

**Together**  
Communion  
10/15/2023

**Icebreaker**

Which national holidays are based on remembering an event or people? —OR—  
What is the worst birthday or anniversary you have ever forgotten?

**Step 1 - GET REAL**

What are you thankful for from the past week?  
What struggles did you face?  
What can you share from your personal Bible reading?  
Where did you see God in your daily life?

**Step 2: GET FED**

**Scripture**

**Discussion Questions**

*Matthew 26:26-29 (ESV)* <sup>26</sup> Now as they were eating, Jesus took bread, and after blessing it broke it and gave it to the disciples, and said, “Take, eat; this is my body.” <sup>27</sup> And he took a cup, and when he had given thanks he gave it to them, saying, “Drink of it, all of you, <sup>28</sup> for this is my blood of the covenant, which is poured out for many for the forgiveness of sins. <sup>29</sup> I tell you I will not drink again of this fruit of the vine until that day when I drink it new with you in my Father’s kingdom.”

*Luke 22:14-20 (ESV)* <sup>14</sup> And when the hour came, he reclined at table, and the apostles with him. <sup>15</sup> And he said to them, “I have earnestly desired to eat this Passover with you before I suffer. <sup>16</sup> For I tell you I will not eat it until it is fulfilled in the kingdom of God.” <sup>17</sup> And he took a cup, and when he had given thanks he said, “Take this, and divide it among yourselves. <sup>18</sup> For I tell you that from now on I will not drink of the fruit of the vine until the kingdom of God comes.” <sup>19</sup> And he took bread, and when he had given thanks, he broke it and gave it to them, saying, “This is my body, which is given for you. Do this in remembrance of me.” <sup>20</sup> And likewise the cup after they had eaten, saying, “This cup that is poured out for you is the new covenant in my blood.”

*Acts 2:42 (ESV)* <sup>42</sup> And they devoted themselves to the apostles’ teaching and the fellowship, to the breaking of bread and the prayers.

*1 Corinthians 10:16-17 (ESV)* <sup>16</sup> The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? <sup>17</sup> Because there is one bread, we who are many are one body, for we all partake of the one bread.

*1 Corinthians 11:23-29 (ESV)* <sup>23</sup> For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, <sup>24</sup> and when he had given thanks, he broke it, and said, “This is my body which is for you. Do this in remembrance of me.” <sup>25</sup> In the same way also he took the cup, after supper, saying, “This cup is the new covenant in my

blood. Do this, as often as you drink it, in remembrance of me.”<sup>26</sup> For as often as you eat this bread and drink the cup, you proclaim the Lord’s death until he comes.<sup>27</sup> Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord.<sup>28</sup> Let a person examine himself, then, and so eat of the bread and drink of the cup.<sup>29</sup> For anyone who eats and drinks without discerning the body eats and drinks judgment on himself.

**Acts 20:7-11 (ESV)**<sup>7</sup> On the first day of the week, when we were gathered together to break bread, Paul talked with them, intending to depart on the next day, and he prolonged his speech until midnight.<sup>8</sup> There were many lamps in the upper room where we were gathered.<sup>9</sup> And a young man named Eutychus, sitting at the window, sank into a deep sleep as Paul talked still longer. And being overcome by sleep, he fell down from the third story and was taken up dead.<sup>10</sup> But Paul went down and bent over him, and taking him in his arms, said, “Do not be alarmed, for his life is in him.”<sup>11</sup> And when Paul had gone up and had broken bread and eaten, he conversed with them a long while, until daybreak, and so departed.

## **Discussion**

What do the bread and the fruit of the vine represent? (Matt 26:26-28; Luke 22:19-20)

Why was Christ’s blood poured out for us? (Matt 26:28)

Why would God institute this event? What is its significance?

How quickly after the church was established did it begin breaking bread together? (Acts 2:42)

Why do you think this happened so quickly? Why was it so important to them? How much do you think this added to the unity and fellowship of the church?

What are we doing when we partake of the bread and the cup? (1 Cor 10:16)

What does one bread indicate? (1 Cor 10:17) What significance does this hold for us as a church?

What are we to remember as we partake of the bread and the cup? (2 Cor 11:24, 25)

What do we proclaim when we partake? (2 Cor 11:26) To whom do we proclaim it? Why is it important to proclaim this?

What are we to discern as we eat and drink? (2 Cor 11:29) What if we don’t discern this as we partake?

What do we learn in this example of breaking bread (Acts 20:7-11) about the practice of the early church? Why is our weekly sharing of the Lord’s Supper together as a church so important?

Thinking about how I observe the Lord’s supper. Do I concentrate on the Lord’s death as I participate? Do I feel communion with other Christians as I participate? How often are we reminded of our communion with other Christians as we participate?

## **Step 3: GET ACTIVE**

As we partake this week, deeply concentrate on the sacrifice of Christ, discerning the body.

As we partake, concentrate on the communion we have with each other through the sacrifice of Christ.