

***This One Thing I Do***  
***Philippians 3:12-14***

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REMEMBER: Our new year will be less burdensome and more productive by concentrating on one thing.

1. \_\_\_\_\_ the past.

2. Pursue \_\_\_\_\_.

RESOLVE:

1. One word \_\_\_\_\_

2. One verse \_\_\_\_\_

“Father, we surrender this past year and give it up to You. We give You our failures, our successes, our regrets, our disappointments, for we have no more use for them. Make us a new people, forgetting what lies behind and pressing on toward that which lies ahead of us. Purify us by Your Spirit, so our wills shall truly reflect Your will for us. As we stand on the threshold of another year, we resolve to forget the past and pursue Christlikeness. We pray in Jesus’ name and for His glory. Amen.”

**Questions for discussion and personal reflection:**

1. What does it mean to forget the past? What things do you need to leave behind?
2. What is Paul’s one thing in Philippians 3:13-14?
3. What is the goal? What is the prize?
4. Here is your one thing for this week: Prayerfully and patiently select a word and a verse that will guide you through this coming year.
5. Share your word and verse with your spouse, family, T-group for prayer and accountability.