



CELL DISCUSSION QUESTIONS

22ND JULY 2016

Read:
2 Timothy 1:7
again

*The "spirit of fear" is external to us. It is NOT "given" to us by God. That means it has to be from the "OUTSIDE"; from the Enemy! It gets into our hearts and minds through ignorance, passive acceptance or by willingly inviting it in. Once it starts "ruling" us from the inside, controlling our thoughts, conduct and speech it becomes a "spirit of fear" ruling our lives! We must distinguish fear from the **spirit of fear**. To feel fear is natural. Without it we won't know what is dangerous. But to be **ruled by it** is not of God. The only Spirit of fear that should rule us is the Fear of God (Proverbs 1:7, 3:7, 9:10) which is a reverence and awe of who He is.*

The spirit of Fear comes from three sources:

- 1. Looking at the giants and not God 1 Sam 17:4-7.** Negative stats become giants of control when we look at them not God!
- 2. Listening to giants and not God 1 Sam 17: 8-11.** Listening to the threats of the Enemy and negative talk of the world instead of listening to God's Word brings fear that rules our lives! Breaking news in the world is 99% bad news. God's word is always 100% GOOD Breaking News!
- 3. Running away from Giants and not towards God 1 Sam 17:24-26, 48.** When we run away from fear, in fear we will never get out of fear because the spirit of fear is already within us! Only if we run towards God will He give us the strength to slay the spirit of fear! David was the only one who ran towards the giant AFTER running to God.

CGQ

- 1. Share what some of the things you fear and say why? Have a laugh about some of these things if appropriate! Remember: To feel fear and to recognize it is OK; to be ruled by it is not of God!***
- 2. Why do you think fear rules so much of the way people behave in the world today? Why is the spirit of fear so strong? What are the spirits of fear ruling Malaysia today?***

The **antidote to fear** is the spirit of power, the spirit of love and the spirit of a sound mind (2 Tim 1:7)

Spirit of Power: The power of God's Spirit in us to do miracles and give us breakthrough in our lives. When our hearts know this power and it rules our lives, it casts out fear.

Spirit of Love: The unconditional love of God for us "overpaid" by Jesus' death on the cross fills us with love overflowing for others despite the world's hatred, taunts and rejection. Love overcomes fear.

Spirit of a sound mind: The "restedness" that God gives us just like what Jesus had when He was in the stern of the boat during the storm. We face the same storms like rest of the world but our posture, outlook and response are above things because of the **Spirit of a sound mind** ruled by, and renewed by, His voice and His Word.

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3. Think about this. The world has no antidote to fear. We have! God has ALREADY given us the Spirit of power, the Spirit of love and the Spirit of a sound mind! You have it by faith!

What does the Spirit of Power, Love and a Sound mind do to your faith, your outlook, your mood, your life?

Now share how we can encourage one another to live out a life filled by a Spirit of power, love and a sound mind daily. In our work? In our homes and the way we relate to our kids/parents/family? Among our friends? And not be ruled by a spirit of fear!

Pray for each other for break through into a spirit of power, love and a sound mind!