It's Deadly

Gluttony- Cynthia Cooley

A gluttonous lifestyle is one marked by <u>excess</u> in eating, drinking and habitual <u>greed</u>, overly concerned with one's own <u>comforts</u> and <u>vanity</u>.

"For, as I have often told you before and now tell you again even with tears, many live as enemies of the cross of Christ. Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their mind is set on <u>earthly things.</u>" Philippians 3:17-21

Feasting and enjoying a feast like Thanksgiving is good. It is when we live for feasting & our desires that it becomes <u>deadly</u>.

Gluttony that kills:

Gluttony that gives life:

Be a glutton for CHRIST and His WORD.

"I have come that you might have life and have it in abundance." John 10:10

THANKSGIVING CHALLENGE

Share a meal with 1 or more persons that will be alone for the Thanksgiving Holiday.

*Practical Help for the Thanksgiving meal!

Be sure to taste the first 3 bites!