# Have fun learning and playing with your preschooler!

First, watch this week's video!

## **Bible Story**

Elijah and the Fire (1 Kings 18)

### **Remember This**

"I trust in God. I am not afraid." Psalm 56:11, NIrV

## Say This

Who can trust God?
I can trust God.

# **Activity**

What Can You Do?

#### What You Need

No supplies needed

#### What You Do

Ask your child to do different movements in different quantities to see what they can do: five bunny hops, four jumping jacks, two spins, three twists, and one frog leap.

Say, "I want to see some of the awesome things that you can do! I will call out something cool for you to do, and you try to do it! I am so excited to see what you can do! First, can you do five bunny hops? (Do activity.) Very cool! You are amazing! Now, try four jumping jacks! (Continue with various movements. Repeat as long as there is interest.)

"Wow! You can do some pretty awesome things! We heard about somebody who did an amazing thing in our Bible story today. Who was it? Yes, God! God lit Elijah's altar on fire even though it was wet, and then everyone knew that God is the one true God!

"God is so powerful! God can do anything. When we remember that God can do anything, it helps us trust God. I can trust God, and you can trust God. Who can you trust? I can trust God."



## **Prayer**

Dear God, You are the one true God, and there is no one else like You. You are powerful and loving and always with us. Thank You for being so awesome! I hope we never, ever, EVER stop trusting You. We love You, God. In Jesus' name, amen.