

Small Group Moment July 22, 2025

Barrier Breaker: Use Your Praise!

1. Lesson Summary and Objective

This lesson explores how praise and prayer can break through life's barriers and unleash supernatural influence for God's glory. Drawing from the story of Paul and Silas in prison, it shows how spiritual discipline can transform personal trials into opportunities for deliverance, salvation, and transformation. The objective is to recognize the power of praise to build faith, shape outcomes, connect with others, and create a future legacy of faith.

2. Key Scripture References

- Acts 16:25-31
- Isaiah 54:1
- 2 Chronicles 20:21-22
- Philippians 4:8
- Ephesians 5:18-19

3. Lesson Points with Discussion Questions

1. It Builds Your Faith

Acts 16:25 – Paul and Silas, beaten and imprisoned, chose to pray and praise God. Their faith was stirred and strengthened through their praise, even in suffering.

Discussion Questions:

- What does it mean to praise God in difficult situations?
- How can praise awaken or strengthen your faith?

2. It Builds Your Fate

Acts 16:26 – Their praise caused a sudden earthquake, shaking the prison's foundation and opening every door. Praise redirected their fate through God's power.

Discussion Questions:

- How has God used unexpected events to shift your situation?
- Can you share a time when praise changed your outcome?

3. It Builds Your Fellowship

Acts 16:30 – The praise and testimony of Paul and Silas led others to freedom. Even the jailer asked, 'What must I do to be saved?' Praise influences others!

Discussion Questions:

- How does your praise impact those around you?
- Why do you think others were drawn to Paul and Silas in that moment?

4. It Builds Your Future

Acts 16:34 – The jailer and his whole household were saved, and a church was born. Praise leaves a legacy of faith for generations.

Discussion Questions:

- In what ways can your praise plant seeds for future generations?
- What legacy of faith are you building through your influence?