

THIS WEEK'S PRAYER:

Heavenly Father,

Thank You for loving me enough to tell me the truth about who I am. Forgive me for believing the lies of shame instead of Your Word. Help me renew my mind each day with what You have spoken over my life. Teach me to see myself through Your eyes, to walk in the identity You have given me, and to live with confidence as Your child. When other voices try to define me, remind me that You alone have the final word.

In Jesus' name,
Amen.

THIS WEEK'S CHALLENGE & DECLARATION:

Every day this week, read these aloud.

- *"I am a new creation."*
- *"I am God's workmanship."*
- *"I am chosen."*
- *"I am adopted into God's family."*
- *"I am forgiven and redeemed."*
- *"I am loved."*
- *"I belong to my Heavenly Father."*

Then finish with:

"I am not who shame says I am. I am who God says I am. I belong to my Heavenly Father"



Week 5 – Who Does God Say I Am?

2 Corinthians 5:17, Ephesians 2:10

BIG IDEA:

Shame has spent years trying to define who we are. But only the Creator has the authority to define His creation. Freedom begins when we stop agreeing with shame and start agreeing with what our Heavenly Father says about us.

KEY TRUTHS FROM THIS WEEK

- Identity precedes behavior.
- God changes who we are before He changes how we live.
- Only the Creator has the authority to define His creation.
- We replace shame's lies with God's truth.
- We become who we believe we are.

SCRIPTURES TO REMEMBER

- **2 Corinthians 5:17** — "If anyone is in Christ, he is a new creation..."
- **Ephesians 2:10** — "We are His workmanship..."
- **1 John 3:1** — "Behold what manner of love the Father has bestowed on us..."

PERSONAL REFLECTION

Which declaration do I struggle to believe most? Why?

Which lie have I been believing and what truth from God's word do I need to begin agreeing with?

WHAT GOD SAYS ABOUT ME:

- I am a new creation.
- I am God's workmanship.
- I am chosen.
- I am adopted into God's family.
- I am forgiven and redeemed.
- I am loved.
- I belong to my Heavenly Father.

REPLACING LIES WITH TRUTH

Example:

Shame Says: "I am a failure."

God Says: "I am a new creation."

Shame Says: "I am damaged."

God Says: _____

Shame Says: "I don't belong."

God Says: _____

Shame Says: _____

God Says: _____