

HOME GROUP DISCUSSION QUESTIONS

Sunday, September 7th, 2025

Rescuing Grace — David Horner — Jonah 1:17-2:10

Begin your study by reading Jonah 1:17-2:10 as a group

Head

These questions help us understand who God is, who we are, what Scripture teaches, etc.

- What stood out to you about the passage or message this week? Any further questions?
- Read Jesus' words in Matthew 12:38-41. How does Jonah's story point us to Jesus?

Heart

These questions help us align what we know in our minds with what we believe in our hearts.

- Jonah recognized that God had thrown him into the sea and taken him to rock bottom (vs. 3). It was here that Jonah realized his need for God and began to desire his presence again. Have you ever felt like you were at rock bottom? How did this experience affect your relationship with God?
- In what ways have you had to cry out to God? How has He answered you?
- What "idols" are you most tempted to run to to find meaning, value, purpose, deliverance in your life? How do Jonah's words in verse 8 impact your view of these things?

Hands

These questions help us get practical with what we have learned.

- Jonah responded to God's salvation in thankful obedience – vowing to offer sacrifices to God. Read Romans 12:1. What do you think it means to offer your body as a "living sacrifice" to God? What step of obedience will you respond to God with this week?

Pray

Since God speaks through His word, take time to respond through prayer.

Praise – what has our passage taught us about God that we can praise/thank Him for?

Confession – what has our passage revealed that we need to repent of?

Requests – what requests can we bring to God on behalf of ourselves and each other?