

THE BOOK OF EPHESIANS

Michael Moos | February 1st, 2026 | Ephesians 6:10-24

Introduction:

Ephesians 6:18 – “Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints.

Ephesians 6:19-20 – “And for me, that utterance may be given unto me, that I may open my mouth boldly, to make known the mystery of the gospel,²⁰ For which I am an ambassador in bonds: that therein I may speak boldly, as I ought to speak.”

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Conclusion and Notes:

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Take-home questions for Small Group and Family Devotions.

1. *How can we practically implement the concept of 'praying without ceasing' in our daily routines without it becoming just religious routine?*
2. *Paul instructs us to pray 'with all prayer' for 'all things' at 'all times.' What areas of your life have you been withholding from prayer, and why?*
3. *What is the difference between praying in your own strength versus praying 'in the Spirit,' and how can you tell which one you are doing?*
4. *Why do you think distraction and weariness are such effective weapons against our prayer lives, and what strategies can help us persevere in prayer?*
5. *How does praying for other believers change the nature of spiritual warfare from an individual battle to a corporate one?*

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