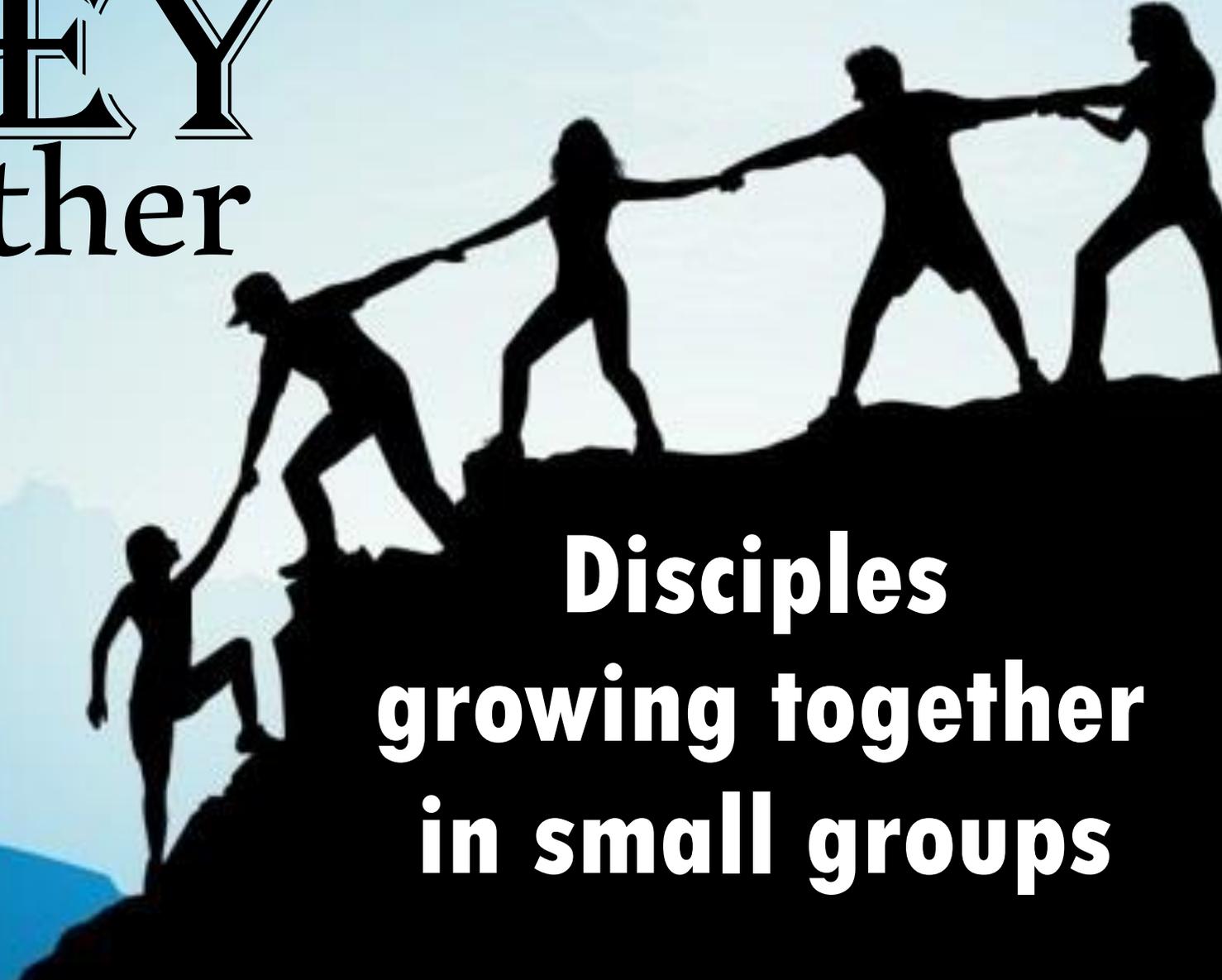


# JOURNEY together

**Current Series:**  
**Take Heart**



**Disciples  
growing together  
in small groups**

In the face of so many trials, Jesus calls us to  
“take heart” and remember the hope we have in Him.



# 1. What is robbing you?

What are we allowing to take away the hope, joy, and peace that God has provided us.

# 2. God is in Control.

Remembering God is in control helps us not to be overcome by stress and fear.

# 3. God understands you.

God became flesh. He was tempted as we are. He knows us better than we know ourselves.

# 4. God lives within you.

God is with us everywhere we go empowering us to accomplish what He has prepared for us in advance.

# 5. Satan is defeated.

The enemy seeks to convince us we are unwanted, defeated, and shameful. We must resist him, recognizing he has been defeated.

# 6. Faith in God brings hope.

We cannot have hope without a strong faith. God is faithful, trust in Him and be filled with hope.

# 7. Peace in the storm.

How can we experience peace during times of hardship, trial, or chaos.

# 8. Looking Forward.

The promise of eternity in Heaven fills us with joy and helps us endure.

# 9. Staying connected.

Relationship matters. Prayer, active faith, and fellowship with Christians help us to not lose heart.

# 10. Experiencing renewal.

While the world reminds us of our failures, God blots out our sins and offers the opportunity for new beginnings.



# Step 1: GET REAL



**What** are you thankful for from the past week?

**What** struggles did you face?

**What** can you share from your personal Bible reading?

**Where** did you see God in your daily life?

# Step 2: GET FED

***Phil. 3:13-14, 20-21; Matt. 5:11-12; 6:19-21; 1 Peter 1:3-4***

What motivated Paul to press on toward the goal?

What happens to the bodies of heaven's citizens who are faithful to the end?

Why should we rejoice when we are persecuted for our commitment to follow Jesus?

Why is it important to store our treasures in heaven and not on earth?

***Ecc. 5:15; 1 Tim. 6:7-8, 17-19; 2 Cor. 4:16-18***

How much stuff did we bring with us when we entered the world? How much are we leaving with?

How is it possible to live a contented life with only food and "covering" (i.e., clothes and shelter)? (Phil. 4:12)

How does one go about laying up treasure in heaven?

Though physically we may be deteriorating, what is happening to the faithful each and everyday?

***Rev. 7:15-17; John 14:1-3; Heb. 12:1-3; 2 Tim. 4:7-8***

How does the prospect of God wiping away every tear from your eyes sound to you?

How does the prospect of Jesus giving you a room in his Father's house sound to you?

Why do we need to consider the opposition and struggles which Jesus endured?

Having finished his race, what was Paul looking forward to receiving?

# Step 3: GET ACTIVE

Deposit some of your treasure in heaven this week by doing some good deeds, or by generously sharing with someone in need. . . .

*Really, do this.*