T LEAVE YOU.  
AND IF IT'S NOT ASSIGNED TO YOUR LIFE IT CAN'T STAY.**

### THE UNEXPECTED OR UNPREDICTABLE HITS THAT COME TO BREAK YOUR WORSHIP:

- Loss
  - Devastating events or situations that are connected to pain.
  - Has the ability to make you stronger.
- Grief
  - Things, situations, or changes that make you sad and cry.
  - It can isolate you from other people.
- Disappointment
  - Disappointment comes from unexpressed and unmet expectations.

- Loneliness
  - Disconnected from others.
- Aging
  - Feeling accomplished and behind time.

*Which of these unexpected hits have you endured in your life? What was it? How did you navigate through it?*

## GRIEVE AND GROW.

### HOW HAS SHE SURVIVED?

#### 1. Permanent Location

- Luke 2:37b NIV - *She never left the temple*

#### 2. Permanent Posture

- Luke 2:37c NIV - *but worshiped night and day, fasting and praying.*

#### 3. Permanent Praise - Waiting on The Promise

- Luke 2:38 NIV - *Coming up to them at that very moment, she gave thanks to God and spoke about the child to all who were looking forward to the redemption of Jerusalem.*

*Where can God find you when the unexpected happens?*

### FLIP IT TO AN ALTAR

Loss	➔	Never left
Grief	➔	Worship
Disappointment	➔	Fasting
Loneliness	➔	Praying
Aging	➔	Praise

- For every circumstance that comes, you have to see God in it. If you do nothing the issue will overtake you.

*How do you handle loss, grief, disappointment, loneliness, and aging?*

## LEARN HOW TO LIVE AFTER LOSS.

*Matthew 7:24-25 NIV - [24] "Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. [25] The rain came down, the*

*streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock.*

## **WORSHIP HAS TO BE YOUR LIFE.**

### **QUESTION**

*Will you worship God with your life, even when you experience loss, grief, disappointment, loneliness, or aging?*

### **DECLARATION**

*Worship is my life. My life is a reflection of how I worship God.*

### **PRAYER**

*Lord, I thank You for putting a praise in my heart. You have been so faithful to me. You have kept me in times when I didn't know how or even wanted to be kept. You have delivered me out of the hands of my enemies. You have comforted me in times of loss, grief, disappointment, and loneliness. I owe You a constant praise. I will forever worship You, in Jesus' name, Amen!*