

L91 | Ephesians | "Walk Worthy With & Endeavor To" | Eph. 4:1-3

I. Intro/Review:

- Vocation
 - One Body - Built Together - Habitation of God through the Spirit
 - All Men See - Make Known unto Principalities and Powers in Heavenly Places
 - Christ in You

- Walk
 1. God's calling effects our walk, not our walk His calling
 - What has God called you to?
 - Not to be the best athlete
 - Not to have your voice heard
 - Not to have mere worldly reputation
 - Most consider God's calling only in regards to an earthly calling (1 Cor. 7) which need not change
 - His calling transcends your earthly calling (which may change)
 - God has called you to be holy and without blame before Him in love
 - Good works
 - Love
 2. Walk out of calling
 3. Denotes activity, strengthen, coordination, and purpose - one's way, progress
 - Ps. 119:105 - "NUN. Thy word is a lamp unto my feet, and alight unto my path."
 - Pro. 4:26 - "Ponder the path of thy feet, and let all thy ways be established."
 4. Walk begins in the inner man

- Worthy
 1. Adverb - describes the verb, modifies the verb
 2. Implying a walk being not worthy of which we have been called
 3. Walking worthily or not doesn't alter or change our regeneration but what we do with it
 4. Worthy indicates our walk is suitable, consistent, of the sort of His calling of us
 - The more we know Him and His things the more we are able to walk and walk worthy

- Verses
 - Rom. 16:2 - "...as **becometh** saints"
 - Php. 1:27 - "Only let your conversation be as it **becometh** the gospel of Christ:"
 - Col. 1:10 - "That ye might walk **worthy** of the Lord unto all pleasing, being fruitful in every good work, and increasing in the knowledge of God;"
 - 1 The. 2:12 - "that ye would walk **worthy** of God, who hath called you unto His kingdom and glory."

- 5. Teaches us we by His strength, with Christ in our hearts by faith, filled with all the

fulness of God are able to walk worthy.

II. Preview:

1. With All
 1. Nouns
 1. Lowliness
 2. Meekness
 3. Longsuffering
 2. Verbs
 1. Forbearing
 2. Endeavoring
 3. Group
 1. One Another
 2. In Love
2. Endeavoring
 1. To Keep
 2. The Unity of the Spirit
 3. In the Bond of Peace

III. Sermon:

**With all lowliness and meekness, with longsuffering, forbearing one another in love;
{Ephesians 4:2}**

- Nouns and verbs
 - Nouns - lowliness, meekness, longsuffering
 - Verb - forbearing, endeavoring
- **"with"** is what you take with you on your walk, needed for what is becoming of the vocation
 - These are stated as characteristics you take with you on your walk and instruments of the activity of "forbearing".
- 1. **Lowliness**
 - The proper and godly mindset of one's self
 - 1. Redemption - Eph. 1:13-14, 2:1-3, 11-13, 19
- 2. **Meekness**
 - Mildness, gentleness
 - Mild of temper; soft; gentle; not easily provoked or irritated; yielding; given to forbearance under injuries
 - 1. One Body - Eph. 2:14-18
- 3. **Longsuffering**
 - Bearing injuries or provocation for a long time
 - 1. Eph. 1:4, 2:1-3

- "with all"
 - In view of the "length, breadth, height, and depth" of the love of Christ we comprehend it in our application of it toward one another.
 - Nouns - implied of what they are in the text concerning Christ

1. "lowliness"

- Definition
 - The having a humble opinion of one's self
 - A deep sense of one's littleness
 - Modesty, humility
- Verses (Translated)
 - Serving the Lord with all **humility** of mind, and with many tears, and temptations, which befell me by the lying in wait of the Jews: {Acts 20:19 KJV}
 - With all **lowliness** and meekness, with longsuffering, forbearing one another in love; {Ephesians 4:2 KJV}
 - [Let] nothing [be done] through strife or vainglory; but in **lowliness** of mind let each esteem other better than themselves. {Philippians 2:3 KJV}
 - Let no man beguile you of your reward in a voluntary **humility** and worshipping of angels, intruding into those things which he hath not seen, vainly puffed up by his fleshly mind, {Colossians 2:18 KJV}
 - Which things have indeed a shew of wisdom in will worship, and **humility**, and neglecting of the body; not in any honour to the satisfying of the flesh. {Colossians 2:23 KJV}
 - Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, **humbleness** of mind, meekness, longsuffering; {Colossians 3:12 KJV}
 - Likewise, ye younger, submit yourselves unto the elder. Yea, all [of you] be subject one to another, and be clothed with **humility**: for God resisteth the proud, and giveth grace to the humble. {1 Peter 5:5 KJV}

2. "meekness" {with all}

- Definition
 - Gentleness, mildness, meekness
- Verses (Translated)
 - What will ye? shall I come unto you with a rod, or in love, and [in] the spirit of **meekness**? {1 Corinthians 4:21 KJV}
 - Now I Paul myself beseech you by the **meekness** and gentleness of Christ, who in presence [am] base among you, but being absent am bold toward you: {2 Corinthians 10:1 KJV}
 - **Meekness**, temperance: against such there is no law. {Galatians 5:23 KJV}

- Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of **meekness**; considering thyself, lest thou also be tempted. {Galatians 6:1 KJV}
- With all lowliness and **meekness**, with longsuffering, forbearing one another in love; {Ephesians 4:2 KJV}
- Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, **meekness**, longsuffering; {Colossians 3:12 KJV}
- But thou, O man of God, flee these things; and follow after righteousness, godliness, faith, love, patience, **meekness**. {1 Timothy 6:11 KJV}
- In **meekness** instructing those that oppose themselves; if God peradventure will give them repentance to the acknowledging of the truth; {2 Timothy 2:25 KJV}
- To speak evil of no man, to be no brawlers, [but] gentle, shewing all **meekness** unto all men. {Titus 3:2 KJV}

3. "longsuffering" {with all}

- Definition
 - Patience, endurance, constancy, steadfastness, perseverance, slowness in avenging wrongs
- Verses (Translated)
 - Or despisest thou the riches of his goodness and forbearance and **longsuffering**; not knowing that the goodness of God leadeth thee to repentance? {Romans 2:4 KJV}
 - [What] if God, willing to shew [his] wrath, and to make his power known, endured with much **longsuffering** the vessels of wrath fitted to destruction: {Romans 9:22 KJV}
 - By pureness, by knowledge, by **longsuffering**, by kindness, by the Holy Ghost, by love unfeigned, {2 Corinthians 6:6 KJV}
 - But the fruit of the Spirit is love, joy, peace, **longsuffering**, gentleness, goodness, faith, {Galatians 5:22 KJV}
 - With all lowliness and meekness, with **longsuffering**, forbearing one another in love; {Ephesians 4:2 KJV}
 - Strengthened with all might, according to his glorious power, unto all patience and **longsuffering** with joyfulness; {Colossians 1:11 KJV}
 - Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, **longsuffering**; {Colossians 3:12 KJV}
 - Howbeit for this cause I obtained mercy, that in me first Jesus Christ might shew forth all **longsuffering**, for a pattern to them which should hereafter believe on

him to life everlasting. {1 Timothy 1:16 KJV}

- But thou hast fully known my doctrine, manner of life, purpose, faith, **longsuffering**, charity, patience, {2 Timothy 3:10 KJV}
- Preach the word; be instant in season, out of season; reprove, rebuke, exhort with all **longsuffering** and doctrine. {2 Timothy 4:2 KJV}
- That ye be not slothful, but followers of them who through faith and **patience** inherit the promises. {Hebrews 6:12 KJV}
- Take, my brethren, the prophets, who have spoken in the name of the Lord, for an example of suffering affliction, and of **patience**. {James 5:10 KJV}
- Which sometime were disobedient, when once the **longsuffering** of God waited in the days of Noah, while the ark was a preparing, wherein few, that is, eight souls were saved by water. {1 Peter 3:20 KJV}
- And account [that] the **longsuffering** of our Lord [is] salvation; even as our beloved brother Paul also according to the wisdom given unto him hath written unto you; {2 Peter 3:15 KJV}
- "**forbearing**" - (verb)
 - Definition - to hold up, to hold one's self erect and firm; to sustain, to bear, to endure
 - Verses (Translated)
 - Then Jesus answered and said, O faithless and perverse generation, how long shall I be with you? how long shall I **suffer** you? bring him hither to me. {Matthew 17:17 KJV}
 - He answereth him, and saith, O faithless generation, how long shall I be with you? how long shall I **suffer** you? bring him unto me. {Mark 9:19 KJV}
 - And Jesus answering said, O faithless and perverse generation, how long shall I be with you, and **suffer** you? Bring thy son hither. {Luke 9:41 KJV}
 - And when Paul was now about to open [his] mouth, Gallio said unto the Jews, If it were a matter of wrong or wicked lewdness, O [ye] Jews, reason would that I should **bear** with you: {Acts 18:14 KJV}
 - And labour, working with our own hands: being reviled, we bless; being persecuted, we **suffer** it: {1 Corinthians 4:12 KJV}
 - Would to God ye could bear[G430] with me a little in [my] folly: and indeed **bear**[G430] with me. {2 Corinthians 11:1 KJV}
 - For if he that cometh preacheth another Jesus, whom we have not preached, or [if] ye receive another spirit, which ye have not received, or another gospel, which ye have not accepted, ye might well **bear** with [him]. {2 Corinthians 11:4 KJV}
 - For ye **suffer** fools gladly, seeing ye [yourselves] are wise. {2 Corinthians 11:19 KJV}

- For ye **suffer**, if a man bring you into bondage, if a man devour [you], if a man take [of you], if a man exalt himself, if a man smite you on the face. {2 Corinthians 11:20 KJV}
- With all lowliness and meekness, with longsuffering, **forbearing** one another in love; {Ephesians 4:2 KJV}
- **Forbearing** one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also [do] ye. {Colossians 3:13 KJV}
- So that we ourselves glory in you in the churches of God for your patience and faith in all your persecutions and tribulations that ye **endure**: {2 Thessalonians 1:4 KJV}
- For the time will come when they will not **endure** sound doctrine; but after their own lusts shall they heap to themselves teachers, having itching ears; {2 Timothy 4:3 KJV}
- And I beseech you, brethren, **suffer** the word of exhortation: for I have written a letter unto you in few words. {Hebrews 13:22 KJV}
- **"one another in love"**
 - "one another" - Jew and Gentile in Christ, in one body
 - "in love" - Eph. 1:4, 3:17, 4:15-16, 5:2
 - John 13:34-35
 - John 15:8-18
 - John 17:17-24

Endeavouring to keep the unity of the Spirit in the bond of peace.
{Ephesians 4:3}

- **"endeavouring"**
 - Definition
 - To hasten, make haste, to exert one's self, endeavour, give diligence
 - Verses (Translated)
 - Only [they would] that we should remember the poor; **the same which I** also was **forward** to do. {Galatians 2:10 KJV}
 - **Endeavouring** to keep the unity of the Spirit in the bond of peace. {Ephesians 4:3 KJV}
 - But we, brethren, being taken from you for a short time in presence, not in heart, **endeavoured** the more abundantly to see your face with great desire. {1 Thessalonians 2:17 KJV}
 - **Study** to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth. {2 Timothy 2:15 KJV}
 - Do thy **diligence** to come shortly unto me: {2 Timothy 4:9 KJV}

- Do thy **diligence** to come before winter. Eubulus greeteth thee, and Pudens, and Linus, and Claudia, and all the brethren. {2 Timothy 4:21 KJV}
- When I shall send Artemas unto thee, or Tychicus, be **diligent** to come unto me to Nicopolis: for I have determined there to winter. {Titus 3:12 KJV}
- Let us **labour** therefore to enter into that rest, lest any man fall after the same example of unbelief. {Hebrews 4:11 KJV}
- Wherefore the rather, brethren, give **diligence** to make your calling and election sure: for if ye do these things, ye shall never fall: {2 Peter 1:10 KJV}
- Moreover I will **endeavour** that ye may be able after my decease to have these things always in remembrance. {2 Peter 1:15 KJV}
- Wherefore, beloved, seeing that ye look for such things, be **diligent** that ye may be found of him in peace, without spot, and blameless. {2 Peter 3:14 KJV}
- **"to keep"** - (heavenly sand we keep - we toil)
 - Definition
 - To attend to carefully, take care of; to guard; to keep, one in the state in which he is
 - The oneness of the Spirit has taught becomes the ground we toil in, the heavenly dirt we labor, the spiritual soil we sow and reap.
 - The Spirit and His unity is the garden of the Lord that which the one new man created in Christ Jesus for us to work in.
 - Gen. 2:15 - "And the LORD God took the man, and put him into the garden of Eden to dress it and to keep it."
 - Gen. 2:7 - "And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul."
 - Eph. 2 - quickening spirit
 - Eph. 2:10 - created in Christ Jesus unto good works
- **"the unity of the Spirit"**
 - Definition
 - Agreement; oneness
 - Verses (Translated)
 - Endeavouring to keep the **unity** of the Spirit in the bond of peace. {Ephesians 4:3 KJV}
 - Till we all come in the **unity** of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fulness of Christ: {Ephesians 4:13 KJV}
 - Substance

1. Christ's death, burial, and resurrection that the Spirit baptizes Jew and Gentile into one body

- **"in the bond of peace"**

IV. Conclusion: