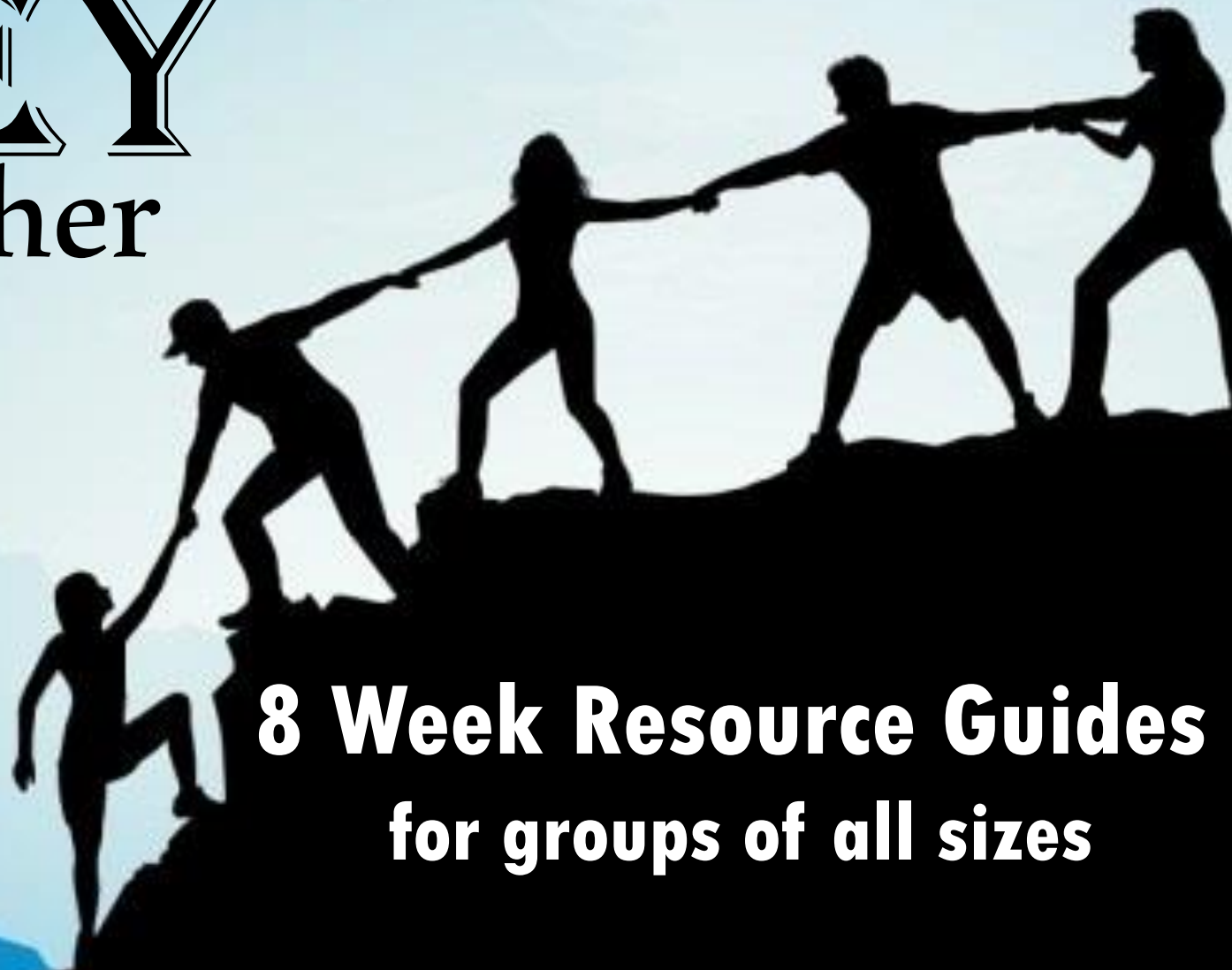


JOURNEY

together



8 Week Resource Guides
for groups of all sizes

Current Series:
“Connection”

Connection

Strengthening our relationships with God and His people

- 1 Connecting with God in Prayer
- 2 Connecting with others in Prayer**
- 3 Connecting with God by Meditating on His Word
- 4 Connecting by Sharing God's Word
- 5 Connecting through Fasting
- 6 Connecting through Confession
- 7 Connecting through Service
- 8 Connecting through Encouragement

Step 1: GET REAL

What are you thankful for from this past week?

What struggles did you face this past week?

What can you share from:

- recent personal Bible reading or thoughts?
- last week's *Get Active* challenge?

Step 2: **GET FED**

What scripture or thought would you like to share on today's topic?

Read Ephesians 6:13-20

Which piece of the armor of God do you most often struggle to put on?

Why is the instruction to pray at all times often overlooked in this passage?

How do we undervalue prayer in today's culture?

Do we pray more often for the physical or spiritual needs of Christians? Why?

Read Ephesians 1:15-20

Who is someone in your spiritual family that you are thankful for?

What can we learn from what Paul prayed for?

Read Luke 22:31-32

What do we learn from Jesus' praying for Peter?

How can we implement this in our lives?

How does prayer help us to connect to one another as Christians?

Step 3: **GET ACTIVE**

Pray for each person in your group this week. Focus on their spiritual walk in your prayer.

Look up one Scripture on next week's topic:

**“Connecting with God by meditating on His Word”
and discuss it with your family members prior to next session**