SESSION 6

FREE AT LAST - WHY DO I FEEL THE NEED TO JUDGE?

"PEOPLE DON'T DO THINGS FOR MY REASONS, THEY HAVE THEIR OWN."

4 BASIC BEHAVIORAL STYLES

- 1. Direct
- 2. Inspirational
- 3. Steady
- 4. Conscientious

ARMOR OF GOD

- 1. Personal Conduct
- 2. Marriage
- 3. Family
- 4. Employment

ATTRIBUTES TO AVOID JUDGMENTS

- 1. Truth
- 2. Righteousness
- 3. Peace
- 4. Faith
- 5. Salvation
- 6. Word

"YOU DON'T THINK LIKE I THINK, BUT I THINK YOU DO"

"IF YOU CANNOT CONFRONT IN LOVE, DON'T! ASK THESE QUESTIONS:"

Am I doing this just to prove myself right?

Am I simply trying to get in the last word?

Am I trying to win the argument?

Am I trying to get even?

Will the way I am doing this promote peace or conflict?

Will the way I am planning to handle this negatively affect the person's self worth?

"SELF - CONTROL"

Not walking in LOVE causes you to lack self control.

We struggle with self control because of the judgements we release —
we become reactive vs. proactive

"YOU CAN BE KIND AND STILL SAY "NO"