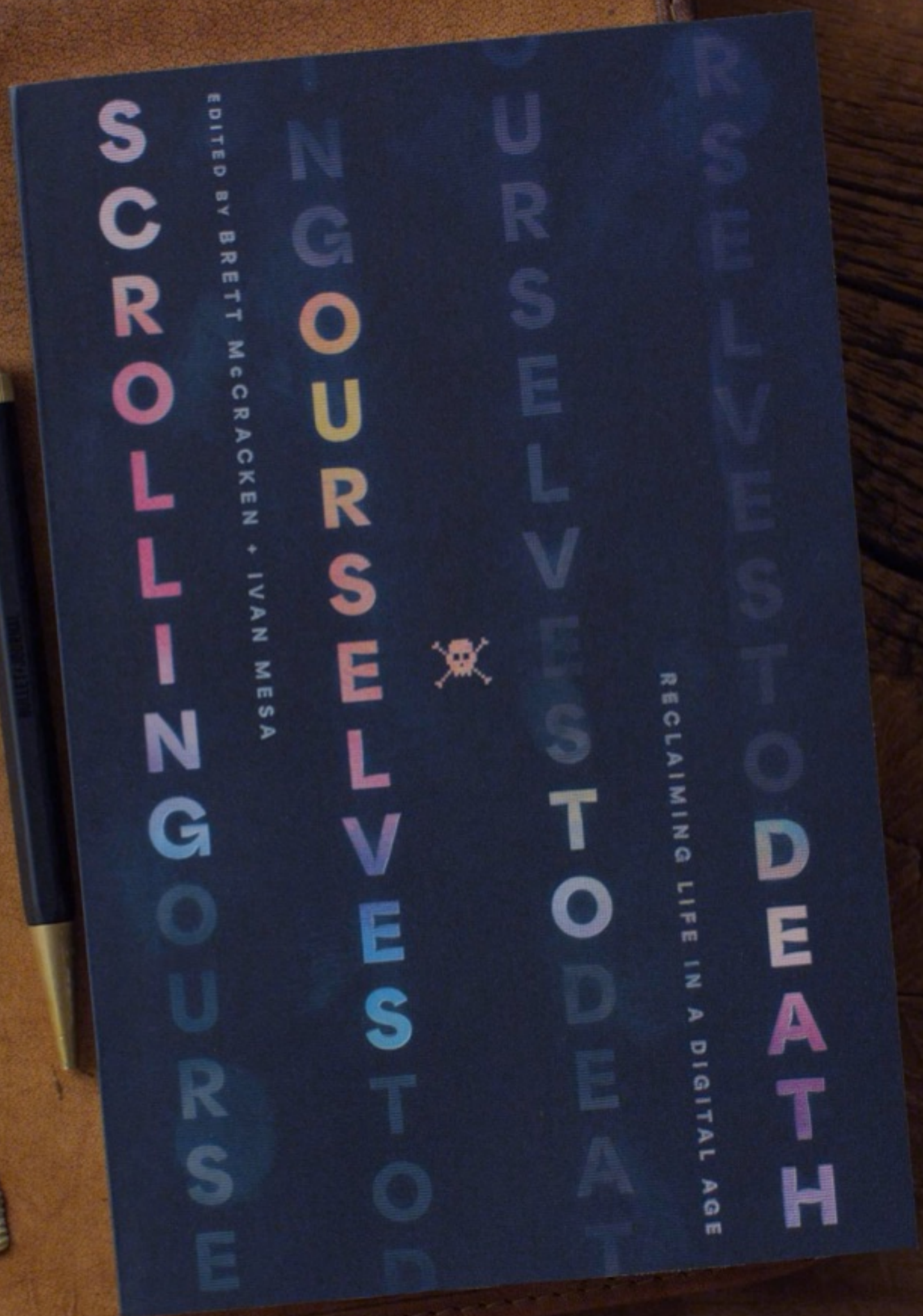
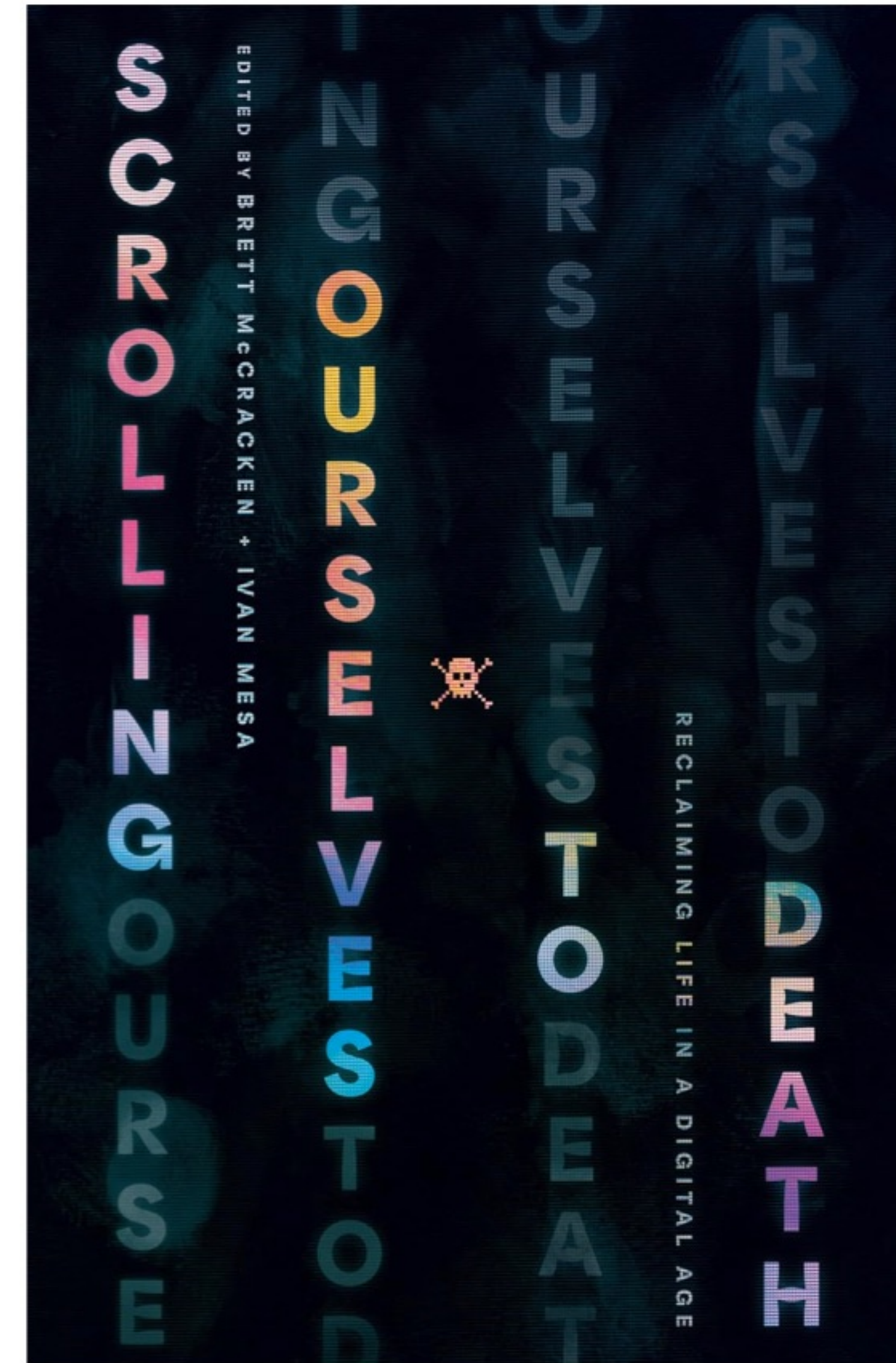
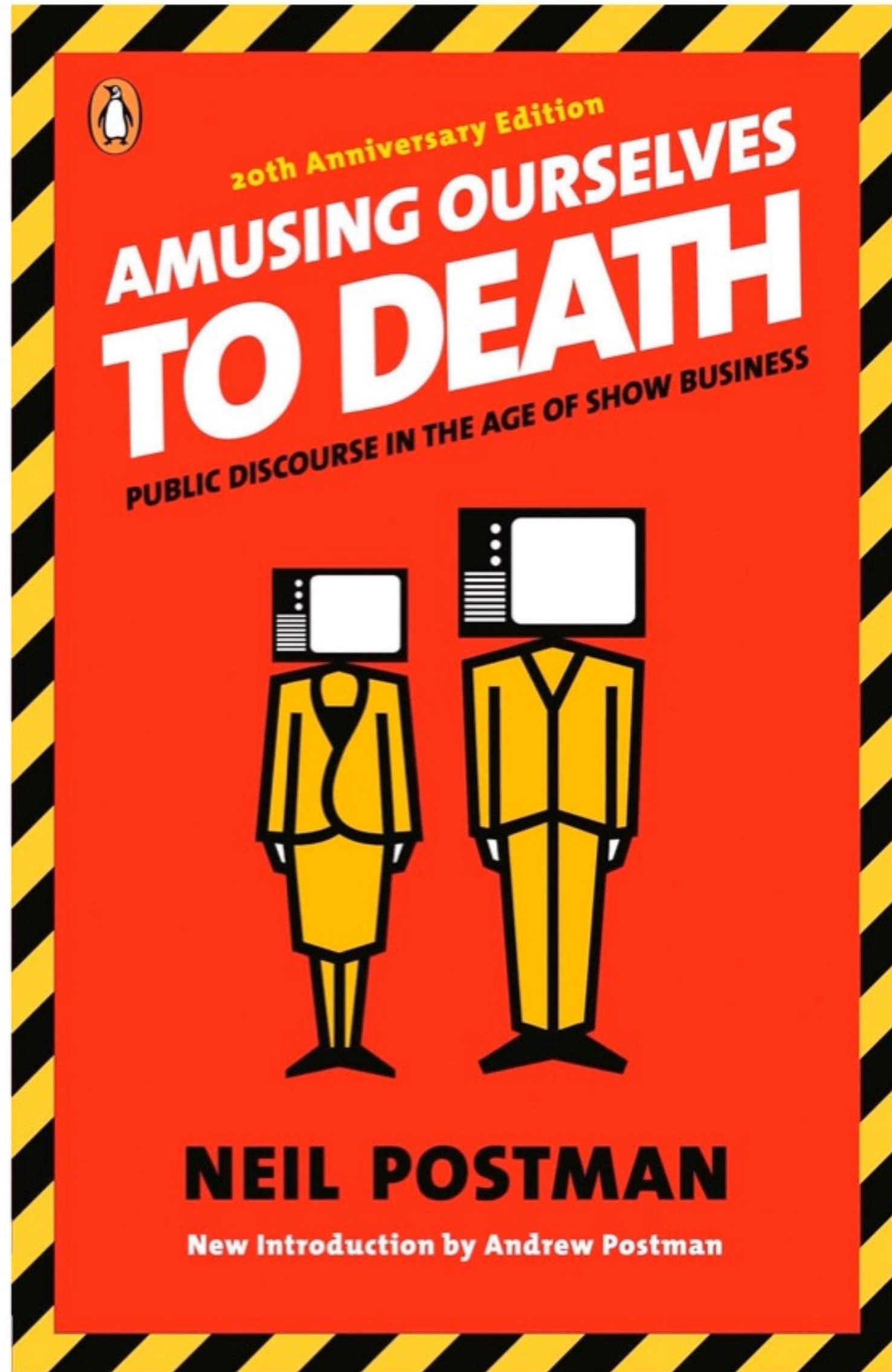


6 Ways We Are Scrolling Ourselves to Death

Brett McCracken





6 “Deaths” in a Scrolling Age

1. Death of Truth

(Epistemological Crisis)

*Feeding
Your Soul in
a Post-Truth
World*



THE WISDOM PYRAMID

BRETT McCracken

2. Death of Thinking Well

(Cognitive Crisis)

"An essential, accessible dispatch about how we think now." —Laura Miller, *Salon*

WHAT THE
INTERNET
IS DOING TO
OUR BRAINS



THE
SHALLOWS

Nicholas Carr
AUTHOR OF *THE BIG SWITCH*

THE *NEW YORK TIMES* BESTSELLER

WITH A NEW AFTERWORD

READER,
COME HOME



The Reading Brain in
a Digital World

MARYANNE WOLF

Author of *Proust and the Squid*

Edited by **COLLIN HANSEN** and **SKYLER R. FLOWERS**

THE
AI
APOCALYPSE

with contributions from

BEN SASSE
CHRISTOPHER WATKIN
ALAN NOBLE
RACHEL GILSON

and more

A
SURVIVAL
GUIDE
FOR
HUMANITY

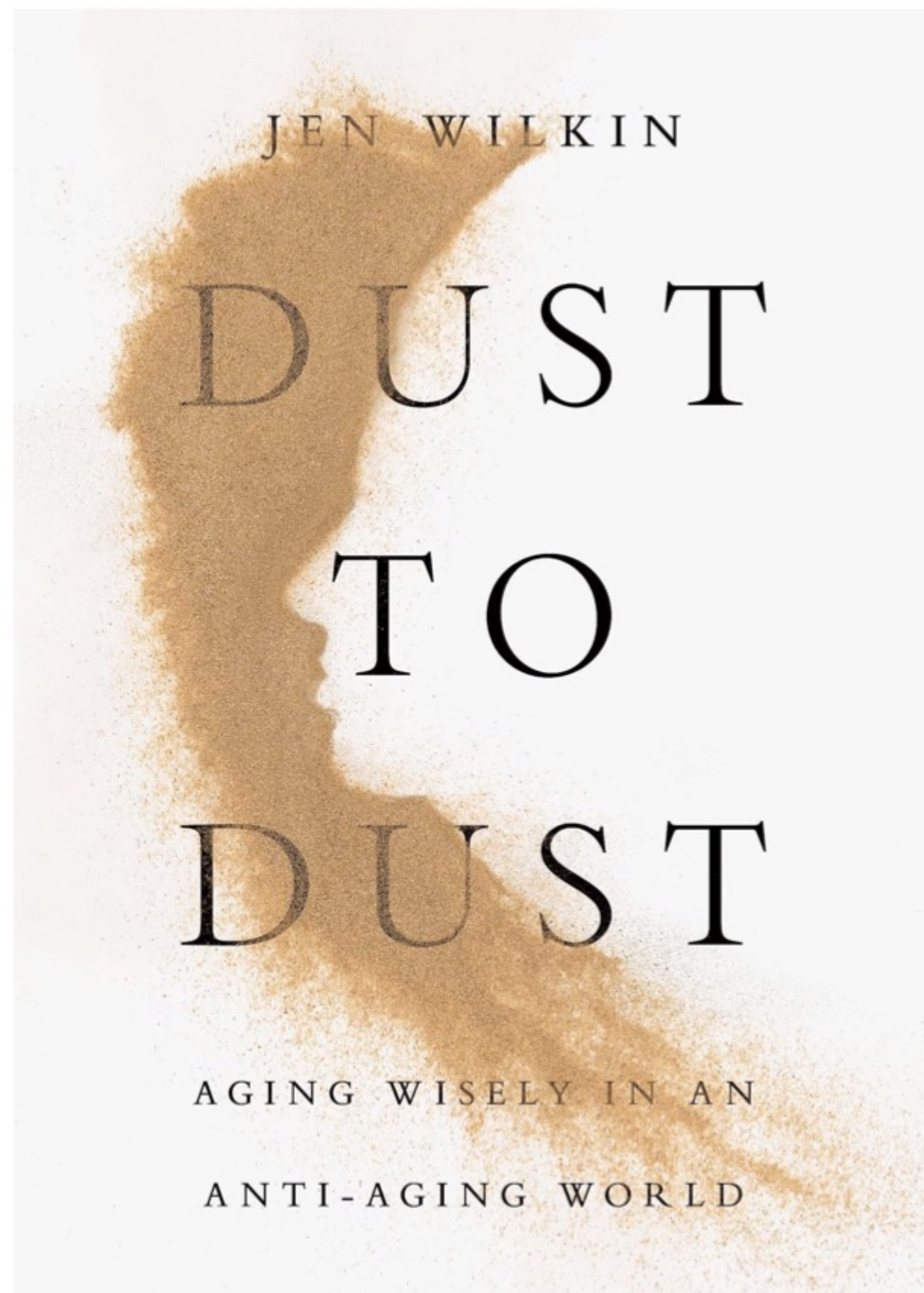
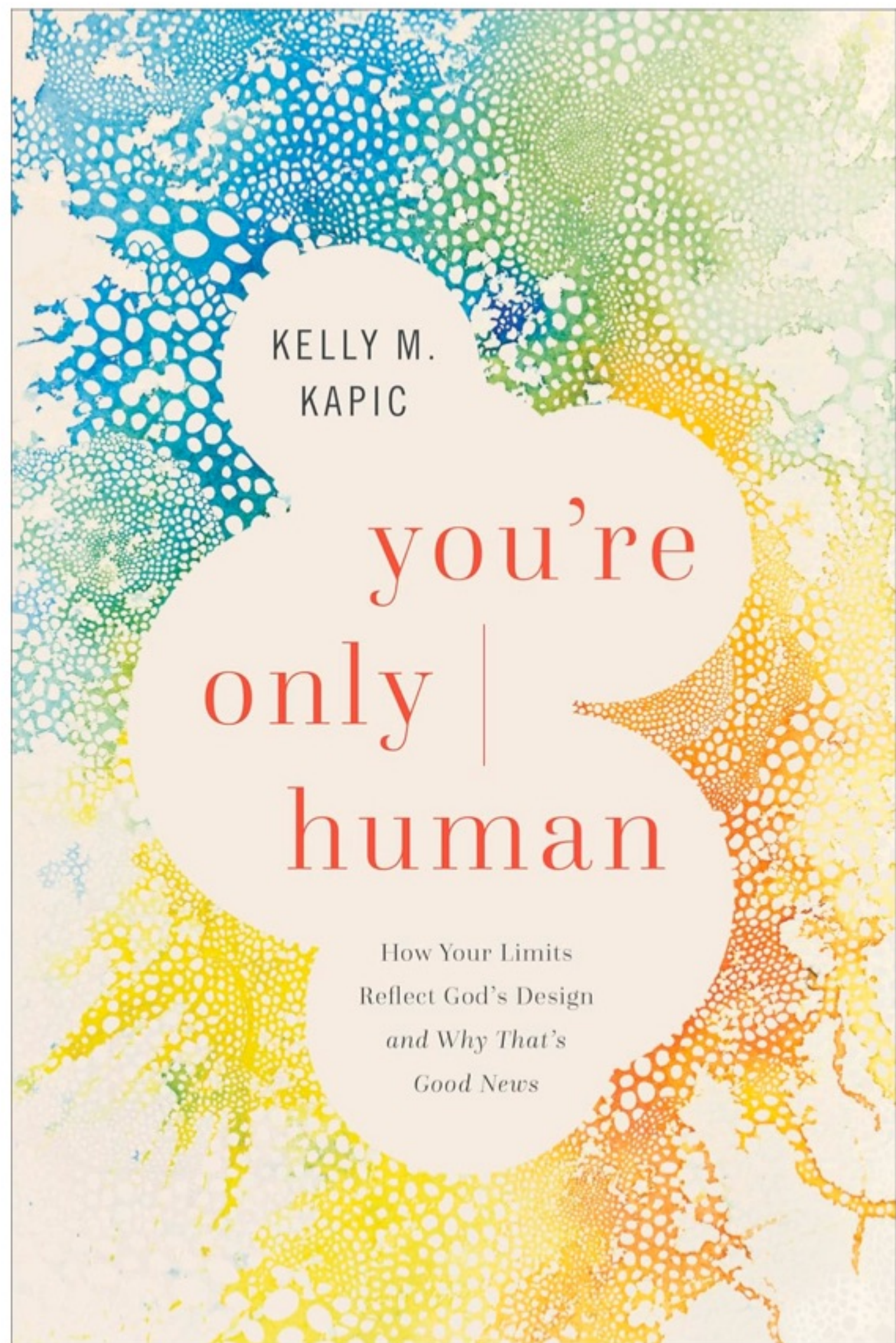
3. Death of Humanity

(Anthropological Crisis)

THE
EXTINCTION
OF
EXPERIENCE

BEING
HUMAN
IN A
DISEMBODIED
WORLD

CHRISTINE
ROSEN



4. Death of Community

(Loneliness Crisis)

"Savvy and insightful."
—*New York Times*

ALONE TOGETHER

WHY WE EXPECT **MORE** from
TECHNOLOGY and **LESS**
from EACH OTHER

SHERRY TURKLE



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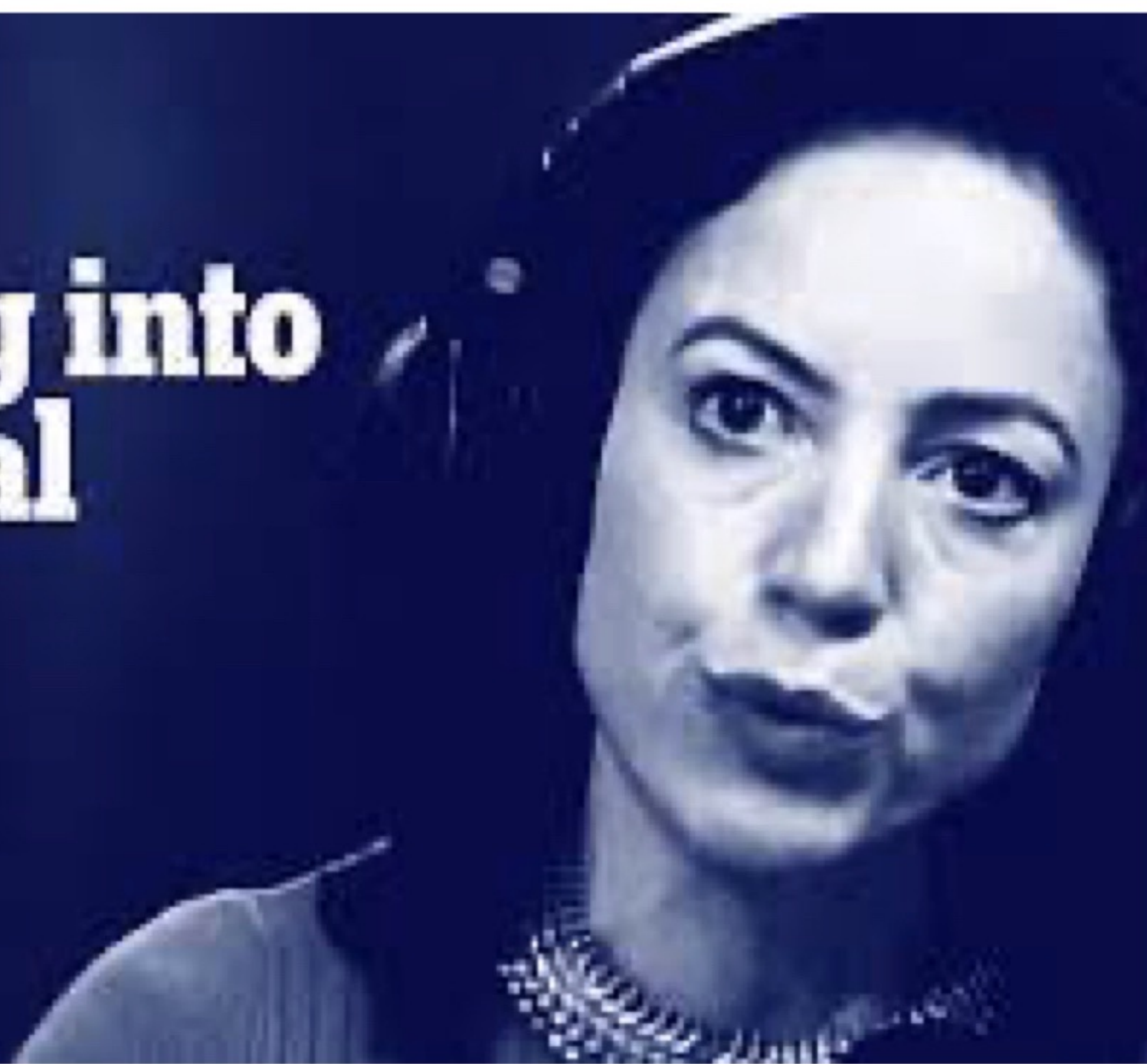
THE ANTI-SOCIAL CENTURY

Americans are now spending more time alone than ever. It's changing our personalities, our politics, and even our relationship to reality.

By Derek Thompson



**'We're all
retreating into
this digital
solitude'**



ARTS & CULTURE

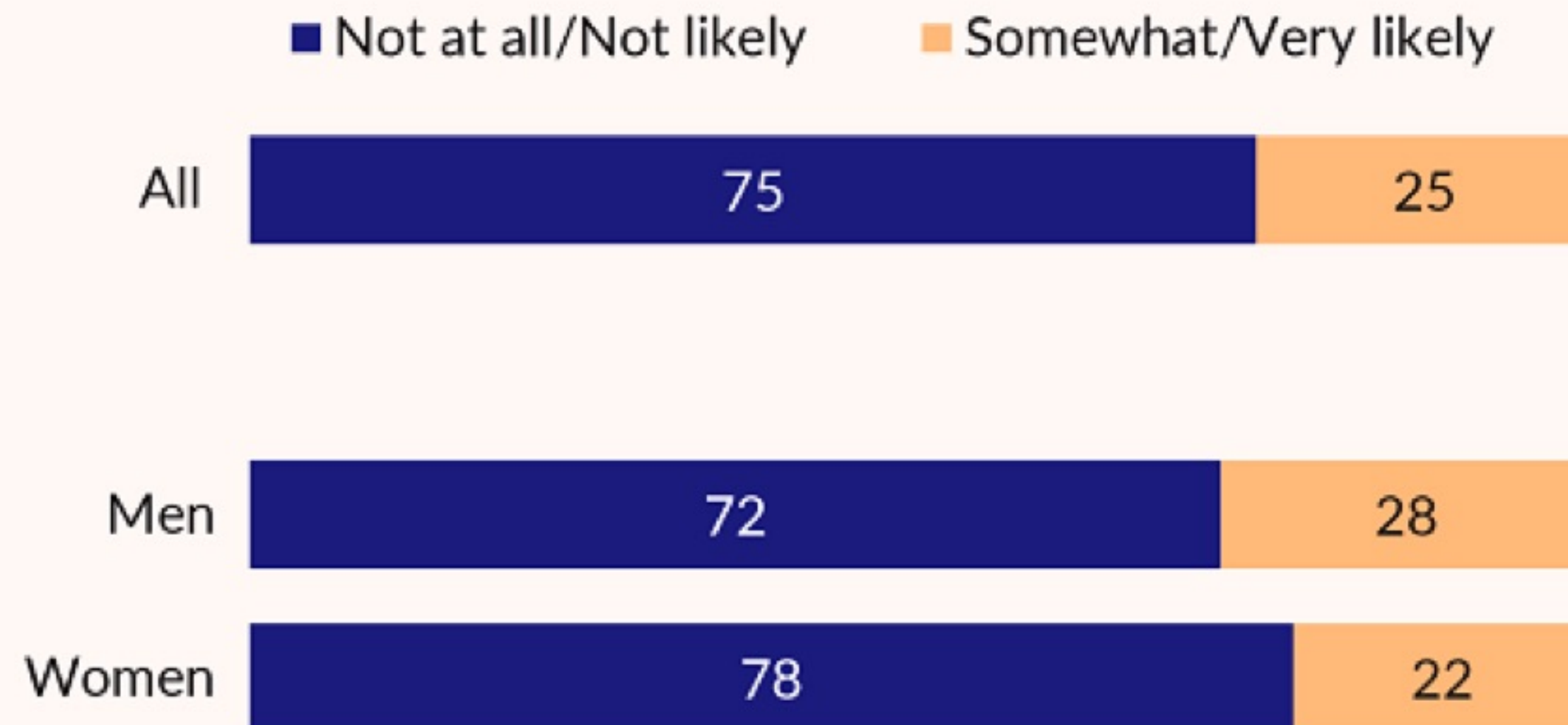
'Her,' ChatGPT, and Fiction's Reality-Making Power

MAY 25, 2024 — BRETT MCCRACKEN



1 in 4 young adults say AI may replace real-life romance

% who say that AI is . . . to replace real-life romantic relationships



Based on adults ages 18 to 39.

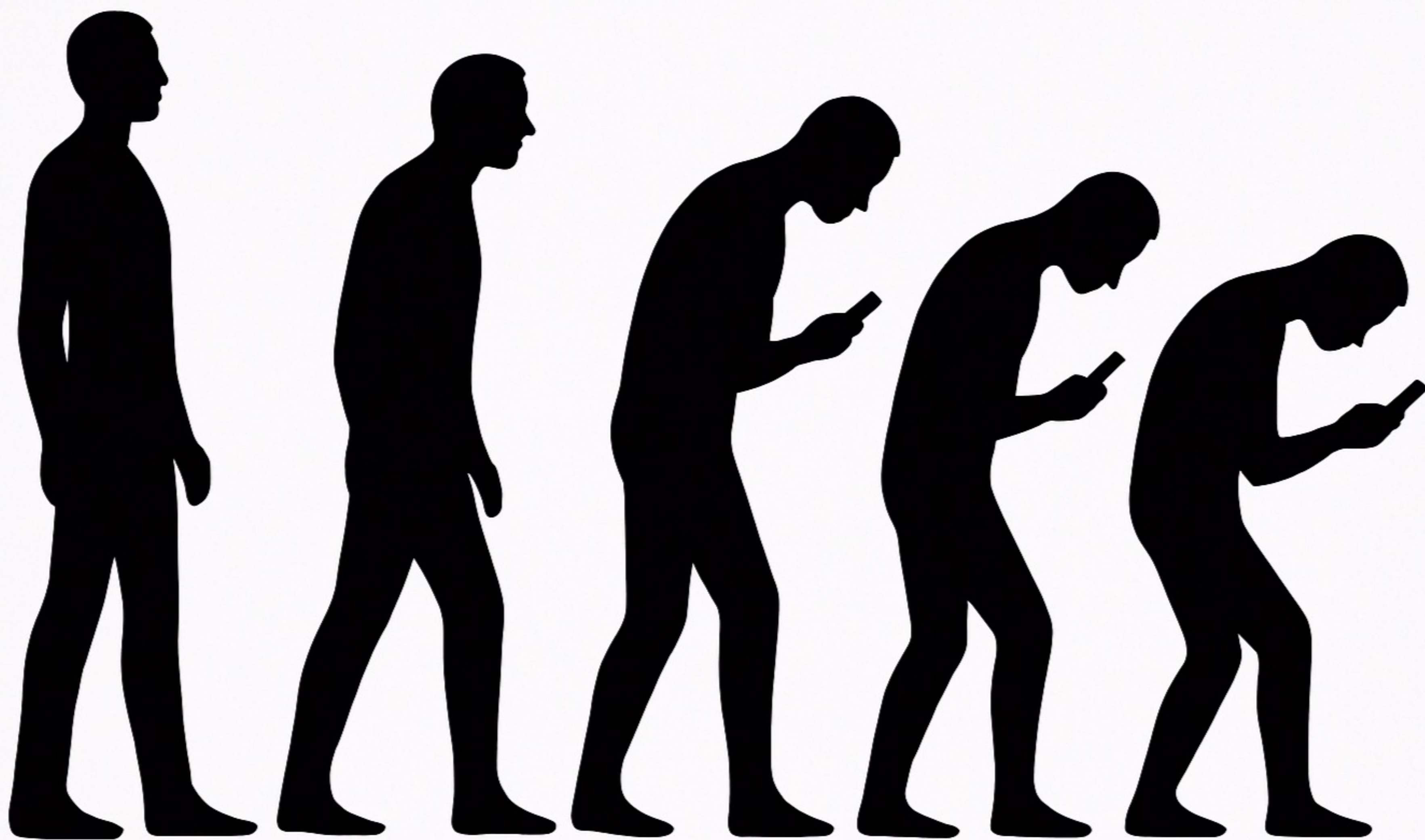
Source: IFS tech and family survey, May-June 2024, N=2,000

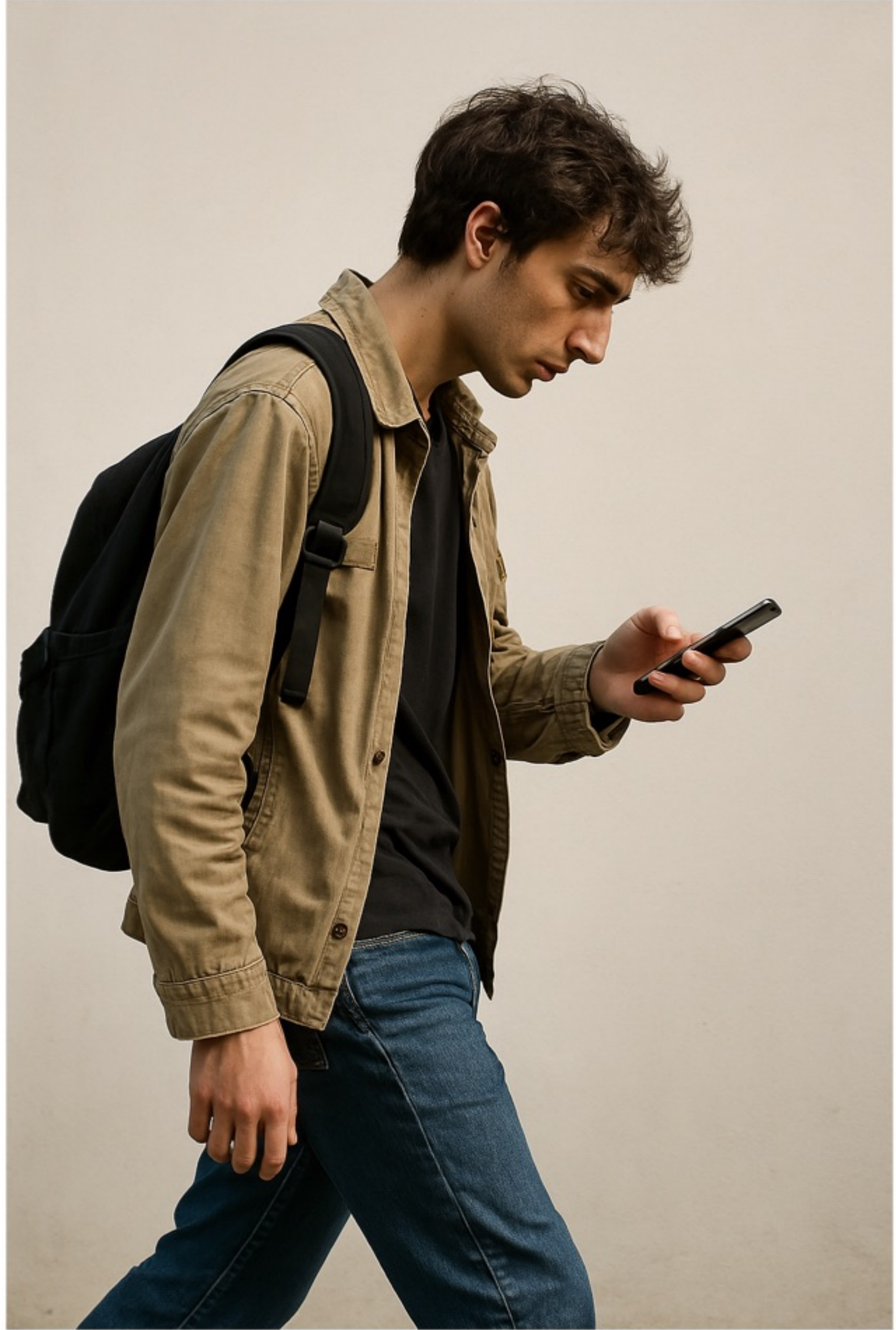
**family
studies**

5. Death of Spiritual Hunger

(Doxological Crisis)

We are spiritually formed
by what we give our attention to.



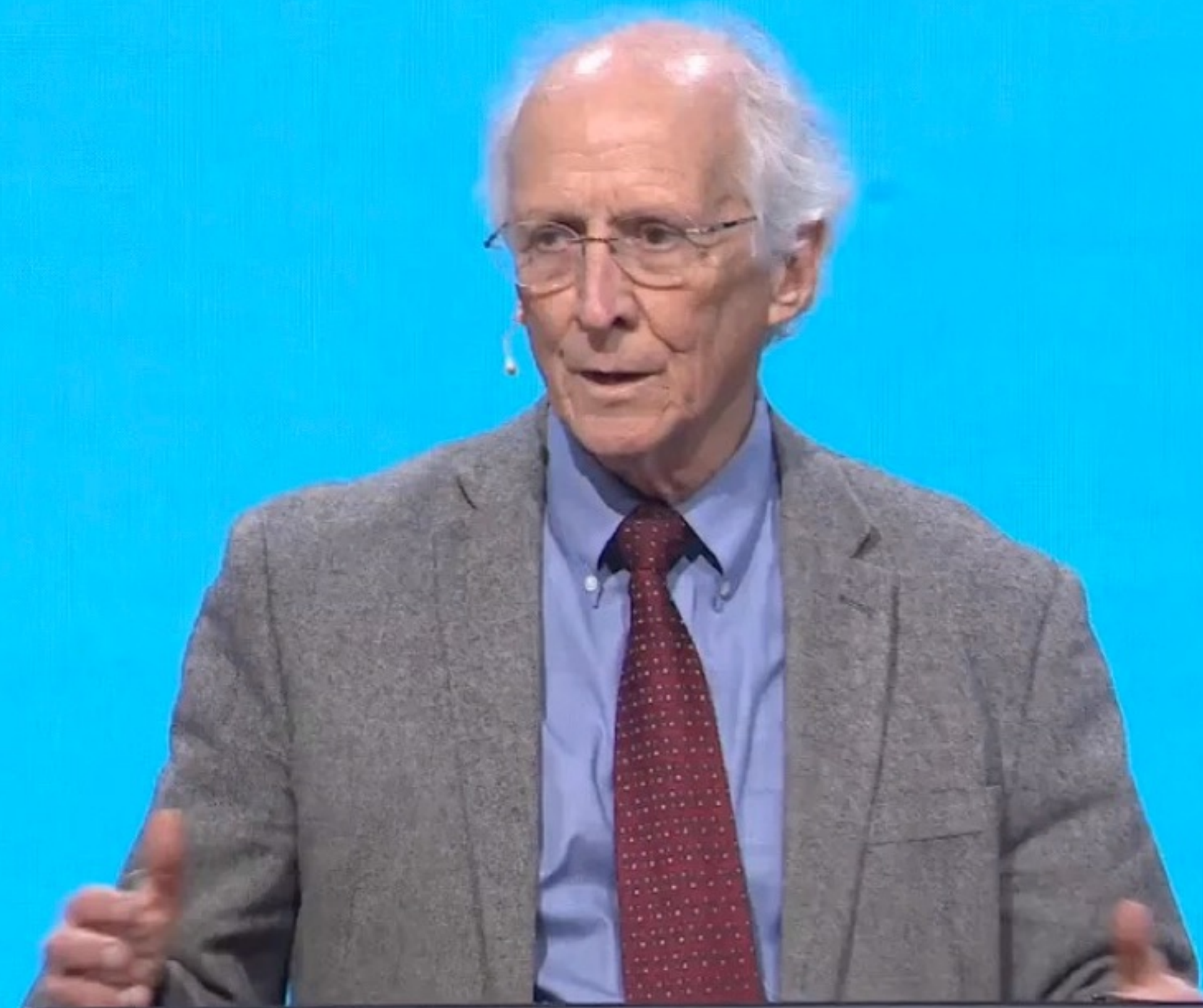


We are spiritually *mal*-formed
by what we *neglect* attending to.

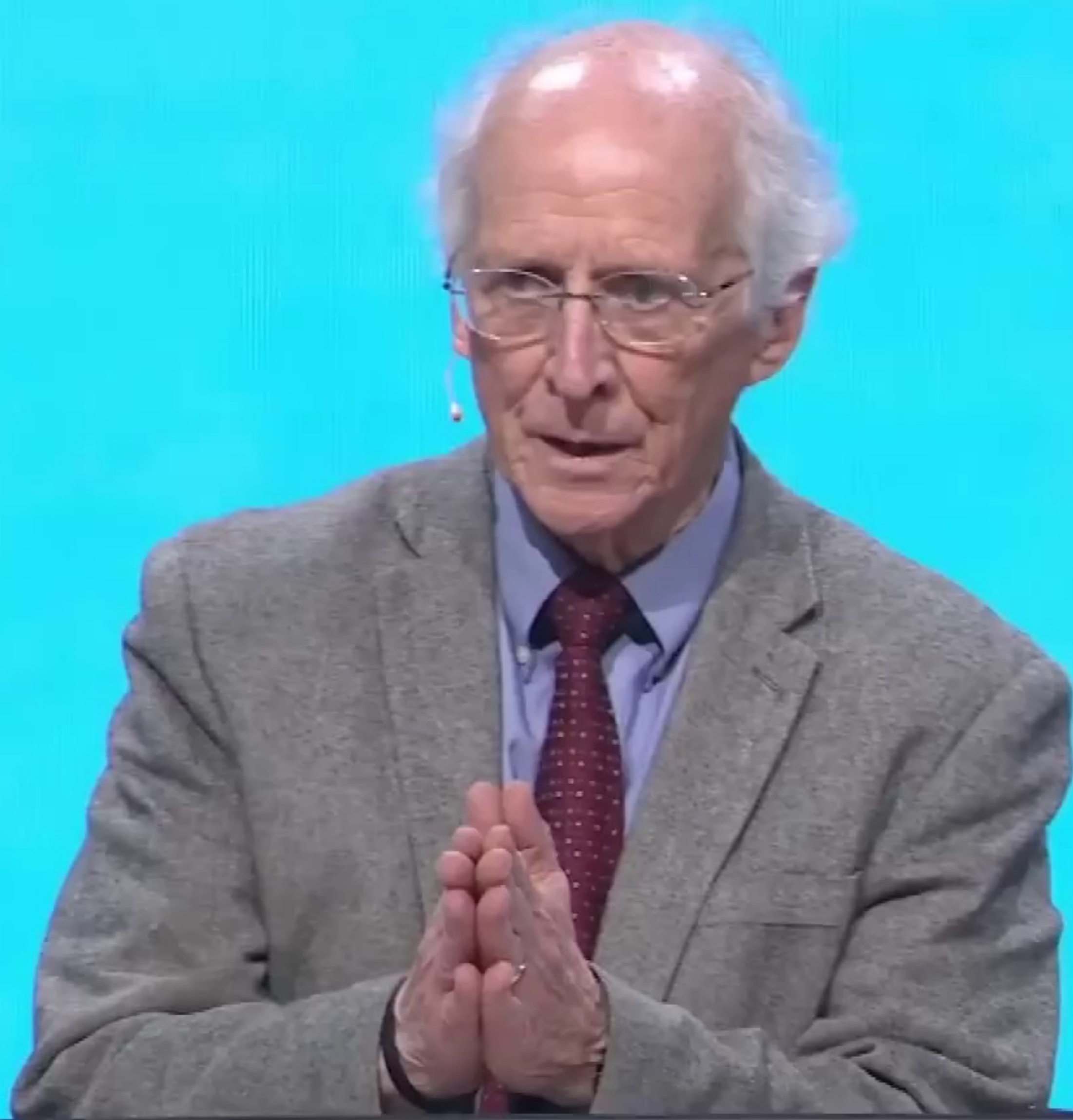
What are we NOT doing when our attention is commandeered by digital distraction?

- We're not looking up (vertical attention)
- We're not looking around (horizontal attention)
- We're not looking inward (internal attention)

TGC25



TGC25



6. Death of Meaningful Purpose

(Missional Crisis)



Thank you!

