

## What If?

WHAT IF every physical emotional we've ever had never healed?

What if every spiritual/emotional wound we've ever had never healed?

The heart is wounded by...

our own sin;

the sin of others;

un-forgiveness;

grief;

failure;

life.

What if we, as Christians, claimed the abundant,  
victorious, life promised us in God's Word?

- Healing Psalm 147:3
- Peace – Philippians 4:7
- Protection – Psalm 42:4
- Joy and Victory – Psalm 118:15
- Strength – Philippians 4:13
- Love – 1 John 4:16
- Forgiveness – Colossians 1:13-14
- Freedom – 2 Corinthians 3:17
- Rescue – Luke 1:69-75

WHAT IF we would...

- Confess our sin;
- Pray without ceasing;
- Claim the promises in God's Word...
- Choose to forgive others;
- Live a life of worship;
- Truly claim Christ as our Savior?

### SMALL GROUP QUESTIONS

1. Share a difficult, tragic, or "wounding" time in your life and how God brought you through it.
2. Use the scriptures listed by each item under the question, "What if we, as Christians, claimed the abundant, victorious, life promised us in God's Word?" to discuss each item we're promised and how we can claim that promise.
3. How can we pray for you?