

Thursday Morning

Deuteronomy 8:3

“And he humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know, that he might make you know that man does not live by bread alone, but man lives by every word that comes from the mouth of the Lord.”

How can I pray?

Our Father, provide for my physical needs today! Give me a total dependence on You.

Our Father, provide my spiritual food today! Open me eyes to what You teach me as I open the Bible.

Our Father, give me a balanced view of my physical and spiritual needs today! Help me to see that I can't live for You on my own strength.

Thursday Evening

Matthew 6:31–33

“Therefore do not be anxious, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. But seek first the kingdom of God and his righteousness, and all these things will be added to you.”

How can I pray?

Our Father, help me not to be anxious about my plans today! Help me to trust that you will guide me perfectly.

Our Father, help me to seek your Kingdom first today! Give me wisdom to see what your work is today.

Our Father, your protection and plan for me is perfect! Help me to rest in your promise that You are always with me.