

Trusting Our Father to Provide

October 12th 2025



KEY VERSES

- Matthew 6:9-11
- Exodus 16:1-6
- Deuteronomy 8:1-3
- John 6:47-51
- Matthew 6:25-33



KEY TAKEAWAYS

1. When we become mature adults, our independent lives can become a wall that prevents us from trusting our Father to help us.
2. When we pray to our Father to meet our physical needs, we remind ourselves that He even cares for the small stuff of our lives.
3. When we pray to our Father to meet our spiritual needs, we remind ourselves that God will sustain us with the spiritual food that only He can give.
4. Praying daily for our Father to provide helps remind us that we can't live without His daily protection and provision.



TALK ABOUT IT

1. What makes people want to be independent? How do people struggle with this attitude with how they approach our Heavenly Father?
2. Why does Jesus instruct people to pray for physical food daily? How can people live out this truth today?
3. Why does Jesus instruct people to pray for spiritual food daily? How can people feed on the Bible's truth's every day?



APPLY IT

1. Spend some time asking our Heavenly Father how you are independent rather than depending on Him. Ask forgiveness for any ways that He shows you.
2. Spend time this week opening up the Bible. Before you read the Bible, ask our Father to give you encouragement and challenge by what you read.
3. Pray these three requests every day this week:
 - a. meet our physical needs,
 - b. meet our spiritual needs,
 - c. meet our needs today.

Share with a friend, spouse, or other family member how our Father answered your prayer.