

# SPEAK YOUR FAITH, NOT YOUR FEARS

## *Facilitator-Led Small Group Study Guide*

Primary Text: Ezekiel 37:1–14 (KJV) | Suggested Length: 30 Minutes

### Overall Objective

To help believers recognize the difference between speaking from fear and speaking from faith; to understand that biblical faith responds to God’s Word rather than denying present circumstances; and to practice selecting God’s truth, settling what He has said, speaking in agreement with it, and standing on the answer until His purpose is fulfilled.

### Facilitator Framework

Use the four movements as the structure of the discussion: SELECT THE QUESTION → SETTLE THE QUESTION → SPEAK THE QUESTION → STAND ON THE ANSWER. The facilitator should keep the group in the biblical text, allow honest discussion, and move each participant from observation to personal application.

#### 1. SELECT THE QUESTIONS — What Has Your Mouth Been Propheying?

Ezekiel is taken into a valley filled with very dry bones. God does not ask Ezekiel to deny what he sees; He asks, “Can these bones live?” Ezekiel answers, “O Lord GOD, thou knowest.” The issue begins with the question we allow God to ask us. Fear starts with the visible condition; faith starts with the God who has authority over the condition.

**Biblical exposition:** In Ezekiel 37:1–3, why is Ezekiel’s answer—“thou knowest”—significant? What does the question about the bones reveal about the difference between what Ezekiel sees and what God knows?

**Personal/spiritual:** What question has fear caused you to ask repeatedly about your life—“Will I ever recover?” “Is it too late?” “Can this change?” What would change if you brought that question honestly before God?

#### 2. SETTLE THE QUESTIONS — Let God’s Word Establish the Answer

God gives Ezekiel the answer before the evidence appears: “Prophecy... Hear the word of the LORD.” The bones do not determine the outcome; God’s Word does. Biblical faith does not manufacture an answer—it receives and settles upon what God has spoken. Romans 4:17 reinforces this picture: God is the One who gives life to the dead and calls things that are not as though they were.

**Biblical exposition:** Why does Ezekiel first need a word from God before he speaks to the bones? How does Romans 4:17 help distinguish faith-filled speech from simply declaring whatever we want to happen?

**Personal/spiritual:** What fear-based conclusion have you allowed to remain “settled” in your heart? What specific truth from Scripture do you need to settle on instead?

## SPEAK YOUR FAITH, NOT YOUR FEARS

*Facilitator Guide — Pages 2 of 3*

### 3. SPEAK THE QUESTIONS — Speak What God Has Said

Ezekiel obeys: “So I prophesied as I was commanded.” The bones begin to come together, but the process is not yet complete. This matters: faith speaks because God has spoken. Mark 11 teaches that faith is expressed through words, while James 3 reminds us that our speech carries real influence. Our words do not make us sovereign or turn God’s promises into magic formulas; they reveal what we believe, shape our inner posture, influence our actions, and give voice to our agreement with God.

**Biblical exposition:** In Ezekiel 37:4–10 and Mark 11:22–24, what is the relationship among God’s Word, faith, speech, and obedience? Why is it important not to confuse biblical confession with attempting to control God? **Personal/spiritual:** Listen to your repeated speech this week. Which statements sound more like fear than faith? What God-centered statement will you deliberately speak when that fear returns?

### 4. STAND ON THE ANSWER — Trust God Through the Process

The bones come together, receive flesh, and are covered with skin—but there is still no breath. Ezekiel must continue obeying God before the final result is visible. Then the breath comes, and the bones live. The vision ultimately explains God’s promise to Israel: “I shall put my spirit in you, and ye shall live.” Faith therefore is not merely speaking once; it is standing in obedient trust while God completes what He has said.

**Biblical exposition:** Why does God allow Ezekiel to see an incomplete restoration before the breath comes? What does the sequence teach about trusting God when progress is visible but the promise is not yet fully manifested? **Personal/spiritual:** Where are you tempted to quit because you do not yet see the complete answer? What would “standing on the answer” look like in your thoughts, words, prayer, and actions this week?

#### Essential Takeaways

- Fear asks, “What does the situation say?” Faith asks, “What has God said?”
- Faith does not deny the valley; it refuses to give the valley the final word.
- The Word must move from hearing, to believing, to speaking, to obedient action.
- Our speech should agree with God’s revealed truth—not with fear, speculation, or wishful thinking.
- God may work progressively. Visible movement is not always the completed answer.
- The ultimate source of life is God’s Spirit; our confidence rests in Him, not in the power of our own words.

#### Facilitator Closing Exercise

Invite each participant to identify one fear-based statement they have repeated and replace it with one Scripture-based statement grounded in God’s revealed character or promise. Ask each person to state it aloud—not as a formula, but as an act of agreement, faith, and obedience.

## **SPEAK YOUR FAITH, NOT YOUR FEARS**

*Reference Scriptures — KJV*

### **Ezekiel 37:1–14 — The Valley of Dry Bones**

[1] The hand of the LORD was upon me, and carried me out in the spirit of the LORD, and set me down in the midst of the valley which was full of bones, [2] And caused me to pass by them round about: and, behold, there were very many in the open valley; and, lo, they were very dry. [3] And he said unto me, Son of man, can these bones live? And I answered, O Lord GOD, thou knowest. [4] Again he said unto me, Prophesy upon these bones, and say unto them, O ye dry bones, hear the word of the LORD. [5] Thus saith the Lord GOD unto these bones; Behold, I will cause breath to enter into you, and ye shall live: [6] And I will lay sinews upon you, and will bring up flesh upon you, and cover you with skin, and put breath in you, and ye shall live; and ye shall know that I am the LORD. [7] So I prophesied as I was commanded: and as I prophesied, there was a noise, and behold a shaking, and the bones came together, bone to his bone. [8] And when I beheld, lo, the sinews and the flesh came up upon them, and the skin covered them above: but there was no breath in them. [9] Then said he unto me, Prophesy unto the wind, prophesy, son of man, and say to the wind, Thus saith the Lord GOD; Come from the four winds, O breath, and breathe upon these slain, that they may live. [10] So I prophesied as he commanded me, and the breath came into them, and they lived, and stood up upon their feet, an exceeding great army. [11] Then he said unto me, Son of man, these bones are the whole house of Israel: behold, they say, Our bones are dried, and our hope is lost: we are cut off for our parts. [12] Therefore prophesy and say unto them, Thus saith the Lord GOD; Behold, O my people, I will open your graves, and cause you to come up out of your graves, and bring you into the land of Israel. [13] And ye shall know that I am the LORD, when I have opened your graves, O my people, and brought you up out of your graves, [14] And shall put my spirit in you, and ye shall live, and I shall place you in your own land: then shall ye know that I the LORD have spoken it, and performed it, saith the LORD.

### **Romans 4:17 — Faith in the God Who Gives Life**

“(As it is written, I have made thee a father of many nations,) before him whom he believed, even God, who quickeneth the dead, and calleth those things which be not as though they were.”

### **Isaiah 60:1–3 — Arise and Shine**

“[1] Arise, shine; for thy light is come, and the glory of the LORD is risen upon thee. [2] For, behold, the darkness shall cover the earth, and gross darkness the people: but the LORD shall arise upon thee, and his glory shall be seen upon thee. [3] And the Gentiles shall come to thy light, and kings to the brightness of thy rising.”

### **Mark 11:22–24 — Have Faith in God**

“[22] And Jesus answering saith unto them, Have faith in God. [23] For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith. [24] Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them.”

### **James 3:10 — The Power and Consistency of Speech**

“Out of the same mouth proceedeth blessing and cursing. My brethren, these things ought not so to be.”

### **Joshua 1:8–9 — Meditate, Speak, and Do**

“[8] This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success. [9] Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the LORD thy God is with thee whithersoever thou goest.”

### **Closing Declaration**

**I will not let fear have the final word. I will SELECT what God has said, SETTLE my heart on His truth, SPEAK in agreement with His Word, and STAND in faith until His purpose is fulfilled. My confidence is not in the power of my words, but in the God whose Word gives life, sustains His people, and performs what He has spoken.**