

JOURNEY

together



**Disciples
growing together
in small groups**



Jesus in His own Words

Session 1 – Before Abraham was, I am

Session 2 – I am the Light of the World

Session 3 – I am the Bread of Life

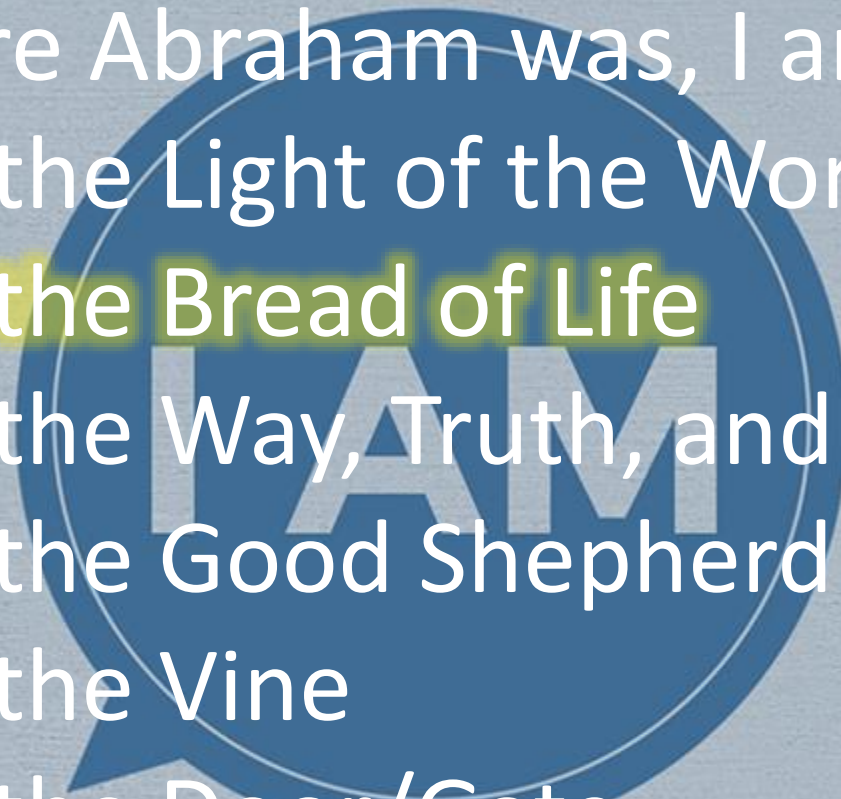
Session 4 – I am the Way, Truth, and Life

Session 5 – I am the Good Shepherd

Session 6 – I am the Vine

Session 7 – I am the Door/Gate

Session 8 – I am the Resurrection & Life



Step 1: GET REAL

What are you thankful for from the past week?

What struggles did you face?

What can you share from your personal Bible reading?

Where did you see God in your daily life?

If you had to choose one meal to eat everyday for the rest of your life, what would it be?

Do you prefer white or wheat bread, why?

Step 2: GET FED

John 6:25-27

According to Jesus, why were the people looking for Him?

From what perspective are the people looking?

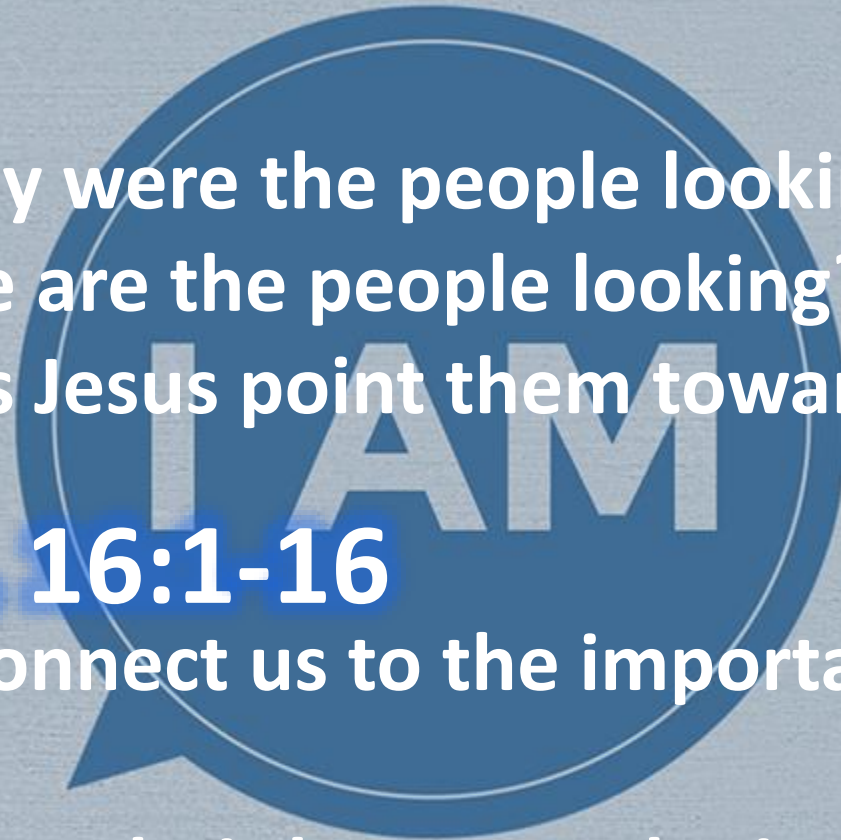
What perspective does Jesus point them toward?

Exodus 12:12-21, 16:1-16

How does Exodus 12 connect us to the importance of bread to the Jewish people?

How does bread connect their hearts and minds to God?

Based on Exodus 16, describe how God sustained the nation of Israel and quieted their grumbling.



Step 2: GET FED

John 6:28-34

Discuss Jesus' response to the people's inquiry.

Explain the similarities in attitude toward Moses and God.

Why do you think the bread and Passover connection is significant?

How do you relate to the people in these verses and their desire to "do the works God requires," rather than accept the love and grace through Jesus that God is offering?

John 6:35-40

Briefly describe Jesus' response in your own words.

Explain the significance of the statement "I am the Bread of Life."

How do you think this is a pivotal statement for Jesus & His audience?

Step 2: GET FED

John 6:41-59

How do you think Jesus is connecting Himself to the manna that came to Israel in Exodus 16? Compare and contrast Jesus to this manna.

Into what kind of life is Jesus inviting us?

Why do you think the Jews grumbled so vehemently against the message Jesus was teaching?

Why do you think His message is so difficult to accept for some today?

Share how you have experienced both physical (manna) and spiritual (Jesus) provision from God.

How can you share your experience with others so that they would share in God's provision for their lives?



I AM

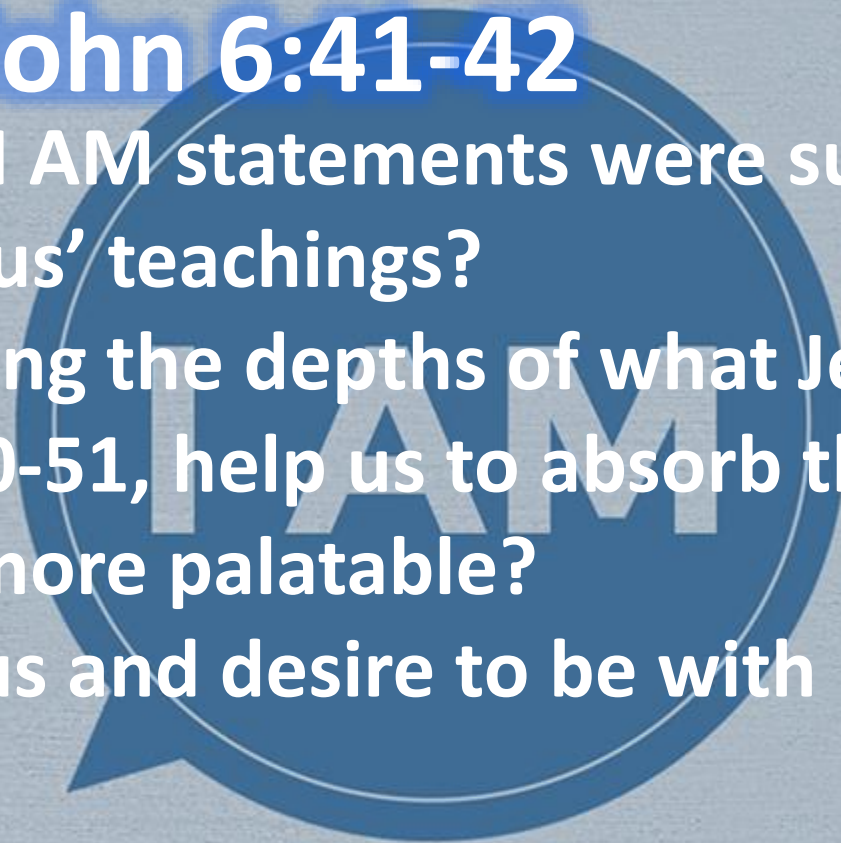
Step 2: GET FED / dig deeper

Exodus 3:13-15, John 6:41-42

Why do you think the I AM statements were such a huge deal to the people listening to Jesus' teachings?

How does understanding the depths of what Jesus is talking about, especially John 6:40,50-51, help us to absorb the impact of this teaching and make it more palatable?

How is God's love for us and desire to be with us really evident in these verses?



Step 2: GET FED / dig deeper

Luke 22:19-20

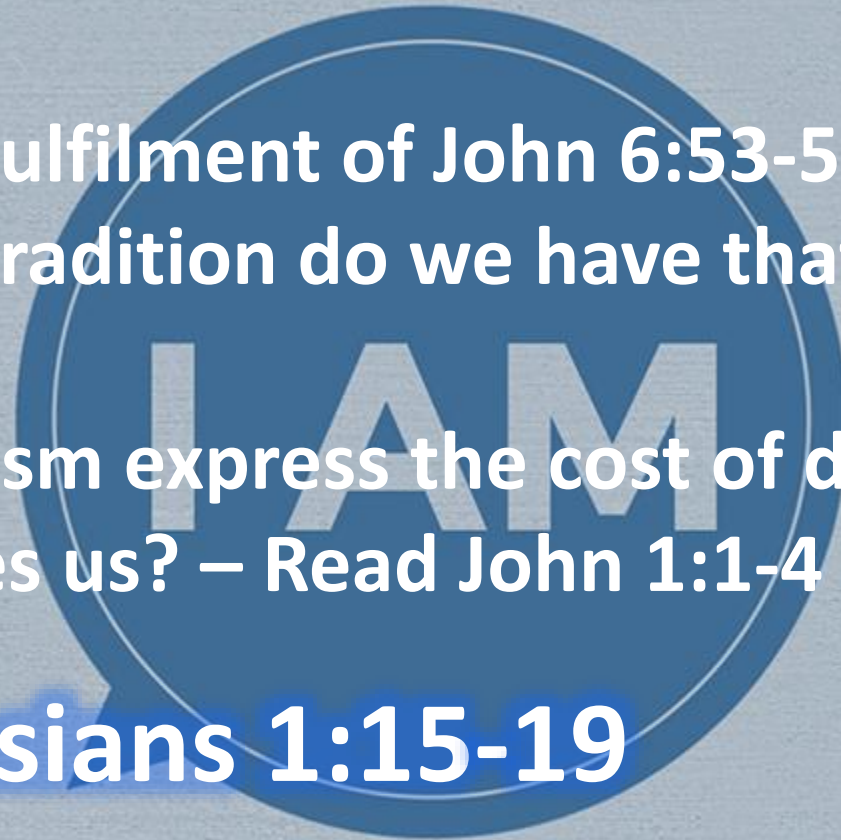
How is this passage a fulfilment of John 6:53-55?

What symbolism and tradition do we have that reminds us of Jesus as the Bread of Life?

How does this symbolism express the cost of discipleship and remind us how much God loves us? – Read John 1:1-4 & Colossians 1:15-19

John 1:1-4, Colossians 1:15-19

Share how these passages give you further insight into Jesus' divine power.



Step 3: GET ACTIVE

Break Bread with someone and ask God to be present.

On your own this week, we ask you to break bread with someone. Breaking bread is a term used when referring to having a meal. This week, we want to encourage you to share a meal with someone in your Small Group, office, class, or neighborhood for a chance to build a stronger relationship with them. Food has always been a connector for families and friends. It gives people a good chance to stop their busyness and relax over a fine cooked meal and have a good conversation with someone who is close to you, or that you haven't had the chance to get to know yet. Choose your favorite restaurant, or maybe one that you haven't tried yet, but have always wanted to. Pray for God to be present in your conversation and enjoy your time with Him and your friend!