"Guarded" Unstoppable Faith Part 3.

- •There are lessons learned in prison. Often, the prison is where God teaches us to rely on Him instead of ourselves or other things.
- •Paul and Silas found power in the prison. In the time of isolation.
- •V23-24, when they had laid many stripes on them, they threw them into prison, commanding the jailer to keep them securely. Having received such a charge, he put them into the inner prison.
- •The Jailer was commanded to guard Paul. Paul was apparently guarding Paul too. Paul was guarding his heart.
- •Proverbs 4:23, Above all else, guard your heart, for everything you do flows from it.
- •A heart that's not guarded quits.
- •Your heart is under constant attack.
- •Pray always... develop constant communication with God.
- •Learn to rest.... A tired person has a vulnerable heart.
- •Practice Reflection... Reflection helps us remember God did it before and He can do it again.

•Have Godly relationships... don't underestimate the power and influence of others in your life.