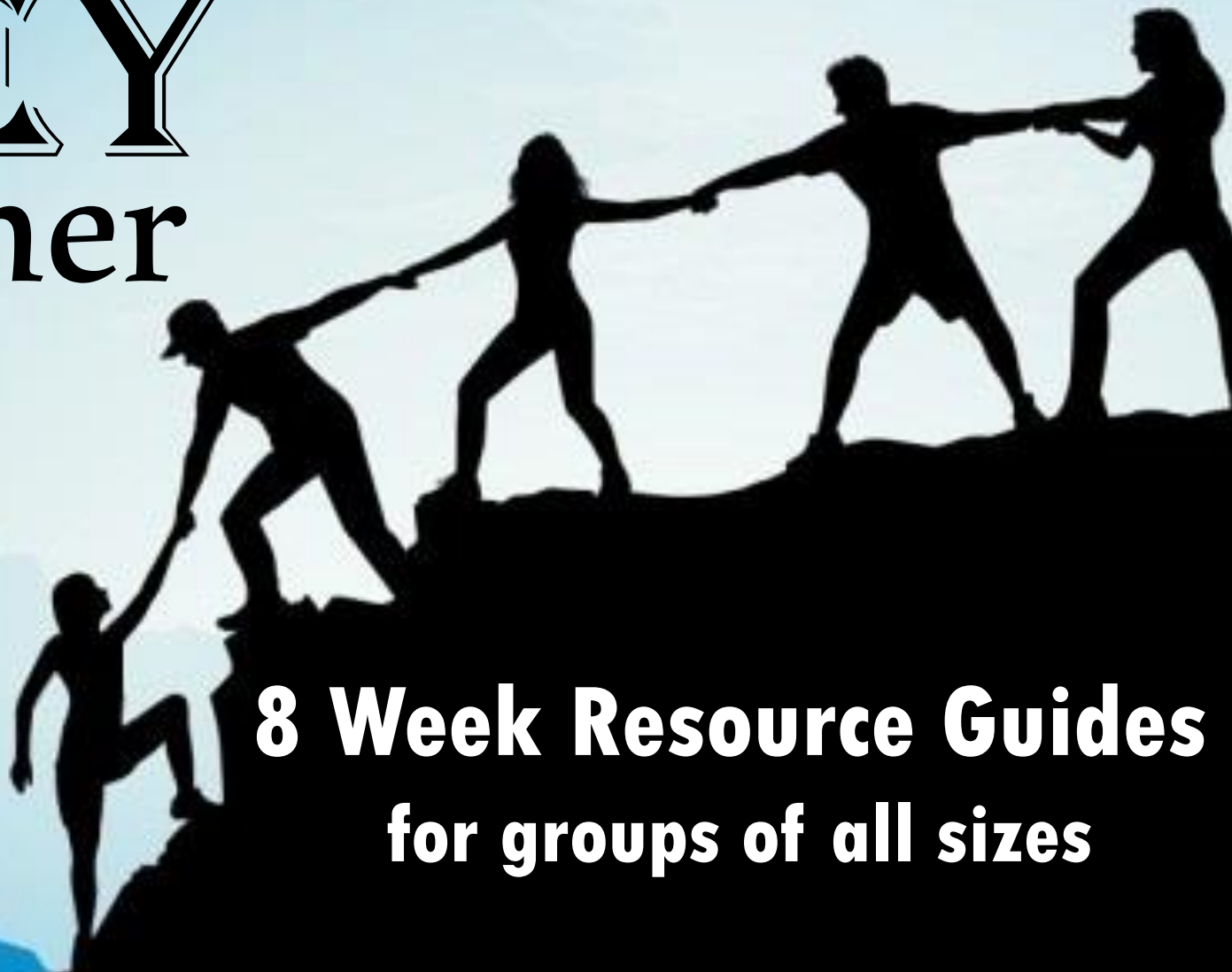


# JOURNEY together



**8 Week Resource Guides  
for groups of all sizes**

**Current Series:**

**“Connection”**

# Connection

*Strengthening our relationships with God and His people*

- 1 Connecting with God in Prayer
- 2 Connecting with others in Prayer
- 3 Connecting with God by Meditating on His Word**
- 4 Connecting by Sharing God's Word
- 5 Connecting through Fasting
- 6 Connecting through Confession
- 7 Connecting through Service
- 8 Connecting through Encouragement

# Step 1: **GET REAL**

**What** are you thankful for from this past week?

**What** struggles did you face this past week?

**What** can you share from:

- recent personal Bible reading or thoughts?
- last week's *Get Active* challenge?

# Step 2: **GET FED**

What scripture or thought would you like to share on today's topic?

## **Read Joshua 1:6-9**

What is the difference between reading God's Word and meditating on it?

Why is meditating on God's Word necessary and how do we go about doing it?

How does being strong and courageous and meditating on God's Word connect?

## **Read Psalm 77:6-15**

How did meditating on God's past actions help the author of this Psalm?

How have you experienced this?

## **Read Psalm 1:1-6**

What do you delight in?

Which comes first: delighting in God's Word or meditating on it?

What metaphor is used for the one who meditates on God's law and how is it true?

# Step 3: **GET ACTIVE**

**Choose one truth from Scripture and meditate on it daily throughout the week.**

**Look up one Scripture on next week's topic:**

**“Connecting by Sharing God's Word”**

**and discuss it with your family members prior to next session**