

Rising View Bi-Weekly



TRYING TO WORK AT HOME WITH YOUR FAMILY?

Physical distancing has introduced parents to a whole new set of challenges. How do I take care of my children and still do my job? How can we set clear boundaries between work time and family time?

As much as you can, **enjoy this time you have together**. It may be hard to remember right now, but just a few months ago, many of us were trying to find ways to spend more time with our kids. It's true that our current circumstances come with real challenges. But, it's also true that we have the power to choose how we respond.

Include your kids.

Ask your children to “help” in ways that make sense for their ages. You might help them make a “Time to Work” sign for you, then explain that when you hang it on the door, that means you need to concentrate. Help them make special artwork for your workspace.

Your kids are more likely to respect boundaries between work time and family time if they feel invested in both.

A DEVOTION FOR KIDS

Jesus Knows.

Some people might think, Jesus, it's easy for You up there. You're in Heaven. You just don't know how hard it is down here. But those people would be wrong. The Bible says He “is able to empathize” (Hebrews 4:15 NIV).

Do you ever feel angry, scared, or left out? Jesus did. Did you know that Jesus was once your age? He had parents to obey and brothers and sisters to get along with. He fell down, and He fell asleep. He went to school and played with friends. He was laughed at, and He was hurt.

Jesus knows everything you're going through. It's one of the reasons He came to earth — so He would know what it feels like. And so He could help you get through it.

From Grace for the Moment Family Devotional by Max Lucado, copyright Max Lucado.



WHAT'S THE FIRST THING YOU DO WHEN YOU WAKE UP?

Grab your phone and check Instagram? Check twitter? Your first five minutes can set the tone for your entire day. Here are 4 simple steps to invite God to be first in your day.

What if you invited God to speak into your day first? Tomorrow, before you do anything else:

1. Pray a simple prayer.

2. Read or listen to Verse of the Day, noting anything that stands out.

3. Think about how you can apply what God shows you.

4. To finish, pray again.

That's it! You can use this same technique every day—with any passage of Scripture.

*In the morning, Lord,
you hear my voice;
in the morning I lay
my requests before
you
and wait
expectantly.
—Psalm 5:3*



NATURE SCAVENGER HUNT PRAYER WALK BELOW...



Go for a walk as a family and use this guide to pray as you find each item



Bird - Thank God for promising to always be with us.



Bug - Ask God to heal those who are sick.



Red Flower - Ask God to protect those in the medical field.



Evergreen - Ask God to give leaders wisdom.



Nut/Seed - Ask God to take care of your family and friends.



Fallen leaf - Ask God to take care of your neighbors.



Butterfly - Ask God to use the church to share His love.



Yellow flower - Ask God to bring revival through this time.