

2023



YOU ARE IT
WE ARE ONE SERIES

SMALL GROUP STUDY GUIDE

This is the conclusion of the "We Are One" Family and Friends Series. There is a childhood game called "It". In this game, a person is selected to chase others and whoever they catch will then be "it" and repeat the process.

- Moses was it as he led the children of Israel out of bondage.
- David was it because he was anointed to be the next king over Israel.
- Jarius had to be it to bring Jesus back to his house so his daughter could be healed.

Let's look at the life of Joseph, which is found in Genesis 37-50. We can learn lessons about the mystery of how the world works. Believers and non-believers can see an illustration of the need to keep trying, to keep pushing, and giving up is not an option. Joseph shows us the worst conditions could possibly turn out to be your best conditions. We never know when the next step will lead to success. *You are it.*

THIS WILL BE YOUR RECORD BREAKING YEAR.

WHO WAS JOSEPH?

LOVED

Genesis 37:3a NIV - Now ***Israel loved Joseph*** more than any of his other sons,

- You are loved. Others see how much people love you.

FAVORED

Genesis 37:3b NIV - *because he had been born to him in his old age; and he made an ornate robe for him. (FATHER)*

Genesis 39:4a NIV - *Joseph found favor in his eyes and became his attendant. (POTIPHAR)*

- God's favor is assigned to your life and is forever. It goes with you wherever you go. It's unexplainable because it's from God.

DREAMER

Genesis 37:5a NIV - ***Joseph had a dream,***

- Sharing your dream with non-dreamers causes them to hate you more.
- When God wants to develop your faith, He gives you a dream.
- If God gave you a dream, He wants it to come to pass.

SURVIVOR

Genesis 37:24a NIV - and they took him and threw him into the cistern.

- Others have no idea what you've been through. Some things others went through didn't affect you the way it affected them.
- You have been graced to conquer the hits of the enemy.
- You are a survivor and not a victim.

LORD IS WITH HIM

Genesis 39:2,21 NIV - [2] The Lord was with Joseph so that he prospered, and he lived in the house of his Egyptian master; [21] the LORD was with him; he showed him kindness and granted him favor in the eyes of the prison warden.

- The Lord goes with you everywhere you go. You are never on the journey alone.

HE IS PROSPEROUS

Genesis 39:2b NIV - he prospered, and he lived in the house of his Egyptian master.

- Prosper means succeed in reaching. It's not just about money and wealth, but the ongoing success in your life.
- The Lord has allowed you to prosper in spaces that were not intended for you.
- You have possession of things that others thought you were not worthy of.

LEADER

Genesis 39:4a NIV - Potiphar put him in charge of his household.

- The Lord trusts you to lead His people in the right direction.
- You were designed to lead, but you must become a leader.
- Leadership is about finding your gift and ability and showing it to the world.

RESPONSIBLE

Genesis 39:6a NIV - So Potiphar left everything he had in Joseph's care;

- God trusts you to be a good steward of things you are over.
- Responsibility comes with maturity.
- The calling on your life demands responsibility and the assignment on your life demands accountability.

WELL BUILT & HANDSOME

Genesis 39:6b NIV - Now Joseph was well-built and handsome,

- Your outward appearance does not match your journey.

- You are fearfully and wonderfully made.

GIFTED

Genesis 40:12 NIV - "This is what it means," Joseph said to him. "The three branches are three days."

- God has given everyone a gift. Your God-given gift(s) is your power.
- You are responsible for your area of gifting. Take your gift and develop it.

WHICH OF THESE ARE YOU??

- | | |
|--------------------|---------------|
| ➤ Loved | ➤ Prosperous |
| ➤ Favored | ➤ Leader |
| ➤ Dreamer | ➤ Responsible |
| ➤ Survivor | ➤ Well-built |
| ➤ Lord is With Him | ➤ Handsome |
| | ➤ Gifted |

- You cannot be uncomfortable with who you are.
- Many people want the blessing but don't want the warfare that comes with it.

What happens if you declare these attributes over yourself in the morning? Why does God want you to be comfortable with who He made you to be?

I MAKE NO EXCUSES FOR WHO I AM. FOR WHO I AM GOD HAS MADE.

Job 16:12 NIV - All was well with me, but he shattered me; he seized me by the neck and crushed me. He has made me his target;

- Being blessed causes you to be a target.

Think of a time when you have felt like you were being targeted or attacked. How did this turn out to be a blessing or for your benefit?

EVERYTHING THAT GOD PROMISED ME IS COMING TO ME.

WHAT THEY DID

VERBAL

Genesis 37:4 NIV - When his brothers saw that their father loved him more than any of them, they hated him and could not speak a kind word to him.

- The power of life and death is in the tongue. You have the power to break what was spoken over you.

What word curses have been spoken over your life? Do you believe what you heard? Why or why not?

PHYSICAL

*Genesis 37:24a NIV - and they took him and **threw him into the cistern.***

- The hits should have knocked the wind out of you, but instead it has strengthened you.
- The attacks cannot take the favor of God from you.

Reflect on a time in your life when you were physically attacked. What caused the attack? Who was the attacker? How did you grow from the attack?

MENTAL

*Genesis 37:28b NIV - his brothers pulled Joseph up out of the cistern and **sold him for twenty shekels of silver to the Ishmaelites, who took him to Egypt.***

- 20 shekels in 2005 was \$200. In 2023, it's \$5.
- You have to always know your worth.
- Everything you went through increased your value.
- When it gets heavy, adjust what you're carrying, but don't take it off.
- Stop explaining yourself to those that aren't carrying favor.

Have you ever questioned your worth?

Genesis 42:21 NIV - They said to one another, "Surely we are being punished because of our brother. We saw how distressed he was when he pleaded with us for his life, but we would not listen; that's why this distress has come on us."

- The abuse happened when Joseph was 17. They were 2 years into the famine when Joseph was reunited with his brothers. He was 39 or 40.
- Who you are at 17 is not who you are at 39.

*Genesis 45:8 NIV - "So then, it was not you who sent me here, but God. He made me **father to Pharaoh, Lord** of his entire household and **ruler of all Egypt.***

- Show people who you are now.

Who are you outside of your titles? When you introduce yourself to others, what version of yourself do you present to them? Do you present the you that was distressed or the you that is healed and delivered?

MY BEST DAYS ARE AHEAD OF ME.

WHAT HE DID FOR THEM

BLESSED THEM

Genesis 45:5-7 NIV - [5] And now, do not be distressed and do not be angry with yourselves for selling me here, because it was to save lives that God sent me ahead of you. [6] For two years now there has been famine in the land, and for the next five years there will be no plowing and reaping. [7] But God sent me ahead of you to preserve for you a remnant on earth and to save your lives by a great deliverance.

- You are now mature enough to handle your next.
- God put in you what was needed to survive what happened.

On your journey to maturity, what area of your life did God have to prune you? Were you resistant to the process? Why or why not?

FORGAVE THEM

*Genesis 50:18-19 NIV - [18] His brothers then came and threw themselves down before him. "We are your slaves," they said. [19] But Joseph said to them, "**Don't be afraid. Am I in the place of God?**"*

- You have to release them from your mind and spirit.
- You have to see God in your journey.

Who have you not forgiven? What is stopping you from forgiving them?

EXPOSED THEM TO GOD

*Genesis 50:20-21 NIV - [20] You intended to harm me, **but God intended it** for good to accomplish what is now being done, the saving of many lives. [21] So then, don't be afraid. I will provide for you and your children." And he reassured them and spoke kindly to them.*

- You have to see that what they did made you.

Who are you exposing to God?

ALLOW ME TO RE-INTRODUCE MYSELF.

QUESTION

Have you accepted the fact that God chose you to be it?

DECLARATION

I am loved. I am favored. I am a dreamer. I am a survivor. I know the Lord is with me. I am prosperous. I am a leader. I am responsible. I am well-built. I am handsome/gorgeous. I am gifted.

PRAYER

Lord, I thank You for choosing me to be "the One." You have covered and protected me from the hits of life. Give me the heart to forgive those who have mishandled me. Grant me the grace to heal from the word curses that were spoken over me. Teach me how to lead people to You. Cover my mind that it is always in alignment with Your will for my life, in Jesus' name, Amen!