Psalm 56 Don't Trust Your Gut September, 3, 2023

Preacher: Nathan Noorlun

Psalm 56:1-13

- 1 Be gracious to me, O God, for man tramples on me; all day long an attacker oppresses me;
- 2 my enemies trample on me all day long, for many attack me proudly.
- 3 When I am afraid, I put my trust in you.
- 4 In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me?
- 5 All day long they injure my cause; all their thoughts are against me for evil.
- 6 They stir up strife, they lurk; they watch my steps, as they have waited for my life.
- 7 For their crime will they escape?
 In wrath cast down the peoples, O God!
- 8 You have kept count of my tossings; put my tears in your bottle.

 Are they not in your book?
- 9 Then my enemies will turn back in the day when I call. This I know, that God is for me.
- 10 In God, whose word I praise, in the Lord, whose word I praise,
- 11 in God I trust; I shall not be afraid. What can man do to me?
- 12 I must perform my vows to you, O God; I will render thank offerings to you.
- 13 For you have delivered my soul from death, yes, my feet from falling, that I may walk before God in the light of life.

II. Our Experience is Real

Psalm 56:8-9

8 You have kept count of my tossings; put my tears in your bottle.

Are they not in your book?9 Then my enemies will turn back in the day when I call.This I know, that God is for me.

II. Our Reality is Sure

John 1:1-5

In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things were made through him, and without him was not any thing made that was made. In him was life, and the life was the light of men. The light shines in the darkness, and the darkness has not overcome it.

Romans 8:21-39

21 that the creation itself will be set free from its bondage to corruption and obtain the freedom of the glory of the children of God. 22 For we know that the whole creation has been groaning together in the pains of childbirth until now. 23 And not only the creation, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for adoption as sons, the redemption of our bodies. 24 For in this hope we were saved. Now hope that is seen is not hope. For who hopes for what he sees? 25 But if we hope for what we do not see, we wait for it with patience. 26 Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words. 27 And he who searches hearts knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God. 28 And we know that for those who love God all things work together for good, for those who are called according to his purpose. 29 For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn among many brothers. 30 And those whom he predestined he also called, and those whom he called he also justified, and those whom he justified he also glorified.31 What then shall we say to these things? If God is for us, who can be against us? 32 He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things? 33 Who shall bring any charge against God's elect? It is God who justifies. 34 Who is to condemn? Christ Jesus is the one who died—more than that, who was raised—who is at the right hand of God, who indeed is interceding for us. 35 Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword? 36 As it is written, "For your sake we are being killed all the day long; we are regarded as sheep to be slaughtered." 37 No, in all these things we are more than conquerors through him who loved us. 38 For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, 39 nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Our experience is not an accurate representation of our reality – Jesus is.

Hebrews 6:19

We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner place behind the curtain, where Jesus has gone as a forerunner on our behalf...

Our experience is not an accurate representation of our reality – Jesus is.

Psalm 56:3-4

3 When I am afraid, I put my trust in you.

4 In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me?

Psalm 56:10-13

10 In God, whose word I praise, in the Lord, whose word I praise,
11 in God I trust; I shall not be afraid.
What can man do to me?
12 I must perform my vows to you, O God;
I will render thank offerings to you.
13 For you have delivered my soul from death, yes, my feet from falling,
that I may walk before God in the light of life.

III. Our Response is True

John 16:33

In the world you will have tribulation. But take heart; I have overcome the world.

Our experience is not an accurate representation of our reality – Jesus is.