

## 35<sup>th</sup> day of the Omer at Sunset

**BA-RUCH ATAH ADONAI ELOHENU MELECH HAOLAM ASHER KIDESHANU  
BEMITZ-VOTAV VETZI VANU AL SEFI-RAT HA-OMER.**

### **The Power of Joy!**

**We'll begin with a refresher on the Messianic Anointing that will set the foundation for where we are going this Shabbat!**

**I John 2:27.** As for you, the Messianic anointing you received from the Father remains in you, so that you have no need for anyone to teach you. On the contrary, as his Messianic anointing continues to teach you about all things, and is true, not a counterfeit, so, just as he taught you, remain united with him.

**I was intrigued by Dr. David Stern's Complete Jewish Bible Translations use of the term "Messianic Anointing". I looked this passage up in other translations. An overwhelming majority of translations used anointing, a very few translations used Holy Spirit. I looked up the Greek term translated for "Messianic Anointing" and discovered it is:**

**Chrisma:** That believers have "an anointing from the Holy One" indicates that this anointing renders them holy, separating them to God. A special endowment! A manifestation of Yeshua, Mashiach within you! This passage teaches that the gift of the Holy Spirit is the allefficient means of enabling believers to possess a knowledge of the truth. It's the root word for Charisma which is a compelling attractiveness that can inspire devotion in others, a divinely conferred power or talent

**Its only used twice in the Brit Chadasha, I John 2:27 and:**

**I John 2:20.** But you have received the Messiah's anointing from HaKadosh, and you know all this.

**Rabbi Dr David Stern accurately captured the intent of the writer, John who also authored the Gospel of John. Yochanan, John, a first century Messianic Jew was writing to the young Messianic communities and Messianic Jews almost 2,000 years ago!! The book of I John was written in Ephesus around 95-110 A.D. by an aged, wise, and mature John urging Messianic Followers to guard against and reject false teachings and theologies while encouraging them in their trust, their faith! The letters of Yochanan, John reveal how God's word must always be the litmus test of all teaching and all behavior, emphasizing love, trust, obedience, and submission in our daily lives and in our expression of worship.**

**We've been given, endowed with this unique, special Chrisma, a special anointing from the Holy One that makes us holy, creating a manifestation of Yeshua within us that makes us different, separating us unto God as His own**

**special treasure, a special endowment that enables us, messianic believers to possess knowledge of the truth, to have Charisma.**

**It's our Messianic Anointing as defined in I John 2 that allows us to possess and teach the truth as recorded in God's word, everything written in the past coupled with the infilling of the Ruach HaKodesh.**

**The infilling of Ruach Hakodesh, the Holy Spirit operates within every believer to equip them for service in the Kingdom and unto God. Comprehension and use of the gifts of the Ruach HaKodesh Holy Spirit is required because we are citizens of heaven, citizens of a supernatural Spiritual world. Operating in the Ruach is the result of the Messianic Anointing, energizing us to impact the world for the Kingdom of God. Galatians 5:22 states that the fruit of the Spirit is love and joy! The issue is that not everyone has the Messianic Anointing, not every believer is tapping into the Chrisma power source of the Spirit and living in JOY.**

**It's this "Messianic Anointing" coupled with the Ruach HaKodesh that gives you Charisma, Joy! People are drawn to joy and happiness! This anointing allows one to be happy and joyful in any circumstance! Listen very carefully to what Yeshua says in:**

**John 15:9-11.** "Just as my Father has loved me, I too have loved you; so stay in my love. <sup>10</sup> If you keep my commands, you will stay in my love -- just as I have kept my Father's commands and stay in his love. <sup>11</sup> I have said this to you so that my joy **(chara {khar-ah'}: Joy, to rejoice, be glad, to rejoice exceedingly, to be well, thrive, gladness, cheerfulness)** may be in you, and your joy be complete.

**First, Yeshua is sharing that obedience to His commands keeps us in His love just as He was obedient to His Father, Adonai and stayed in His love! This understanding is somehow lost in the "Hyper Love" Messages! Love is a command not a feeling or emotion. We stay in Yeshua's Love by obeying Him! This is the precept for Kingdom Joy, Chara which is a root word of Charisma!**

**Do you want to thrive as a believer? Do you want to be well? Do you want to be joyful, glad, rejoice exceedingly, be cheerful! Anyone who knows me knows that I, for the most part have a cheerful demeanor! I love to make people laugh and smile! It's a choice, to obey Yeshua, to stay in His love so that HIS Joy will be in me! I choose to do so and its result, its fruit is Joy! "Joy is not a season, it's a way of living." A thankful heart is a joyful heart! Submission and obedience to Adonai results in His blessing upon your life which is the source of joy:**

**Deuteronomy 16:13-16** "You are to keep the festival of Sukkot for seven days after you have gathered the produce of your threshing-floor and winepress. <sup>14</sup> Rejoice at your festival - you, your sons and daughters, your male and female slaves, the L'vi'im, and the foreigners, orphans and widows living among you. <sup>15</sup> Seven days you are to keep the

festival for ADONAI your God in the place ADONAI your God will choose, because ADONAI your God will bless you in all your crops and in all your work, so you are to be full of joy **(Sameach: Joy, glad, rejoicing, merry, joyful)!<sup>16</sup>** "Three times a year all your men are to appear in the presence of ADONAI your God in the place which he will choose - at the festival of matzah, at the festival of Shavu'ot and at the festival of Sukkot. They are not to show up before ADONAI empty-handed,

**Obeying Adonai, keeping His calendar, celebrating the Feasts, Both Jew and Gentile in verse 14 results in Gods supernatural blessings in all that we do, the works of our hand so that we will be full of Joy! Amazingly, this is immediately followed by the Shelamim offering verse that we receive three times a year. Joy is also connected to tithing and giving!**

**The concept of joy as a healing force is deeply rooted in the biblical narrative, where joy is depicted as a divine gift that transcends your current circumstances and brings about spiritual, emotional, and even physical restoration. Scripture presents joy not merely as an emotion but as a profound state of being that is closely linked to trust, hope, and the presence of God. The Psalms are replete with references to joy, often in the context of worship and the acknowledgment of God's goodness. Psalm 16:11 declares**

**Psalm 16:11.** You make me know the path of life; in your presence is unbounded joy, in your right hand eternal delight.

**Joy is depicted as a natural outcome of being in communion with God, offering a sense of completeness and eternal satisfaction. Sha'ul, writing to the Philippians from prison, exemplifies the healing power of joy in adverse circumstances.**

**Philippians 4:4.** Rejoice in union with the Lord always! I will say it again: rejoice!

**Despite his imprisonment, Sha'ul's emphasis on joy illustrates its role as a source of inner Shalom and strength, independent of external conditions. This is a powerful reminder to find joy in the Lord no matter your circumstances. It emphasizes the importance of maintaining a perspective of gratitude and contentment, regardless of the trials, challenges, and difficulties we may face. The repetition of the word "rejoice" reinforces the idea that joy in the Lord is not just a fleeting emotion, but a continuous state of being that we should strive to cultivate in our lives.**

**It's not pretending that everything is fine or denying the difficulties we may be facing, rather it's about choosing to trust in Adonai's goodness and faithfulness even in the midst of our trials. To not dwell upon our issues but to dwell and focus upon Adonai! Sha'ul encourages us to shift our focus from the**

circumstances to the unchanging character of God, finding comfort and strength in His presence. Yeshua stated in John 15 that His joy may be made complete in us!!! That Joy heals!

**Proverbs 17:22.** A happy **(Sameach: Joy, glad, rejoicing, merry, joyful)** heart is good medicine **(gehah {gay-haw'}: Medicine, cure, healing),** but low spirits sap one's strength.

**Joy, Sameach can cure, can heal, it's a medicine! The healing power of joy is not limited to spiritual well-being but extends to emotional and physical health. This is nothing short of a supernatural, divine revelation! Sameach, Joy is a healing balm, a good medicine! As Yeshua said on John 15, Joy, Chara, to be well, to thrive! This is why the understanding of joy is so critical and strategic right now both for us and in the world around us!**

**We, the greater body, the world desperately need the Joy of the Lord right now! The opposite of Joy, Sameach is a broken spirit, a spirit without joy! 1 in 3 high school students (30%) reported feeling "so sad or hopeless almost every day for two or more weeks in a row" that they stopped their usual activities. For teen girls, this number is a staggering 43% (more than 2 in 5). The U.S. Surgeon General has issued a warning that teens who spend more than 3 hours per day on social media face double the risk of experiencing mental health issues, including anxiety and depression.**

**A broken spirit is a heart and mind that dwells on the negative aspects of life! Nothing is ever acceptable, or good enough, always finding fault!! If one lives their life with this attitude, with that black cloud always hovering over them, always focused upon the negative they become a downer, a life sucker that will drive people away from you. Rather than being refreshed and drawn to your joy and positive outlook people will walk distance themselves from you.**

**Nehemiah 8:10 states the Joy of the Lord is our strength. Ma'oz in Hebrew: Strength, stronghold, place or means of safety, protection, refuge, stronghold, fortress! Joy is associated with the presence and blessings of God. This reveals the sustaining and empowering nature of divine joy! Joy provides strength and resilience. Joy protects, it's a stronghold in Adonai, it enables, empowers, and emboldens you to thrive and be successful in whatever situation or circumstances you're in! Joy will carry you through the trials and tribulations of life!**

**James 1:2-3.** Regard it all as joy, my brothers, when you face various kinds of temptations; <sup>3</sup> for you know that the testing of your trust produces perseverance. **(hupomone {hoop-om-on-ay'}: steadfastness, constancy, endurance, the**

**characteristic of a person who is not swerved from their deliberate purpose and loyalty to the faith).**

**Joy is a choice, some may contend this statement, yet it is a choice! Joy is something we are to command, to lead in, to have authority over in trials and tribulations, in times of testing, and most importantly sharing the Good News.! Joy in these times produces perseverance. and in good times, it's a choice! These trials and testing when tackled with Joy build endurance, Consistency, and a person who cannot and will not be moved! Joy is an intricate keystone of our covenant relationship with Adonai as expressed through our worship of Him! Joy is found 62 times alone in the Psalms such as:**

**Psalm 4:7-8.** You have filled my heart with more joy than all their grain and new wine. <sup>8</sup> I will lie down and sleep in peace; for, ADONAI, you alone make me live securely.

**Joy is a prominent feature of the true worship of God throughout the Tanach. Remember Yeshua's words in John 4:24 "worshippers must worship him spiritually and truly". Wherever people know, love, and worship God in spirit and truth, His love releases and instills a supernatural, divine joy (that only He can give) into the hearts of His worshipers. Like back in the time of King Hezekiah, who assumed the throne of Judah when he was 25 years old! It was in his heart to make a covenant with Adonai to turn away His anger and wrath from Judah.**

**He ordered the Levite and Cohanim to clean, restore, and reopen Solomon's Temple which unbelievably had been closed. They rededicated themselves to a covenant relationship with Adonai, restoring worship in the Temple. Then Hezekiah wrote letters of invite to Judah, Israel, all the tribes, and even the foreigners who worship the God of Israel to come to Jerusalem and celebrate Pesach, Passover! They did so and the results were supernatural:**

**II Chronicles 30:25-27.** All the people who had assembled from Y'hudah rejoiced, as did the cohanim and L'vi'im, those assembled from Isra'el, and the foreigners who had come from the territory of Isra'el or who lived in Y'hudah. <sup>26</sup> So there was great joy in Yerushalayim; for since the time of Shlomo the son of David, king of Isra'el, there had been nothing like it in Yerushalayim. <sup>27</sup> Then the cohanim, who were L'vi'im, stood up and blessed the people; [ADONAI] heard their voice, and their prayer came up to the holy place where he lives, heaven.

**The people's renewed commitment and covenant unto God reignited the joy in their hearts that only Adonai can produce. You can experience this same joy today! Don't let the enemy steal your joy through disobedience, apostasy, fear, worry, discouragement, offense, anger, depression, rejection, bitterness, anxiousness, feeling hopeless and helpless, or feeling unworthy or feeling like a**

**failure. Are you experiencing any of these feelings? Is life difficult and seems too hard at this moment? Then rededicate yourself in obedience to Adonai, sing to Him a new song!**

**Psalms 33:3-4.** Sing to him a new song, make music at your best among shouts of joy.  
4 For the word of ADONAI is true, and all his work is trustworthy.

**Here is another divine revelation directly connected to Joy. Praise and worship defeats the enemy, praise and worship brings joy which again strengthens you and makes you victorious! Serving and ministering unto Adonai restores joy:**

**Psalm 40:8.** Doing your will, my God, is my joy; your Torah is in my inmost being.

**In all my years I've never felt as completed and whole as I did when I began serving Him! Sure, we have ups and downs yet I am filled with His supernatural Joy beyond comprehension! I've personally experienced this! Yet there is a key here, we have to ask for it, no matter what the circumstances are we must obey and ask! Why do we have to ask? Asking establishes relationship between us and Adonai! Asking is an act of submission, obedience, trust, and dependence! When we ask, we rely on God rather than ourselves. Asking requires humility, a humble heart and a lack of pride! God is glorified when we ask Him to what only He can do!**

**John 16:24.** Till now you haven't asked for anything in my name. Keep asking, and you will receive, so that your joy may be complete.

**Yeshua speaks often about Joy, that it may be complete in you which is the mystery of your success! He's telling us to keep asking for it and you will receive so that your joy may be made complete, furnished, liberally supplied! It's a kingdom principle:**

**Romans 14:17-18.** for the Kingdom of God is not eating and drinking, but righteousness, shalom and joy in the Ruach HaKodesh. <sup>18</sup> Anyone who serves the Messiah in this fashion both pleases God and wins the approval of other people.

**Serving Adonai in Shalom, JOY, with the Holy Spirit pleases God and wins the approval of people! What's the core essence of the Messianic Movement, of sharing the Good News, to the Jew first and also the nations? Influencing people! The art of motivating a group of people to act towards achieving a common goal, salvation! This cannot be achieved, we will not be successful without JOY! Joy comes from believing and trusting Adonai, belonging to His Kingdom, and knowing and receiving Yeshua as your redeemer.**

**Romans 15:13.** May God, the source of hope, fill you completely with joy and shalom as you continue trusting, so that by the power of the Ruach HaKodesh you may overflow with hope.

**Joy results in Shalom, the absence of Conflict, the presence of Adonai! Your circumstances, not matter what they are, no matter how severe they are, the people you associate with, are in fellowship with cannot remove you Joy!**

**II Corinthians 6:10.** as having reason to be sad, yet always filled with joy; as poor, yet making many people rich; as having nothing, yet having everything!

**This means that even when we are in the midst of a situation that legitimately brings us sorrow, our inner joy can never be taken away. I routinely am able to make people smile when I officiate funerals! The very core of our being can still rejoice in the fact that we are forgiven children of God who enjoy an intimate relationship with the Creator of the universe. Our joy is strengthened when we remember that, no matter what our circumstances are, God is with us and He is above all.**

**God promises to restore your joy, turning seasons of pain and loss into a time of deep, supernatural happiness, strengthening you through His presence and replacing despair with a new beginnings. This restoration includes redeeming what the enemy has stolen: family, peace, or purpose, and bringing Sevenfold blessing back to your life.**

**A key aspects of Adonai's promise to restore joy is complete restoration. God does not just fix things; He restores what the enemy (or the "locusts") has eaten, often multiplying what was lost, similar to the promise in Joel 2:25. David prayed**

**Psalm 51:12.** Restore my joy in your salvation, and let a willing spirit uphold me.

**When joy is lost due to brokenness or mistakes, you can ask for the joy of your salvation to be restored. Actively ask God to restore your joy, just as David did when he felt broken.**

**God is restoring laughter and turning mourning into dancing. The redeemed of the Lord are entering a season of everlasting joy where sorrow and depression flees, marked by a deep, supernatural simcha (joy) that acts as strength and is not dependent on circumstances.**

**God is restoring joy right now from your years of turmoil. The enemy thought he could have his way with you in recent years, but God says He is working it all for**

**your good right now! He is restoring joy from your turmoil. You have been pressed down, but not destroyed.**

**He is restoring the joy you used to have in His presence in corporate worship. He is pouring out on you a spirit of gratitude that will help you enter into His manifest glory and go deep in Adonai.**

**Your love for God has never faded, but your ability to enjoy Him around other people was bound. He has set you free from that, and He is breathing life into your body, soul, and spirit through worship. As you worship Adonai in spirit and truth, more and more, you will find divine joy welling up in your spirit and overflowing unlike you have ever experienced before.**

**There will still be difficulties and trouble in life, but Adonai will see you through them all. He is therefore causing joy to bubble up in your heart again, and you will feel the difference. May the joy of the Lord come upon you and your entire family and remain with you, both now and forever!**

**Lord, I sing praises to You! I give thanks to Your holy name. Days of darkness will come, but You bring joy in the morning. A day does not exist that is not infused with joy, for we are Yours, and You are ours. Thank You for the freedom to rejoice, to be happy, and to overflow with joy in the good times and every day in Yeshua's name Amen!**