

22ND NOVEMBER 2020 + SKYLINE SIB

COVID-OVERCOMER SERIES

OVERCOMING LACK OF SELF WORTH

BY PS JOSHUA CHOI



**CONNECT
GROUP
DISCUSSION**

**27TH
NOV
2020**

Key Passage - Matt 6:25-34

1. We are often conditioned to prove ourselves in terms of our ability - to achieve more, produce more, etc. The problem is that we fall into a trap of comparison that highlights our weakness; affect our self-worth because there is ALWAYS someone better than you. The bible says that our value comes from God's ability, not ours! Mt 6:26 shows the birds of the air have value based on God's decisions, God's intention, God's love and God's power. Based on what God has done for us, how much more valuable are we? (2 Cor 4:7-9)
2. When we make possessions our priority, the problem is that we will never have enough. In the parable of the rich fool (Luke 12:13-21), Jesus warns that we need to guard against greed. It's not about what you have, it's about who has you that matters the most. If we know that we belong to our Heavenly Father, our confidence, joy and self-worth comes from the His great love towards us.

3. Our popularity does not determine our value but from God's favour upon our life (Rom 8:32, Mt 6:31). Worth does not come from what other people think, because they didn't pay the price for you. God did!

Have you experienced a season where you could not rely on your ability due to sickness, loss of income, an accident or injury, etc? How did that affect the way you saw yourself and your self-worth? What or who helped you regain your sense of value?

CGQ 1

How has God assured you of your worth and His love?

CGQ 2

What difference does it make to know that we don't need to work for God's approval in the way we live our life (Mt 6:33, Eph 4:1)?

CGQ 3

Has the pandemic affected your sense of self worth? Share how you can build each other up and pray for each other as you end!