

## **VISION BEYOND BARRIERS: STAY IN THE PRESS**

### **Lesson Summary & Objective**

This lesson teaches believers how to remain spiritually steady under pressure by staying aligned with God's Word, maintaining focus on vision, and understanding that pressing produces purpose. The objective is to strengthen endurance, faith, and spiritual clarity so believers do not abandon what God has spoken during seasons of pressure.

### **1–3: Forget, Follow the Word, and Press Forward**

Key Scriptures: Philippians 3:13–14; Psalm 17:4–5

Focus: Let go of the past, stay guided by God's Word (written and spoken), and actively pursue the God-given mark.

Discussion Questions:

- What does it mean for the past to speak louder than your vision?
- How does aligning with God's Word redirect your daily decisions?

### **4–6: Vision Under Pressure Produces Purpose**

Key Scriptures: 1 Samuel 30:6; 2 Corinthians 4:7–10

Focus: Like David and Paul, believers learn that pressure does not destroy vision—it refines it and reveals God's strength.

Discussion Questions:

- How did David respond when pressure increased around him?
- What does it mean that treasure is carried in earthen vessels?

### **7–9: Guard the Faith, Pray Through the Press, and Stay in Promise**

Key Scriptures: Matthew 26:36–44; 2 Timothy 1:6 (principle); Galatians 2:20 (principle)

Focus: Don't lose focus, faith, fight, or prayer. Jesus shows that pressing involves consistent prayer and surrender to God's will.

Discussion Questions:

- What does Jesus' example in Gethsemane teach about handling pressure?
- How do believers stay faithful when outcomes are delayed?

## **Full Scripture References**

Philippians 3:13–14 (KJV)

Psalms 17:4–5 (KJV)

Psalms 17:4 (KJV)

1 Samuel 30:6 (KJV)

2 Corinthians 4:7–10 (KJV)

Matthew 26:36–44 (KJV)

Full texts provided below.

## Scriptures (Full Text)

### Philippians 3:13–14

- 13 Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before,
- 14 I press toward the mark for the prize of the high calling of God in Christ Jesus.

### Psalms 17:4–5

- 4 Concerning the works of men, by the word of thy lips I have kept me from the paths of the destroyer.
- 5 Hold up my goings in thy paths, that my footsteps slip not.

### Psalms 17:4

- By the word of thy lips I have kept me from the paths of the destroyer.

### 1 Samuel 30:6

- David was greatly distressed; for the people spake of stoning him... but David encouraged himself in the LORD his God.

### 2 Corinthians 4:7–10

- 7 But we have this treasure in earthen vessels, that the excellency of the power may be of God, and not of us.
- 8 We are troubled on every side, yet not distressed; we are perplexed, but not in despair;
- 9 Persecuted, but not forsaken; cast down, but not destroyed;
- 10 Always bearing about in the body the dying of the Lord Jesus, that the life also of Jesus might be made manifest in our body.

### Matthew 26:36–44

- 36 Then cometh Jesus with them unto a place called Gethsemane...
- 38 Then saith he unto them, My soul is exceeding sorrowful, even unto death...
- 39 And he went a little further, and fell on his face, and prayed...
- 42 He went away again the second time, and prayed...
- 44 And he left them, and went away again, and prayed the third time, saying the same words.