

## CONNECT GROUP DISCUSSION

28TH JULY 2024

## **CGQ**

- 1. **Choice** If God were to give you a choice? Who do you wish to dies first? Father or mother?
- 2. Plans If your parents have 7 days left to live, what are your plans?
- 3. **People** Who are the 3 people you can depend on, when it comes to parents care management?

## **OTHERS**

- 1. **Daily** Choose to make good memories as they will guide you and them through the years
- 2. **Disablity** Prepare enough money. This is to add value. It's not about the size but the significance of it.
- 3. **Death** Grieving begins now and don't wait last minute.

Let's share your story. We may not be a perfect caregiver but we can enrich one another.