

2023



JONATHAN & DAVID: THE EXCHANGE

WE ARE ONE SERIES

SMALL GROUP STUDY GUIDE

Friendships are important and some of us use that term lightly. We have plenty of people in our lives from our past that we bring along with us. But, there are some people that come into our lives for the future. There are some new relationships that God wants to introduce us to and bring into our lives. Our friends are indicators of our future. Whenever we want to know what God thinks about us, we can tell by the types of people He brings into our lives. It is important when God is aligning the details of our lives, that we are not closed off and can receive new friends.

There are friends in the Bible that resemble 4 types of friendships:

- Friends who can carry our weight - I.e. The four friends that brought the lame man to Jesus.
- Friends who can lead us - I.e. The friends who led the blind man to Jesus.
- Friends who can fight for us - I.e. Peter attacked the ones that tried to take Jesus.
- Friends who empower our lives - I.e. Jonathan wasn't jealous of David but empowered him.

Let's look at the bond and friendship between Jonathan and David. It's *an exchange*.

THIS WILL BE YOUR RECORD BREAKING YEAR.

*1 Samuel 18:1-4 NIV- [1] After David had finished talking with Saul, **Jonathan became one in spirit with David,** and he loved him as himself. [2] From that day Saul kept David with him and did not let him return home to his family. [3] And Jonathan made a covenant with David because he loved him as himself. [4] Jonathan took off the robe he was wearing and gave it to David, along with his tunic, and even his sword, his bow and his belt.*

- **NIV SAYS THEY BECAME ONE IN SPIRIT.**
- **KJV SAYS THAT THE SOUL OF JONATHAN AND DAVID WERE KNIT TOGETHER.**
- **THE WORD "KNIT" MEANS CHAINED TOGETHER.**

**GOD HAS SOMEONE WAITING TO HELP YOU ACCLIMATE INTO
YOUR NEW ASSIGNMENT - SOMEONE YOU DON'T HAVE TO
DUMMY DOWN TO.**

JONATHAN AND DAVID HAD SOME SIMILARITIES:

- They were **close to the same age**
- **Jonathan** was **probably at least 5 years older**
- **Both** were **bold**
- **Both** were men of **great trust in God**
- **Both** were **men of action**
- **Both** had a **real relationship with God**

Who has God allowed to help you get to your next level? Who has God called you to mentor?

THE EXCHANGE FROM JONATHAN TO DAVID

1) LOVE - MY HEART

1 Samuel 18:1 NIV - "and he loved him as himself."

- God loves you and there is nothing you can do to earn it.
- You have to be ok with someone just loving on you without expectations. You did nothing to earn this love and you are deserving of love.
- Receive the love of God so you can receive the love of others.
- If you have to perform for love, it's not love.

How do you respond to others loving you? Who have you given your heart to?

2) COVENANT - A PROMISE/MY WORD

*1 Samuel 18:3 NIV - "And Jonathan **made a covenant with David** because he loved him as himself."*

- You have to be a friend that honors your word.

Ecclesiastes 5:5 NIV - It is better not to make a vow than to make one and not fulfill it.

- You must do what you say. When you make a promise, keep your promise. Don't waiver or mislead.
- God meant for your relationships to be covenant, not of convenience.

Who are you in covenant with? What does that covenant mean to you? Are your relationships covenants or conveniences?

3) ROBE - ROYALTY

*1 Samuel 18:4 NIV - "Jonathan **took off the robe he was wearing and gave it to David.**"*

- When God shifts you, everything about you has to shift.
- You are about to look like your future and revelation.

When was the last time God shifted you? What was the shift? How did you respond to the shift?

4) TUNIC - PERSONAL/ME

1 Samuel 18:4 NIV - "...along with his tunic,"

- God is walking you into doors because you look like Him.
- To be anointed means to be brushed upon. You can't be around someone and the oil not get on you.

How have you grown as a result of your relationships/covenants? What has being connected to God given you access to?

5&6) A SWORD AND BOW - FIGHTING EQUIPMENT

1 Samuel 18:4 NIV - "... and even his sword, his bow"

- Sword - For fighting what got close.
- Bow - For fighting things from a distance.
 - You don't need to waste your energy fighting to get into position. You are fighting to maintain your position.
 - Don't ask why you are in battle. Everyone wants to fight the champion.
 - You are not fighting for victory but from victory.

What are your fighting tools? How do you prepare for battle?

7) BELT - SECURITY

1 Samuel 18:4 NIV - "...and his belt."

- The belt holds it all together.
- Some things you never need to experience, you can learn from examples.

What relationship have you benefited the most from? What were the lifelong benefits given to you?

EVERYTHING JONATHAN DID FOR DAVID, JESUS DID FOR YOU.

WHY THE EXCHANGE?

1 Samuel 23:17 NIV - [17] "Don't be afraid," he said. "My father Saul will not lay a hand on you. You will be king over Israel, and I will be second to you. Even my father Saul knows this."

- Nobody can deny what is on your life. God is making people give you what you need. Get over yourself and take what is being given to you.

- God is preparing you for right now and will never leave you unequipped.

What area of your life did you question your ability to fulfill your purpose? What gift(s) do you struggle with using?

YOU ARE NEEDED AND NECESSARY.

HOW IS THE EXCHANGE HONORED?

1 Samuel 23:18 NIV - *The two of them made a covenant before the Lord. Then Jonathan went home, but David remained at Horesh.*

- HONORED BY GOING FORWARD AND **NOT GOING BACKWARD!**
- HONORED BY GOING FORWARD TO **BECOMING YOUR OWN!**
- HONORED BY GOING FORWARD AND **USING WHAT HAS BEEN GIVEN YOU!**

SOME FRIENDS ARE FROM YOUR PAST, AND SOME FRIENDS ARE FOR YOUR FUTURE.

Philippians 3:13-14 NIV - [13] *Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, [14] I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.*

- Forget what is behind you and give it everything you have. Press towards your goal until it's accomplished.

How do you honor those who have poured into your life?

YOUR NEXT IS A GLIMPSE OF YOUR FUTURE.

QUESTION

In this season, are you Jonathan or David in your relationship?

DECLARATION

I deserve love. I deserve forgiveness. I receive your blessings. I receive the lessons you are trying to teach me. I receive the new season. I receive good things coming to me. I receive the favor of God. I receive my future. I receive that I'm about to walk into new authority. I receive that I'm about to come into a new place. I receive that the hand of God is on my life. I receive that the favor and the hand of God is on my life. I receive my purpose. I receive the plan of God. I receive the anointing of God. I receive new friendships. I receive healthy relationships. I receive a healthy marriage. I receive what You promised me. I receive what You said about me. I receive the Holy Ghost. I receive my breakthrough season. I receive my breakout. God, I believe and receive it.

PRAYER

Lord, help me to honor my relationships. When I make a promise, give me the ability and integrity to honor it. Help me to receive love without expectations or conditions as a qualifier of the love. Show me how to always be a good friend that knows how to love and honor the friendship. As I receive your love, grant me opportunities to extend the same love to others, in Jesus' name, Amen!