

How can Christ followers avoid anger's destruction?

July 27th 2025



KEY VERSES

- Matthew 21:12-13 (Jesus cleansing the temple)
- Ephesians 4:26-27
- Proverbs 14:17
- Proverbs 14:29
- Proverbs 24:28-29
- Proverbs 19:11
- Isaiah 52 (end) and Isaiah 53 (general reference)
- Proverbs 15:1
- Proverbs 15:18
- James 1:26



KEY TAKEAWAYS

1. Anger itself is not sin, but it becomes sinful when corrupted.
2. Quick tempers and hasty anger lead to foolishness and destruction.
3. The root of corrupted anger is often pride and a desire for payback.
4. The cross of Christ humbles us and helps us handle anger properly.
5. Controlling anger God's way tames destructive conflict and improves relationships.



TALK ABOUT IT

1. The sermon mentions that we live in a "culture of anger." Do you agree? How have you seen this play out in your own life or in society?
2. How does Jesus' example of righteous anger in the temple differ from sinful anger? Can you think of other examples of righteous anger?
3. The sermon suggests that prideful payback is often the reason for corrupted anger. Can you share an experience where you've seen this in yourself or others?
4. How does remembering the cross and what Christ has done for us help in handling anger?
5. Discuss the proverb "A soft answer turns away wrath, but a harsh word stirs up anger" (Proverbs 15:1). How have you seen this principle at work in your relationships?



APPLY IT

1. This week, when you feel anger rising, pause and ask yourself: Is this righteous anger or corrupted anger? What's the root cause?
2. Memorize James 1:19 - "Be quick to listen, slow to speak, and slow to become angry." Try to apply this in your daily interactions.
3. When tempted to react in anger, take a moment to remember the cross and how Christ has forgiven you. Let this inform your response.
4. If anger is a significant struggle for you, consider finding an accountability partner in the group to pray with and encourage you in this area.

