

2023



GET UP SO THEY CAN SEE

GET UP SERIES

SMALL GROUP STUDY GUIDE

The conclusion of the 4-week series, "Get Up."

RECAP

Week 1: Get Up and Do It! - There are some things God will do for you and other things that you have to do for yourself. You do the natural and God does the supernatural. *You cannot see the impossible until you do what is possible.*

Week 2: Get Up and Move On! - You have to pull yourself together and not die in your mess. Stop crying about what is gone because it can't change. But, your future is based on your obedience and God will teach you how to get up and move on.

Week 3: Get Up and Get Over It! - God will leave you with no excuses, but reminders to get up and get over it. If God doesn't change the situation, you still have to move on.

Week 4: Get Up So They Can See - Let's circle back to Peter in Acts, the book of action. The church had been under attack, Stephen was stoned to death, Paul was converted and dealt with persecution, and Peter traveled to check on the believers.

In the midst of Peter's assignment, he found a paralyzed man named Aeneas, who was bedridden for 8 years. However, this encounter immediately changed Aeneas' life and he had to get up to show others what God had done. It's time to *get up so they can see.*

THIS WILL BE YOUR RECORD BREAKING YEAR.

Acts 9:32-35 NIV - [32] As Peter traveled about the country, he went to visit the Lord's people who lived in Lydda. [33] There he found a man named Aeneas, who was paralyzed and had been bedridden for eight years. [34] "Aeneas," Peter said to him, "Jesus Christ heals you. Get up and roll up your mat." Immediately Aeneas got up. [35] All those who lived in Lydda and Sharon saw him and turned to the Lord.

TODAY IT'S ALL ABOUT AENEAS

1. You are found
2. You are addressed
3. You are healed
4. You are commanded
5. You are seen

YOU ARE FOUND

Acts 9:33 NIV - *There he found a man named Aeneas, who was paralyzed and had been bedridden for eight years.*

- We feel paralyzed when our passion and purpose don't align.
- We feel paralyzed when our plans don't match our place.
- We feel paralyzed when our preparation doesn't match our prayers.
- We feel paralyzed by other people's perception of us.

GOD WILL SEND A PERSON TO HELP YOU GET UNSTUCK

- **CHANGE YOUR PHYSICAL:** Changing your physiology means changing your mental state and breaking negative patterns.
- **CHANGE YOUR PERSPECTIVE:** We feel stuck because we're focusing too much on the past.
- **CHANGE YOUR PLATEAU:** There is more for you to do.

Ezekiel 16:6a KJV - *And when I passed by thee, and saw thee polluted in thine own blood,*

- God will meet you right where you are. Stop trying to hide, and let Him meet your needs.

Have you found the person that was assigned to you? If so, who is your person? What does your relationship with them look like? If not, what is stopping you from connecting with your person?

YOU WILL HAVE A DIVINE ENCOUNTER WITH GOD THAT WILL NOT LEAVE YOU THE SAME.

HE IS ADDRESSED

Acts 9:34a NIV - *"Aeneas," Peter said to him,*

- The Bible is divided into 2 parts, the Old and New Testament.
 - In the Old Testament, in Hebrew, Aeneas means "the one that answers."
 - In the New Testament, in Greek, Aeneas means "praise."
- God calls you by your future not your past. Stop answering to your past and respond to your destiny.

How do others address you? How does God address you? How can you start answering your future and dismissing your past?

BE PREPARED TO BE ADDRESSED DIFFERENTLY.

HE IS HEALED

Acts 9:34b NIV - Jesus Christ heals you.

- Healed means you have been cured and restored.
 - The healing was followed by duty.
 - The cure was followed by a command.
 - The restoration was followed by responsibility.

Isaiah 55:11 NIV - *So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper in the thing whereto I sent it.*

- When the Word of God comes out, it does what it is supposed to do.
- The Kingdom of Heaven is voice-activated, so be careful of your words.

What infirmity are you in need of God's healing for? If you are not seeking God for help, what will prompt you to surrender it to God?

**HEALING IS ABOUT YOUR PAST AND
WHOLENESS IS ABOUT YOUR FUTURE.**

YOU ARE COMMANDED

Acts 9:34c NIV - "Get up and roll up your mat."

- You cannot behave above your belief system. But, you can believe that you behave in a way you have never behaved before.
- Roll up what you have been using as an excuse or what's been trying to hold you down.
- Do what you have never done before and walk in your fresh anointing.

God has spoken and given you a command. Why are you still stagnant? How is this instruction different from what you have heard before?

LIVE LIKE YOU BELIEVE.

YOU ARE SEEN

Acts 9:34d-35 NIV - [34d] Immediately Aeneas got up. [35] *All those who lived in Lydda and Sharon saw him and turned to the Lord.*

- God needs to use you as his mouthpiece to expose the miracles He has done and is doing in your life.

God has given you many testimonies. Can He trust you to be His mouthpiece? What does being God's mouthpiece look like to you?

Joel 2:25-26 MSG - "I'll make up for the years of the locust, the great locust devastation – Locusts savage, locusts deadly, fierce locusts, locusts of doom. That great locust invasion I sent your way. You'll eat your fill of good food. You'll be full of praises to your GOD. The God who has set you back on your heels in wonder.

- Locust represents whatever was eating up your resources.
- All your hard work behind the scenes is about to pay off. God is going to show you off, for Him.

Look at your current situation. In what area of your life are you believing in God for restoration? When He restores you, how will you thank Him?

YOUR PREPARATION IN YOUR HIDDEN PLACE IS ABOUT TO REVEAL A REVELATION IN YOUR NEW PLACE.

QUESTION

Will you let this new season pass you by or will you follow God's command to begin living in your revelation?

DECLARATION

My preparation was purposeful and my life is about to reflect my revelation. Now is the time to get up so they can see God in my life.

PRAYER

Father God, Your Word is powerful. It is corrective, instructive, directional, and brings healing. I thank You for speaking to me through Your Word. Your Word has healed me of my infirmity. Your Word has allowed me to move beyond my past and to step into my future. Thank You for healing me. Thank You for preparing me for my future. Because of You, I am heard, seen, restored, and blessed. I will forever praise and worship You, in Jesus' name, Amen!