JOURNEY together

Current Series: 1 Thessalonians

8 Week Resource Guides for disciples growing together in small groups



Step 1: GETREAL

What are you thankful for from this past week? What struggles did you face this past week?

What can you share from recent personal Bible reading or thoughts?

Step 2: GET FED

READ 1 THESSALONIANS 5:12-15; MATTHEW 5:9

- WHAT STANDS OUT TO YOU PERSONALLY FROM 1 THESSALONIANS 5:12-15
- WHAT SPECIFICALLY DOES 1 THESS 5:12-13 SAY ABOUT HOW WE SHOULD TREAT WORKERS IN THE CHURCH AND THOSE WHO "CARE FOR YOU IN THE LORD?" (V12)
- HOW CAN WE PRACTICALLY CARRY OUT WHAT THESE 1 THESSALONIANS 5:12-13 TELL US TO DO?
- THE END OF VERSE 13 SAYS, "LIVE IN PEACE WITH EACH OTHER." WHAT DO YOU BELIEVE MAKES IT A CHALLENGE TO FOLLOW THIS COMMAND TODAY?
- WHAT CAN WE DO AS INDIVIDUALS TO BOTH LIVE IN PEACE WITH OTHER, AND PROMOTE PEACE BETWEEN OTHERS?
- WHAT DO YOU BELIEVE ARE THE BEST WAYS TO "WARN THOSE WHO ARE IDLE AND DISRUPTIVE," "ENCOURAGE THE DISHEARTENED," AND "HELP THE WEAK?" (V14)
- IN WHAT KIND OF SITUATIONS DO YOU FIND IT HARDEST TO "BE PATIENT WITH EVERYONE?"

READ 1 THESSALONIANS 5:16-28;

- HOW CAN WE TRULY "REJOICE ALWAYS, PRAY CONTINUALLY, GIVE THANKS IN ALL CIRCUMSTANCES?"
- HOW DO THE THREE THINGS MENTIONED IN THE PREVIOUS QUESTION AFFECT ONE ANOTHER AS WE TRY TO LIVE THEM OUT?
- WHAT DO YOU BELIEVE IT MEANS TO "QUENCH THE SPIRIT?" (V19)
- HOW DOES "GOD HIMSELF," "SANCTIFY YOU THROUGH AND THROUGH?" (V23)
- PAUL BOTH ASKED FOR PRAYERS, (V25) AND TOLD OTHERS THAT HE WAS PRAYING FOR THEM. WHAT CAN YOUR GROUP BE PRAYING FOR YOU ABOUT?
- HOW IMPORTANT ARE OUR GREETINGS TO ONE IN THE CHURCH TODAY? (V26)

Step 3: GET ACTIVE

SHARE HOW YOU ARE BEING MADE HOLY

READ: 1 THESSALONIANS 5:25

ASK FOR PRAYERS AND ASK TO PRAY FOR OTHERS (1) IN YOUR CONVERSATIONS THIS WEEK LOOK FOR OPPORTUNITIES TO ASK OTHERS HOW YOU CAN PRAY FOR THEM AND BE OPEN TO ASKING THEM TO PRAY FOR YOU.