# Lesson 3 | Instruction of Contentment

#### **Introduction:**

- Discontentment
  - o Know by nature
  - o Don't need to learn
  - o Disquieted, cast down soul
    - Abound or abased
- Contentment
  - o Need to learn
  - Instructed to be content
  - Peace and joy
    - Abound or abased

#### **Preview:**

- Instructed in God's Word to produce "contentment"
  - Learn how to be "content"
    - Doctrine
      - ☐ The Effectual Working of the Doctrine
  - Picture of doctrine producing "contentment"

#### Sermon:

#### <u>Instructed in God's Word to produce "contentment"</u>

- Philippians 4:11
  - o "for I have learned"
    - Where does this learning come from?
      - ☐ :13 Christ (school of Christ)
      - ☐ 1 Thessalonians 2:13
        - "the word of truth, which effectually worketh also in you that believe."
          - So many things the word of God is supposed to work in you and toward others
            - General: patience, comfort, hope, love, contentment
            - Specific: certain words, body posture, strategies of godly love, gifts, etc
    - What is being learned?
      - □ Christ/"contentment"
        - Satisfied and not disturbed (a quieted soul)

 Inward, quiet disposition of your soul that freely yields and seeks God's wisdom, mind, and heart in every condition and producing satisfaction.

## □ Philippians 4:12

- Explaining second part of verse :11
- :11 "...in whatsoever state I am, therewith to be content."
- :12 "I know....how to be"
  - "both abased and abound
- He doesn't just say he learned contentment
- He says he learned "how to" be content
  - In whatsoever state I am, therewith to be content
- Contentment isn't just some doctrine to be learned but understanding "how" that doctrine can be applied to every "state".
- "both to be abased, and ...to abound"
  - There are different states in which you can be in or come to be in that necessitate nuances in which other states do not necessitate.
  - Spectrum "abased" and "abound"
    - I am "abased" I am poor in this world if only I had more I could be content doesn't work with the same degree when you "abound".
    - Therefore we need to learn "how to" be abased and abound.

### Picture of doctrine producing contentment

- "How to" be "abased"
  - □ Believe the word of God
    - Understand its effectual working
  - □ 2 Cor. 1:8-11
    - Php. 1:19-26 "supply"
- Discontentment
  - o Manifests itself in words and behavior
  - o Disturbances within
  - o Raging sea

- o Trouble, war in the heart
- Vexation
- Strike something hard and it makes a noise, strike something soft and it makes no noise (heart)
- What do I have to gain, what I have to lose?
- "how to" abound
- 1 Corinthians 7:20-23
  - "servants of men" isn't the issue of the estate you are in, but what is working in you in that estate
    - I am a servant therefore I am not free the world "care for it"! care too much -Lord's freeman
    - I am free therefore I am not a servant the world "don't use it" don't care enough - Servant of Christ
    - 1 Corinthians 7:20-23
      - Situation changes
        - Ask what does God require of me in this situation?
        - Isn't the situation, but "how to" be in the situation
        - o Quiet the matter of getting back to another situation
  - o 1 Timothy 6:1-10

#### **Conclusion:**