

American Hour Record

with Spencer "The Dispenser" Seggebruch

WHO AM I

I am a husband to Paige and a father to Mara Jo (17 mo. old as of June). I grew up in Dixon, Illinois and relocated to St. Louis in 2013 after obtaining my bachelor's degree in Mathematics at SIUE. After graduation I started working at RT Jones, my current employer and a major supporter of my cycling pursuits.

At 20 years old I started as a Category 5 cyclist joining Big Shark here in St. Louis. Fast forward 10 years and now I've been a Category 1 road and track cyclist for 6 years, won a National Championship, represented the USA at international track races and am currently a member of the US National Team and racing for the Chaney Windows and Doors UCI Track Trade Team.

MY GOAL

I am attempting to break the American Hour Record in September of 2023 and want to do it right. The current record is **53.037km** set in 2016 by Tom Zirbel. To do it right requires a significant investment of time and money and all of your support.

WHY

The American Hour Record is something I've admired from afar for several years never expecting to make my own *real* attempt at it but in 2021 a local group put on an outdoor hour record and I took a shot at our local Penrose Park Velodrome. After this I knew I wanted to attempt the real thing and have been preparing myself for this day. However, all of the planning and logistics involved go beyond just me. I now have an opportunity to work with the best in the world to do this right, Anemoi Labs (d/b/a WattShop), the organizers of Filippo Ganna's UCI World Hour Record breaking ride. Based on input from WattShop and my coach, we believe my abilities and strengths are well suited for the demands of this event and that **I can beat the record.**

THE COST

The total estimated cost is ~\$25,000 - \$30,000.

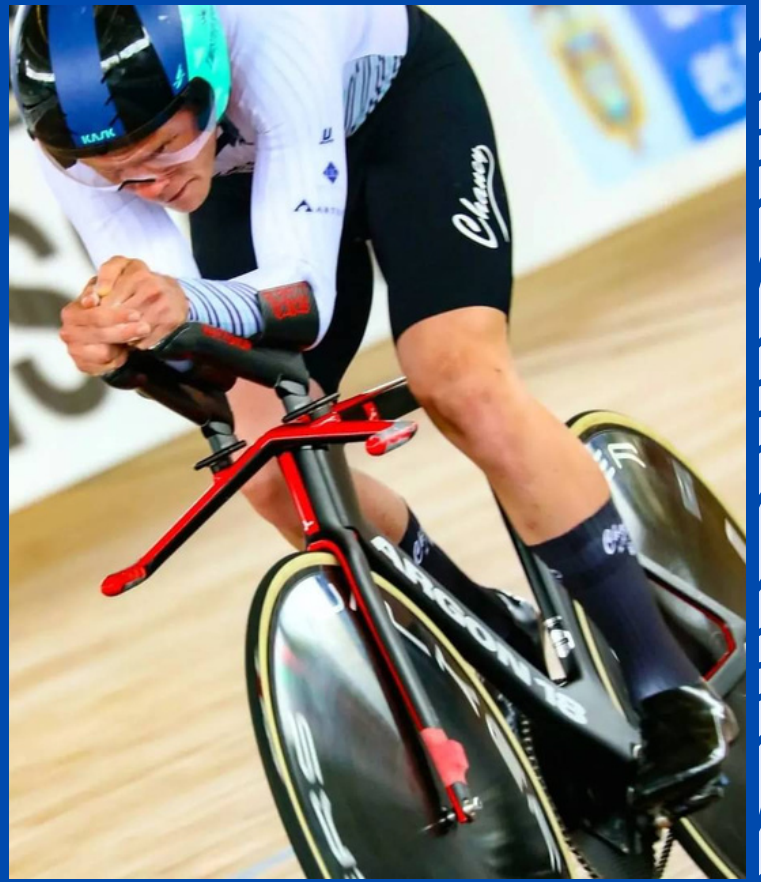
Breakdown of Costs:

Attempt Logistics:	\$8,680
Planning and Testing:	\$4,000 - \$9,000*
Week of Records Support:	\$2,480
Accommodations:	\$3,480
Flights:	\$6,500+
Ground Transportation:	\$500

* Actual cost will depend on testing results and equipment.

RESOURCES

WattShop details [here](#). Join our Facebook Group [here](#). Hour Record history [here](#).



THE ASK

Will you financially support me in my efforts to break the American Hour Record furthering American track cycling and the love of the sport?

Many of you have already supported me in my racing career and for that I am incredibly grateful! Now, I am asking you to join me in this incredible opportunity to break the American Hour Record and continue to push the limits of American track cycling. Your financial support will help cover the costs in the support and planning for the next three months leading up to the record attempt in September.

WattShop is a team that **knows** this event and track cycling and they are taking care of all of the details and logistics so I can focus on my training and the ride. To work with the best requires a significant monetary investment but WattShop, being the best, has taken steps to help mitigate this cost by assembling the infrastructure of the event including commissaires, anti-doping, accommodations and booking the track for a small group of riders each making an attempt for their different home country's record. This allows us to share the overall cost across all riders.

In the next three months I will be traveling to Derby, UK twice for aerodynamic testing and a practice hour record ride and then finally traveling to Grenchen, Switzerland for the official hour record attempt in September.

Sponsor's contributions can be recognized, at your option with a logo design on my jersey and event t-shirts and through social media posts.