

Small Group Moment- June 10, 2025

Barrier Breakers: Faith in Action: Train It. Target It. Trust It. Track It.

✿ Point 1: Train Your Faith ✿

Scripture Focus:

Romans 10:17, Romans 12:2, Proverbs 13:20, Hebrews 12:1

Summary:

Faith is like a muscle—it grows with intentional effort. Training your faith means renewing your mind through the Word, surrounding yourself with the right voices, and consistently engaging in spiritual disciplines. It also requires shedding spiritual weight—negative patterns, people, and thoughts that hinder growth.

Group Questions:

- What does it mean to 'train' your faith daily?
- How has your environment shaped your faith in this season? (Proverbs 13:20)
- What distractions or 'weights' do you feel called to lay aside? (Hebrews 12:1)
- How can renewing your mind (Romans 12:2) practically look like in your weekly routine?

✿ Point 2: Target Your Faith ✿

Scripture Focus:

Mark 11:22–24, Luke 17:5–6, 2 Corinthians 4:13

Summary:

Targeted faith is specific. It knows what it believes for and boldly declares it. You can't hit a target you haven't defined—so get clear! When your prayers and confessions align with the Word, your faith becomes a spiritual laser, not a spiritual mist.

Group Questions:

- What specific situation are you believing God for right now?
- Have you been declaring the Word over that situation? What scriptures are you using?

- How does speaking faith-filled words influence your outcomes? (2 Corinthians 4:13)
- What's the difference between a general hope and a targeted faith?

🌸 Point 3: Trust Your Faith 🌸

Scripture Focus:

Mark 5:25–34, Luke 17:14, James 2:17

Summary:

Faith isn't always about instant answers—it's about consistent trust. Trusting your faith means moving forward even before you see results. Like the woman with the issue of blood, or the lepers who were healed "as they went," trust requires action paired with belief.

Group Questions:

- Can you share a time when you had to act in faith before seeing results?
- What does "faith without works is dead" mean to you today? (James 2:17)
- How do you handle seasons when your faith doesn't produce immediate evidence?
- What actions can you take this week to show you're trusting what you believe?

🌸 Point 4: Track Your Faith 🌸

Scripture Focus:

Numbers 13–14, Hebrews 12:1, Luke 17:5–6

Summary:

Tracking your faith helps you measure growth and celebrate progress. The Israelites failed to enter the Promised Land because they lost track of God's previous faithfulness and promises. Faith requires remembering what God has done so you can face what's ahead.

Group Questions:

- What "faith wins" from your past have you recorded or remembered lately?
- How does remembering past victories fuel your current faith?
- What are some ways you can actively "track" what God is doing in your life?
- When has fear or doubt caused you to forget what God has already brought you through?

✦ Closing Reflection

Remember how Sister Tondalia encouraged us to record ourselves making declarations according to God's word about area where we will intentionally train, target, trust, and track our faith this week and to play it back to ourselves for the next 66 days.