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# CELL DISCUSSION QUESTIONS

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9TH DECEMBER 2016

**Read and declare Psalm 8 together as a cell.**

In his sermon on Sunday, Dr John shared 4 points about gratitude.

**#1 Gratitude comes from our experience of God.**

Take David's experience of God for example. As a young shepherd boy David had experienced a God who had protected him from lions and bears. He experienced a God who enabled him to defeat Goliath, and even when David was in the depth of his sin, he encountered God who is unchanging and unchangeable.

**SHARE:** What are some instances where you have experienced a faithful, unchanging and unchangeable God? What are some things we can practice so that we may continuously experience God in a fresh way?

## **#2 Gratitude comes from our recognition of and need for Him.**

Look at Matthew 21:14-16 where we see how the children welcomed Jesus and how the Teachers of the Law rejected Him. Children by their very nature cannot depend on themselves and so they easily recognize their need and dependency on someone who is stronger, older and more capable than they are to look after themselves. As adults perhaps this can be more challenging to do.

**ASK:** Is recognizing God and your need for Him something that comes to you easily? If yes or no, share why. How can we continue to grow in this whole area of depending on God?

**#3 Gratitude comes from our recognition of who we are** in the context of God's creation and yet at the same time **#4 Gratitude comes from recognition that we are special.**

**PRAY:** Take some time to pray with a cell member and encourage them. Recognize and honour how we have all been made uniquely and celebrate the wonderful things God is doing in each other's lives. At the same time, thank God for His goodness and faithfulness and love towards us, remembering Psalm 8:4 in mind "what is man that You are mindful of him?" and yet God has made us in His image.

Understanding the link between Gratitude and Grace

"For all things are for your sakes, that grace, having spread through the many, may cause thanksgiving to abound to the glory of God." 2 Corinthians 4:15.

Gratitude is essentially joy toward God for His grace and goodness towards us. As grace abounds, so does our gratitude towards God, and our gratitude is all to His glory. Gratitude glorifies God! Psalm 50:23 tells us that "He who offers a sacrifice of thanksgiving honours God." John Piper once preached, "Gratitude flourishes in the sphere of

## Understanding the link between Gratitude and Grace

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