

Introduction

What's the purpose of this prayer journey?

This prayer guide's goal is to help you connect with our Heavenly Father when you talk to Him. Using these Scripture verses and short prayers can help you focus on praying these Scriptures, making your prayer time more meaningful.

This week, try for at least one day to pray with someone using this guide. After this week, think about how much a blessing it is to share prayer with someone else. At first it may feel awkward, but think about this like physical training for a sport. Training the muscles to respond in a certain way at first is hard work and quite tedious. However, as you repeat the process, the motions and exercises can become second nature. As people pray together, they encourage each other as they connect with our Heavenly Father together!

Monday Morning

Revelation 4:8

“And the four living creatures, each of them with six wings, are full of eyes all around and within, and day and night they never cease to say, “Holy, holy, holy, is the Lord God Almighty, who was and is and is to come!”

How can I pray?

Our Father, you are holy! You are so pure and so perfect. You are above every idea that anyone thinks about You.

Our Father, you are so powerful! No one and no thing comes close to your perfect power and might.

Our Father, you are eternal in every way! You exist outside of time and are in control of every part of human history—past, present, and future.

Monday Evening

Jeremiah 10:10

“But the Lord is the true God; he is the living God and the everlasting King. At his wrath the earth quakes, and the nations cannot endure his indignation.”

How can I pray?

Our Father, you are the one true God! All other gods are fake and dead.

Our Father, you are the eternal King of all of the universe! All people will bow to you in heaven.

Our Father, your wrath is perfect because we have sinned! Thank you for sending your Son to be my perfect replacement.