



Simple Method for Praying Healing

P-Q-R-S-T-U

P – Presenting problem

Q – Clarifying questions

R - Root – where did this originate

S – Sin / Satan / Soul-tie - what needs to be dealt with

T – Truth – where does a lie need to be replaced with truth

U – What next steps do they need to take to move forward



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P-Q-R-S-T-U “Do’s & Don’ts”

P – Presenting problem

- Let them talk, don’t rush them, midwife
- Answer sometimes changes over time
- Don’t let them off the hook – they have responsibility for their life - balance between their needing to tell their story, and their living in a victim mindset.



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Q – Ask Clarifying questions

- How long has this been going on?
- What was it like growing up?
- If Jesus were here now, what would you ask him to do for you?
- Don’t analyze or try and fix or give advice.
- You are a “mid-wife”
- Don’t share your own story



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R- Root - When did this problem originate?

- Ask permission to invite Jesus to reveal to them,
- Tell them what you mean?
- Don't rush - Wait quietly – longer than you expect to
- Pray with your eyes open – watch them – you will know when they are ready to share.
- You listen to – but let them share first - your discernment is only shared to confirm or if they are stuck.



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S – Sin / Satan / Soul-Tie

- Sin – confession or forgiveness - Allow Spirit to convict
- Don’t force them – if they are not ready – let it go...
- Soul-tie – will naturally emerge – explain it to them
- Satan - discern & watch them as they are praying
- Catch all prayer – covers all – but also use your discernment
- If demons resist – ask the person to take authority
- If demons refuse – they have legal grounds - don’t push



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T – Truth to replace the lie

- You may discern the lie – but let them identify it.
- If they aren’t sure – then ask the Lord to reveal
- What does Jesus say? (Lie’s often feel truer than truth)
- Takes time - don’t force it



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U – You take Responsibility

- What are practical steps they need to take to move forward
- Scriptures to highlight that came up in ministry time
- Prepare them for backlash without weirding them out