



CONNECT GROUP DISCUSSION QUESTIONS

29TH

MAR 2019

1. We have a responsibility to cast our cares upon the Lord (1 Peter 5:7) Has connotation that you do it once and for all and not take it back again. Some of us carry our worries as if it is a part of us. But it is NOT our identity as a child of God.
2. Counter worry with faith
Phil 4:6-7 When we are plagued with anxiety, bring it to our Father in faith, closing your prayer with thanksgiving. Peace only comes as a result.
3. Don't hold back worry, cast ALL upon Him
Matt 6:25-34
v27 - worrying adds nothing
v30 - when you worry it is an expression of doubt in God's goodness
4. Cast your cares by having a revelation of God's heart and power

2 Basic Truths About God

He can do anything

Jer 32:17, 27 Nothing is too difficult for Him

His great love (He will)

Rom 8:32 He did not spare His own son

He can and wants to help you

Discussion Questions

What do you worry most about? How does it affect you?

How do you feel about casting ALL your worries unto the Lord? What challenges do you face?

Proclaim the basic truths about God over each other, bringing worries before God and thanking Him in faith