



REDEEMER

ORANGE COUNTY

{ *men's retreat 2023* }



# Welcome

Gentlemen,

Welcome to the 2023 Redeemer Men's Retreat!

We are privileged to have Rev. Russ Whitfield as our guest speaker for the weekend. He is the Lead Pastor of Grace Mosaic (PCA) in Washington, DC, as well as the Assistant Coordinator of Cross Cultural Advancement for RUF, and a Guest Lecturer in Homiletics at Reformed Theological Seminary. He and his wife, Vanessa, are raising four fun-loving children.

This weekend he will be teaching on the topic of the Holy Spirit. We will learn how we are to keep in step with the Spirit, live in the power of the Spirit, live in submission to the Spirit, and conclude with the wonder of living in the freedom of the Spirit.

Beyond being encouraged by Pastor Whitfield's talks and Sunday sermon, take the weekend to deepen your common life of prayer with our Morning and Evening Word & Prayer gatherings, enjoy the beautiful setting that we are in, have fun together during our team activities, strengthen your friendships with new and old friends, and get a nap in where you can.

Thank you for joining us for the 2023 Redeemer Men's Retreat!

Peace,  
Pastor Adam Feichtmann



REDEEMER  
ORANGE COUNTY

*Men's Retreat* : MARCH 10TH - 12TH, 2023

## Schedule

### FRIDAY

5:30pm	Arrival at Campus by the Sea
6:15pm	Evening Word & Prayer* - Crow's Nest
6:45pm	Dinner – Lighthouse Dining Room
8:15pm	Session 1 - Crow's Nest
9:15pm	Bonfire, S'mores, & Trivia Night – Firepit & Crow's Nest

### SATURDAY

7:30am	Morning Word & Prayer* - Crow's Nest
8:00am	Breakfast – Lighthouse Dining Room
8:45am	Session 2 - Crow's Nest
10:00am	Team & Free Activities
12:30pm	Lunch – Lighthouse Dining Room
1:30pm	Team & Free Activities
4:45pm	Evening Word & Prayer* - Crow's Nest
5:00pm	Session 3 - Crow's Nest
6:30pm	Dinner – Lighthouse Dining Room
7:30pm	Late Night Offerings – Crow's Nest

### SUNDAY

8:00am	Breakfast – Lighthouse Dining Room
10:00am	Session 4 / Worship Service - Crow's Nest
11:30am	Ferry Departs (Sack lunches provided)
1:00pm	Arrival in Long Beach

\*Morning & Evening Word & Prayer is optional and will follow a liturgy of prayers and scripture readings.

# Evening Word and Prayer

Friday, March 10th

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## Cleansing

### CONFESSION OF SIN

**Have mercy on me, O God, according to your unfailing love; According to your great compassion blot out my transgressions. Wash away all my iniquity and cleanse me from my sin. Surely you desire truth in the inner parts; you teach me wisdom in the inmost place. Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit to sustain me. Amen.**

*(Pause for a time of silent confession)*

### ASSURANCE OF PARDON

May the Almighty and merciful Lord grant us absolution and remission of all our sins, true repentance, amendment of life, and the grace and consolation of His Holy Spirit. *Amen.*

## Constitution

### EVENING PSALM – PSALM 16

Preserve me, O God, for in you I take refuge.

**I say to the LORD, “You are my Lord; I have no good apart from you.”**

As for the saints in the land, they are the excellent ones, in whom is all my delight.

**The sorrows of those who run after another god shall multiply; their drink offerings of blood I will not pour out or take their names on my lips.**

The LORD is my chosen portion and my cup; you hold my lot.

**The lines have fallen for me in pleasant places; indeed, I have a beautiful inheritance.**

I bless the LORD who gives me counsel; in the night also my heart instructs me.

**I have set the LORD always before me; because he is at my right hand, I shall not be shaken.**

Therefore my heart is glad, and my whole being rejoices; my flesh also dwells secure.

**For you will not abandon my soul to Sheol, or let your holy one see corruption.**

You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.

**Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen**

## OLD TESTAMENT READING

*Deuteronomy 26:1-19*

<sup>1</sup> “When you come into the land that the LORD your God is giving you for an inheritance and have taken possession of it and live in it, <sup>2</sup> you shall take some of the first of all the fruit of the ground, which you harvest from your land that the LORD your God is giving you, and you shall put it in a basket, and you shall go to the place that the LORD your God will choose, to make his name to dwell there. <sup>3</sup> And you shall go to the priest who is in office at that time and say to him, ‘I declare today to the LORD your God that I have come into the land that the LORD swore to our fathers to give us.’ <sup>4</sup> Then the priest shall take the basket from your hand and set it down before the altar of the LORD your God.

<sup>5</sup> “And you shall make response before the LORD your God, ‘A wandering Aramean was my father. And he went down into Egypt and sojourned there, few in number, and there he became a nation, great, mighty, and populous. <sup>6</sup> And the Egyptians treated us harshly and humiliated us and laid on us hard labor. <sup>7</sup> Then we cried to the LORD, the God of our fathers, and the LORD heard our voice and saw our affliction, our toil, and our oppression. <sup>8</sup> And the LORD brought us out of Egypt with a mighty hand and an outstretched arm, with great deeds of terror, with signs and wonders. <sup>9</sup> And he brought us into this place and gave us this land, a land flowing with milk and honey. <sup>10</sup> And behold, now I bring the first of the fruit of the ground, which you, O LORD, have given me.’ And you shall set it down before the LORD your God and worship before the LORD your God. <sup>11</sup> And you shall rejoice in all the good that the LORD your God has given to you and to your house, you, and the Levite, and the sojourner who is among you.

<sup>12</sup> “When you have finished paying all the tithe of your produce in the third year, which is the year of tithing, giving it to the Levite, the sojourner, the fatherless, and the widow, so that they may eat within your towns and be filled, <sup>13</sup> then you shall say before the LORD your God, ‘I have removed the sacred portion out of my house, and moreover, I have given it to the Levite, the sojourner, the fatherless, and the widow, according to all your commandment that you have commanded me. I have not transgressed any of your commandments, nor have I forgotten them. <sup>14</sup> I have not eaten of the tithe while I was mourning, or removed any of it while I was unclean, or offered any of it to the dead. I have obeyed the voice of the LORD my God. I have done according to all that you have commanded me. <sup>15</sup> Look down from your holy habitation, from heaven, and bless your people Israel and the ground that you have given us, as you swore to our fathers, a land flowing with milk and honey.’

<sup>16</sup> “This day the LORD your God commands you to do these statutes and rules. You shall therefore be careful to do them with all your heart and with all your soul. <sup>17</sup> You have declared today that the LORD is your God, and that you will walk in his ways, and keep his statutes and his commandments and his rules, and will obey his voice. <sup>18</sup> And the LORD has declared today that you are a people for his treasured possession, as he has promised you, and that you are to keep all his commandments, <sup>19</sup> and that he will set you in praise and in fame and in honor high above all nations that he has made, and that you shall be a people holy to the LORD your God, as he promised.”

Reader: The Word of the Lord.

**People: Thanks be to God**

## Communion

*Quiet your body and mind, be attuned to your breathing and review (read) your day.*

*Mediate on your highs and lows.*

*Pray to God... Prayers of thanksgiving and prayers petition, for yourself, others, our church, our neighbors, and the world.*

*Contemplate on God's nearness and rest in Christ.*

### PRAY THE GENERAL THANKSGIVING

**Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up ourselves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. *Amen.***

# SESSION 1

Friday, March 10th

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TALK

REV. RUSS WHITFIELD

*Keeping In Step With the Spirit*

## REFLECTION QUOTES

“What does the Spirit do? His works are ineffable in majesty, and innumerable in quantity. How can we even ponder what extends beyond the ages? What did He do before creation began? How great are the graces He showered on creation? What power will He wield in the age to come? He existed; He pre-existed; He co-existed with the Father and the Son before the ages. Even if you can imagine anything beyond the ages, you will discover that the Spirit is even further before.”

- *St. Basil the Great*

“God does not bestow his Spirit on his people in order to set aside the use of his Word, but rather to render it fruitful.”

- *John Calvin*

## NEW TESTAMENT READING

*Galatians 5:16-25*

<sup>16</sup> But I say, walk by the Spirit, and you will not gratify the desires of the flesh. <sup>17</sup> For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. <sup>18</sup> But if you are led by the Spirit, you are not under the law. <sup>19</sup> Now the works of the flesh are evident: sexual immorality, impurity, sensuality, <sup>20</sup> idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, <sup>21</sup> envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. <sup>22</sup> But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness, self-control; against such things there is no law. <sup>24</sup> And those who belong to Christ Jesus have crucified the flesh with its passions and desires.

<sup>25</sup> If we live by the Spirit, let us also keep in step with the Spirit. <sup>26</sup> Let us not become conceited, provoking one another, envying one another.

Reader: The Word of the Lord.

**People: Thanks be to God**

# Morning Word and Prayer

*Saturday, March 11th*

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## Calling

O Lord, open our lips.

**And our mouth shall proclaim Your praise.**

**Glory to the Father, and to the Son, and to the Holy Spirit:**

**as it was in the beginning, is now and will be forever. Amen. Alleluia!**

The Lord hath manifested forth his glory:

**O come, let us adore him.**

## Constitution

### MORNING PSALM – PSALM 33

Shout for joy in the LORD, O you righteous! Praise befits the upright.

**Give thanks to the LORD with the lyre; make melody to him with the harp of ten strings!**

Sing to him a new song; play skillfully on the strings, with loud shouts.

**For the word of the LORD is upright, and all his work is done in faithfulness.**

He loves righteousness and justice; the earth is full of the steadfast love of the LORD.

**By the word of the LORD the heavens were made, and by the breath of his mouth all their host.**

He gathers the waters of the sea as a heap; he puts the deeps in storehouses.

**Let all the earth fear the LORD; let all the inhabitants of the world stand in awe of him!**

For he spoke, and it came to be; he commanded, and it stood firm.

**The LORD brings the counsel of the nations to nothing; he frustrates the plans of the peoples.**

The counsel of the LORD stands forever, the plans of his heart to all generations.

**Blessed is the nation whose God is the LORD, the people whom he has chosen as his heritage!**

The LORD looks down from heaven; he sees all the children of man;

**from where he sits enthroned he looks out on all the inhabitants of the earth,**

he who fashions the hearts of them all and observes all their deeds.

**The king is not saved by his great army; a warrior is not delivered by his great strength.**

The war horse is a false hope for salvation, and by its great might it cannot rescue.

**Behold, the eye of the LORD is on those who fear him, on those who hope in his steadfast love,**

that he may deliver their soul from death and keep them alive in famine.

**Our soul waits for the LORD; he is our help and our shield.**

For our heart is glad in him, because we trust in his holy name.

**Let your steadfast love, O LORD, be upon us, even as we hope in you.**

**Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen**

## OLD TESTAMENT READING

*Deuteronomy 27:1 - 30:20*

<sup>1</sup> Now Moses and the elders of Israel commanded the people, saying, "Keep the whole commandment that I command you today. <sup>2</sup> And on the day you cross over the Jordan to the land that the LORD your God is giving you, you shall set up large stones and plaster them with plaster. <sup>3</sup> And you shall write on them all the words of this law, when you cross over to enter the land that the LORD your God is giving you, a land flowing with milk and honey, as the LORD, the God of your fathers, has promised you. <sup>4</sup> And when you have crossed over the Jordan, you shall set up these stones, concerning which I command you today, on Mount Ebal, and you shall plaster them with plaster. <sup>5</sup> And there you shall build an altar to the LORD your God, an altar of stones. You shall wield no iron tool on them; <sup>6</sup> you shall build an altar to the LORD your God of uncut stones. And you shall offer burnt offerings on it to the LORD your God, <sup>7</sup> and you shall sacrifice peace offerings and shall eat there, and you shall rejoice before the LORD your God. <sup>8</sup> And you shall write on the stones all the words of this law very plainly."

<sup>9</sup> Then Moses and the Levitical priests said to all Israel, "Keep silence and hear, O Israel: this day you have become the people of the LORD your God. <sup>10</sup> You shall therefore obey the voice of the LORD your God, keeping his commandments and his statutes, which I command you today."

<sup>11</sup> That day Moses charged the people, saying, <sup>12</sup> "When you have crossed over the Jordan, these shall stand on Mount Gerizim to bless the people: Simeon, Levi, Judah, Issachar, Joseph, and Benjamin. <sup>13</sup> And these shall stand on Mount Ebal for the curse: Reuben, Gad, Asher, Zebulun, Dan, and Naphtali. <sup>14</sup> And the Levites shall declare to all the men of Israel in a loud voice:

<sup>15</sup> "Cursed be the man who makes a carved or cast metal image, an abomination to the LORD, a thing made by the hands of a craftsman, and sets it up in secret.' And all the people shall answer and say, 'Amen.'

<sup>16</sup> "Cursed be anyone who dishonors his father or his mother.' And all the people shall say, 'Amen.'

<sup>17</sup> "Cursed be anyone who moves his neighbor's landmark.' And all the people shall say, 'Amen.'

<sup>18</sup> "Cursed be anyone who misleads a blind man on the road.' And all the people shall say, 'Amen.'

<sup>19</sup> "Cursed be anyone who perverts the justice due to the sojourner, the fatherless, and the widow.' And all the people shall say, 'Amen.'

<sup>20</sup> "Cursed be anyone who lies with his father's wife, because he has uncovered his father's nakedness.' And all the people shall say, 'Amen.'

<sup>21</sup> "Cursed be anyone who lies with any kind of animal.' And all the people shall say, 'Amen.'

<sup>22</sup> "Cursed be anyone who lies with his sister, whether the daughter of his father or the daughter of his mother.' And all the people shall say, 'Amen.'

<sup>23</sup> "Cursed be anyone who lies with his mother-in-law.' And all the people shall say, 'Amen.'

<sup>24</sup> "Cursed be anyone who strikes down his neighbor in secret.' And all the people shall say, 'Amen.'

<sup>25</sup> "Cursed be anyone who takes a bribe to shed innocent blood.' And all the people shall say, 'Amen.'

<sup>26</sup> "Cursed be anyone who does not confirm the words of this law by doing them.' And all the people shall say, 'Amen.'

<sup>1</sup> "And if you faithfully obey the voice of the LORD your God, being careful to do all his commandments that I command you today, the LORD your God will set you high above all the nations of the earth. <sup>2</sup> And all these blessings shall come upon you and overtake you, if you obey the voice of the LORD your God. <sup>3</sup> Blessed shall you be in the city, and blessed shall you be in the field. <sup>4</sup> Blessed shall be the fruit of your womb and the fruit of your ground and the fruit of your cattle, the increase of your herds and the young of your flock. <sup>5</sup> Blessed shall be your basket and your kneading bowl. <sup>6</sup> Blessed shall you be when you come in, and blessed shall you be when you go out.

<sup>7</sup> "The LORD will cause your enemies who rise against you to be defeated before you. They shall come out against you one way and flee before you seven ways. <sup>8</sup> The LORD will command the blessing on you in your barns and in all that you undertake. And he will bless you in the land that the LORD your God is giving you. <sup>9</sup> The LORD will establish you as a people holy to himself, as he has sworn to you, if you keep the commandments of the LORD your God and walk in his ways. <sup>10</sup> And all the peoples of the earth shall see that you are called by the name of the LORD, and they shall be afraid of you. <sup>11</sup> And the LORD will make you abound in prosperity, in the fruit of your womb and in the fruit of your livestock and in the fruit of your ground, within the land that the LORD swore to your fathers to give you. <sup>12</sup> The LORD will open to you his good treasury, the heavens, to give the rain to your land in its season and to bless all the work of your hands. And you shall lend to many nations, but you shall not borrow. <sup>13</sup> And the LORD will make you the head and not the tail, and you shall only go up and not down, if you obey the commandments of the LORD your God, which I command you today, being careful to do them, <sup>14</sup> and if you do not turn aside from any of the words that I command you today, to the right hand or to the left, to go after other gods to serve them.

<sup>15</sup> "But if you will not obey the voice of the LORD your God or be careful to do all his commandments and his statutes that I command you today, then all these curses shall come upon you and overtake you. <sup>16</sup> Cursed shall you be in the city, and cursed shall you be in the field. <sup>17</sup> Cursed shall be your basket and your kneading bowl. <sup>18</sup> Cursed shall be the fruit of your womb and the fruit of your ground, the increase of your herds and the young of your flock. <sup>19</sup> Cursed shall you be when you come in, and cursed shall you be when you go out.

<sup>20</sup> "The LORD will send on you curses, confusion, and frustration in all that you undertake to do, until you are destroyed and perish quickly on account of the evil of your deeds, because you have forsaken me. <sup>21</sup> The LORD will make the pestilence stick to you until he has consumed you off the land that you are entering to take possession of it. <sup>22</sup> The LORD will strike you with wasting disease and with fever, inflammation and fiery heat, and with drought and with blight and with mildew. They shall pursue you until you perish. <sup>23</sup> And the heavens over your head shall be bronze, and the earth under you shall be iron. <sup>24</sup> The LORD will make the rain of your land powder. From heaven dust shall come down on you until you are destroyed.

<sup>25</sup> "The LORD will cause you to be defeated before your enemies. You shall go out one way against them and flee seven ways before them. And you shall be a horror to all the kingdoms of the earth. <sup>26</sup> And your dead body shall be food for all birds of the air and for the beasts of the earth, and there shall be no one to frighten them away. <sup>27</sup> The LORD will strike you with the boils of Egypt, and with tumors and scabs and itch, of which you cannot be healed. <sup>28</sup> The LORD will strike you with madness and blindness and confusion of mind, <sup>29</sup> and you shall grope at noonday, as the blind grope in darkness, and you shall not prosper in your ways. And you shall be only oppressed and robbed continually, and there shall be no one to help you. <sup>30</sup> You shall betroth a wife, but another man shall ravish her. You shall build a house, but you shall not dwell in it. You shall plant a vineyard, but you shall not enjoy its fruit.

<sup>31</sup> Your ox shall be slaughtered before your eyes, but you shall not eat any of it. Your donkey shall be seized before your face, but shall not be restored to you. Your sheep shall be given to your enemies, but there shall be no one to help you. <sup>32</sup> Your sons and your daughters shall be given to another people, while your eyes look on and fail with longing for them all day long, but you shall be helpless. <sup>33</sup> A nation that you have not known shall eat up the fruit of your ground and of all your labors, and you shall be only oppressed and crushed continually, <sup>34</sup> so that you are driven mad by the sights that your eyes see. <sup>35</sup> The LORD will strike you on the knees and on the legs with grievous boils of which you cannot be healed, from the sole of your foot to the crown of your head.

<sup>36</sup> “The LORD will bring you and your king whom you set over you to a nation that neither you nor your fathers have known. And there you shall serve other gods of wood and stone. <sup>37</sup> And you shall become a horror, a proverb, and a byword among all the peoples where the LORD will lead you away. <sup>38</sup> You shall carry much seed into the field and shall gather in little, for the locust shall consume it. <sup>39</sup> You shall plant vineyards and dress them, but you shall neither drink of the wine nor gather the grapes, for the worm shall eat them. <sup>40</sup> You shall have olive trees throughout all your territory, but you shall not anoint yourself with the oil, for your olives shall drop off. <sup>41</sup> You shall father sons and daughters, but they shall not be yours, for they shall go into captivity. <sup>42</sup> The cricket shall possess all your trees and the fruit of your ground. <sup>43</sup> The sojourner who is among you shall rise higher and higher above you, and you shall come down lower and lower. <sup>44</sup> He shall lend to you, and you shall not lend to him. He shall be the head, and you shall be the tail.

<sup>45</sup> “All these curses shall come upon you and pursue you and overtake you till you are destroyed, because you did not obey the voice of the LORD your God, to keep his commandments and his statutes that he commanded you. <sup>46</sup> They shall be a sign and a wonder against you and your offspring forever. <sup>47</sup> Because you did not serve the LORD your God with joyfulness and gladness of heart, because of the abundance of all things, <sup>48</sup> therefore you shall serve your enemies whom the LORD will send against you, in hunger and thirst, in nakedness, and lacking everything. And he will put a yoke of iron on your neck until he has destroyed you. <sup>49</sup> The LORD will bring a nation against you from far away, from the end of the earth, swooping down like the eagle, a nation whose language you do not understand, <sup>50</sup> a hard-faced nation who shall not respect the old or show mercy to the young. <sup>51</sup> It shall eat the offspring of your cattle and the fruit of your ground, until you are destroyed; it also shall not leave you grain, wine, or oil, the increase of your herds or the young of your flock, until they have caused you to perish.

<sup>52</sup> “They shall besiege you in all your towns, until your high and fortified walls, in which you trusted, come down throughout all your land. And they shall besiege you in all your towns throughout all your land, which the LORD your God has given you. <sup>53</sup> And you shall eat the fruit of your womb, the flesh of your sons and daughters, whom the LORD your God has given you, in the siege and in the distress with which your enemies shall distress you. <sup>54</sup> The man who is the most tender and refined among you will begrudge food to his brother, to the wife he embraces, and to the last of the children whom he has left, <sup>55</sup> so that he will not give to any of them any of the flesh of his children whom he is eating, because he has nothing else left, in the siege and in the distress with which your enemy shall distress you in all your towns. <sup>56</sup> The most tender and refined woman among you, who would not venture to set the sole of her foot on the ground because she is so delicate and tender, will begrudge to the husband she embraces, to her son and to her daughter, <sup>57</sup> her afterbirth that comes out from between her feet and her children whom she bears, because lacking everything she will eat them secretly, in the siege and in the distress with which your enemy shall distress you in your towns.

<sup>58</sup> “If you are not careful to do all the words of this law that are written in this book, that you may fear this glorious and awesome name, the LORD your God, <sup>59</sup> then the LORD will bring on you and your offspring extraordinary afflictions, afflictions severe and lasting, and sicknesses grievous and lasting. <sup>60</sup> And he will bring upon you again all the diseases of Egypt, of which you were afraid, and they shall cling to you. <sup>61</sup> Every sickness also and every affliction that is not recorded in the book of this law, the LORD will bring upon you, until you are destroyed. <sup>62</sup> Whereas you were as numerous as the stars of heaven, you shall be left few in number, because you did not obey the voice of the LORD your God.

<sup>63</sup> And as the LORD took delight in doing you good and multiplying you, so the LORD will take delight in bringing ruin upon you and destroying you. And you shall be plucked off the land that you are entering to take possession of it.

<sup>64</sup> “And the LORD will scatter you among all peoples, from one end of the earth to the other, and there you shall serve other gods of wood and stone, which neither you nor your fathers have known. <sup>65</sup> And among these nations you shall find no respite, and there shall be no resting place for the sole of your foot, but the LORD will give you there a trembling heart and failing eyes and a languishing soul. <sup>66</sup> Your life shall hang in doubt before you. Night and day you shall be in dread and have no assurance of your life. <sup>67</sup> In the morning you shall say, ‘If only it were evening!’ and at evening you shall say, ‘If only it were morning!’ because of the dread that your heart shall feel, and the sights that your eyes shall see. <sup>68</sup> And the LORD will bring you back in ships to Egypt, a journey that I promised that you should never make again; and there you shall offer yourselves for sale to your enemies as male and female slaves, but there will be no buyer.”

<sup>1</sup> These are the words of the covenant that the LORD commanded Moses to make with the people of Israel in the land of Moab, besides the covenant that he had made with them at Horeb.

<sup>2</sup> And Moses summoned all Israel and said to them: “You have seen all that the LORD did before your eyes in the land of Egypt, to Pharaoh and to all his servants and to all his land, <sup>3</sup> the great trials that your eyes saw, the signs, and those great wonders. <sup>4</sup> But to this day the LORD has not given you a heart to understand or eyes to see or ears to hear. <sup>5</sup> I have led you forty years in the wilderness. Your clothes have not worn out on you, and your sandals have not worn off your feet. <sup>6</sup> You have not eaten bread, and you have not drunk wine or strong drink, that you may know that I am the LORD your God. <sup>7</sup> And when you came to this place, Sihon the king of Heshbon and Og the king of Bashan came out against us to battle, but we defeated them. <sup>8</sup> We took their land and gave it for an inheritance to the Reubenites, the Gadites, and the half-tribe of the Manassites. <sup>9</sup> Therefore keep the words of this covenant and do them, that you may prosper in all that you do.

<sup>10</sup> “You are standing today, all of you, before the LORD your God: the heads of your tribes, your elders, and your officers, all the men of Israel, <sup>11</sup> your little ones, your wives, and the sojourner who is in your camp, from the one who chops your wood to the one who draws your water, <sup>12</sup> so that you may enter into the sworn covenant of the LORD your God, which the LORD your God is making with you today, <sup>13</sup> that he may establish you today as his people, and that he may be your God, as he promised you, and as he swore to your fathers, to Abraham, to Isaac, and to Jacob. <sup>14</sup> It is not with you alone that I am making this sworn covenant, <sup>15</sup> but with whoever is standing here with us today before the LORD our God, and with whoever is not here with us today.

<sup>16</sup> “You know how we lived in the land of Egypt, and how we came through the midst of the nations through which you passed. <sup>17</sup> And you have seen their detestable things, their idols of wood and stone, of silver and gold, which were among them. <sup>18</sup> Beware lest there be among you a man or woman or clan or tribe whose heart is turning away today from the LORD our God to go and serve the gods of those nations. Beware lest there be among you a root bearing poisonous and bitter fruit, <sup>19</sup> one who, when he hears the words of this sworn covenant, blesses himself in his heart, saying, ‘I shall be safe, though I walk in the stubbornness of my heart.’ This will lead to the sweeping away of moist and dry alike. <sup>20</sup> The LORD will not be willing to forgive him, but rather the anger of the LORD and his jealousy will smoke against that man, and the curses written in this book will settle upon him, and the LORD will blot out his name from under heaven. <sup>21</sup> And the LORD will single him out from all the tribes of Israel for calamity, in accordance with all the curses of the covenant written in this Book of the Law. <sup>22</sup> And the next generation, your children who rise up after you, and the foreigner who comes from a far land, will say, when they see the afflictions of that land and the sicknesses with which the LORD has made it sick—

<sup>23</sup> the whole land burned out with brimstone and salt, nothing sown and nothing growing, where no plant can sprout, an overthrow like that of Sodom and Gomorrah, Admah, and Zeboiim, which the LORD overthrew in his anger and wrath—<sup>24</sup> all the nations will say, ‘Why has the LORD done thus to this land? What caused the heat of this great anger?’ <sup>25</sup> Then people will say, ‘It is because they abandoned the covenant of the LORD, the God of their fathers, which he made with them when he brought them out of the land of Egypt, <sup>26</sup> and went and served other gods and worshiped them, gods whom they had not known and whom he had not allotted to them. <sup>27</sup> Therefore the anger of the LORD was kindled against this land, bringing upon it all the curses written in this book, <sup>28</sup> and the LORD uprooted them from their land in anger and fury and great wrath, and cast them into another land, as they are this day.’

<sup>29</sup> “The secret things belong to the LORD our God, but the things that are revealed belong to us and to our children forever, that we may do all the words of this law.

<sup>1</sup> “And when all these things come upon you, the blessing and the curse, which I have set before you, and you call them to mind among all the nations where the LORD your God has driven you, <sup>2</sup> and return to the LORD your God, you and your children, and obey his voice in all that I command you today, with all your heart and with all your soul, <sup>3</sup> then the LORD your God will restore your fortunes and have mercy on you, and he will gather you again from all the peoples where the LORD your God has scattered you. <sup>4</sup> If your outcasts are in the uttermost parts of heaven, from there the LORD your God will gather you, and from there he will take you. <sup>5</sup> And the LORD your God will bring you into the land that your fathers possessed, that you may possess it. And he will make you more prosperous and numerous than your fathers. <sup>6</sup> And the LORD your God will circumcise your heart and the heart of your offspring, so that you will love the LORD your God with all your heart and with all your soul, that you may live. <sup>7</sup> And the LORD your God will put all these curses on your foes and enemies who persecuted you. <sup>8</sup> And you shall again obey the voice of the LORD and keep all his commandments that I command you today. <sup>9</sup> The LORD your God will make you abundantly prosperous in all the work of your hand, in the fruit of your womb and in the fruit of your cattle and in the fruit of your ground. For the LORD will again take delight in prospering you, as he took delight in your fathers, <sup>10</sup> when you obey the voice of the LORD your God, to keep his commandments and his statutes that are written in this Book of the Law, when you turn to the LORD your God with all your heart and with all your soul.

<sup>11</sup> “For this commandment that I command you today is not too hard for you, neither is it far off. <sup>12</sup> It is not in heaven, that you should say, ‘Who will ascend to heaven for us and bring it to us, that we may hear it and do it?’ <sup>13</sup> Neither is it beyond the sea, that you should say, ‘Who will go over the sea for us and bring it to us, that we may hear it and do it?’ <sup>14</sup> But the word is very near you. It is in your mouth and in your heart, so that you can do it.

<sup>15</sup> “See, I have set before you today life and good, death and evil. <sup>16</sup> If you obey the commandments of the LORD your God that I command you today, by loving the LORD your God, by walking in his ways, and by keeping his commandments and his statutes and his rules, then you shall live and multiply, and the LORD your God will bless you in the land that you are entering to take possession of it. <sup>17</sup> But if your heart turns away, and you will not hear, but are drawn away to worship other gods and serve them, <sup>18</sup> I declare to you today, that you shall surely perish. You shall not live long in the land that you are going over the Jordan to enter and possess. <sup>19</sup> I call heaven and earth to witness against you today, that I have set before you life and death, blessing and curse. Therefore choose life, that you and your offspring may live, <sup>20</sup> loving the LORD your God, obeying his voice and holding fast to him, for he is your life and length of days, that you may dwell in the land that the LORD swore to your fathers, to Abraham, to Isaac, and to Jacob, to give them.”

Reader: The Word of the Lord.

**People: Thanks be to God**

## Communion

*Pray for yourself, others, our church, our neighbors, and the world.*

*Pray the Lord's Prayer & the collect of the week:*

**Our Father who art in heaven.....**

**God, you know better than we the temptations that will bring us down. Grant that our love for you may protect us from all foolish and corrupt desire. Praise to you our God; you answer prayer. Amen.**

## Commission

The LORD bless you and keep you; the LORD make his face to shine upon you and be gracious to you; the LORD lift up his countenance upon you and give you peace. (Numbers 6:24-26)

## SESSION 2

Saturday, March 11th

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### REFLECTION QUOTES

“If the Holy Spirit was withdrawn from the church today, 95 percent of what we do would go on and no one would know the difference. If the Holy Spirit had been withdrawn from the New Testament church, 95 percent of what they did would stop, and everybody would know the difference.”

- AW Tozer

“The concept of missio dei, the mission of God, is recognition that God is a sending God, and the church is sent. It is the most important mission in the Scriptures. Jesus Christ is the embodiment of that mission; the Holy Spirit is the power of that mission; the church is the instrument of that mission; and the culture is the context in which that mission occurs.”

- Wilbert Shenk

### NEW TESTAMENT READING

*Acts 2:1-36*

<sup>1</sup> When the day of Pentecost arrived, they were all together in one place. <sup>2</sup> And suddenly there came from heaven a sound like a mighty rushing wind, and it filled the entire house where they were sitting. <sup>3</sup> And divided tongues as of fire appeared to them and rested on each one of them. <sup>4</sup> And they were all filled with the Holy Spirit and began to speak in other tongues as the Spirit gave them utterance.

<sup>5</sup> Now there were dwelling in Jerusalem Jews, devout men from every nation under heaven. <sup>6</sup> And at this sound the multitude came together, and they were bewildered, because each one was hearing them speak in his own language. <sup>7</sup> And they were amazed and astonished, saying, “Are not all these who are speaking Galileans?” <sup>8</sup> And how is it that we hear, each of us in his own native language? <sup>9</sup> Parthians and Medes and Elamites and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, <sup>10</sup> Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, <sup>11</sup> both Jews and proselytes, Cretans and Arabians—we hear them telling in our own tongues the mighty works of God.” <sup>12</sup> And all were amazed and perplexed, saying to one another, “What does this mean?” <sup>13</sup> But others mocking said, “They are filled with new wine.”

<sup>14</sup> But Peter, standing with the eleven, lifted up his voice and addressed them: “Men of Judea and all who dwell in Jerusalem, let this be known to you, and give ear to my words. <sup>15</sup> For these people are not drunk, as you suppose, since it is only the third hour of the day. <sup>16</sup> But this is what was uttered through the prophet Joel: <sup>17</sup> “‘And in the last days it shall be, God declares, that I will pour out my Spirit on all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams; <sup>18</sup> even on my male servants and female servants in those days I will pour out my Spirit, and they shall prophesy.

<sup>19</sup> And I will show wonders in the heavens above and signs on the earth below, blood, and fire, and vapor of smoke; <sup>20</sup> the sun shall be turned to darkness and the moon to blood, before the day of the Lord comes, the great and magnificent day. <sup>21</sup> And it shall come to pass that everyone who calls upon the name of the Lord shall be saved.’

<sup>22</sup> “Men of Israel, hear these words: Jesus of Nazareth, a man attested to you by God with mighty works and wonders and signs that God did through him in your midst, as you yourselves know—<sup>23</sup> this Jesus, delivered up according to the definite plan and foreknowledge of God, you crucified and killed by the hands of lawless men. <sup>24</sup> God raised him up, loosing the pangs of death, because it was not possible for him to be held by it. <sup>25</sup> For David says concerning him, “‘I saw the Lord always before me, for he is at my right hand that I may not be shaken; <sup>26</sup> therefore my heart was glad, and my tongue rejoiced; my flesh also will dwell in hope. <sup>27</sup> For you will not abandon my soul to Hades, or let your Holy One see corruption. <sup>28</sup> You have made known to me the paths of life; you will make me full of gladness with your presence.’

<sup>29</sup> “Brothers, I may say to you with confidence about the patriarch David that he both died and was buried, and his tomb is with us to this day. <sup>30</sup> Being therefore a prophet, and knowing that God had sworn with an oath to him that he would set one of his descendants on his throne, <sup>31</sup> he foresaw and spoke about the resurrection of the Christ, that he was not abandoned to Hades, nor did his flesh see corruption. <sup>32</sup> This Jesus God raised up, and of that we all are witnesses. <sup>33</sup> Being therefore exalted at the right hand of God, and having received from the Father the promise of the Holy Spirit, he has poured out this that you yourselves are seeing and hearing. <sup>34</sup> For David did not ascend into the heavens, but he himself says, “‘The Lord said to my Lord, “‘Sit at my right hand, <sup>35</sup> until I make your enemies your footstool.’”

<sup>36</sup> Let all the house of Israel therefore know for certain that God has made him both Lord and Christ, this Jesus whom you crucified.”

Reader: The Word of the Lord.

**People: Thanks be to God**

## Evening Word and Prayer

*Saturday, March 11th*

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### Cleansing

#### CONFESSION OF SIN

**Have mercy on me, O God, according to your unfailing love; According to your great compassion blot out my transgressions. Wash away all my iniquity and cleanse me from my sin. Surely you desire truth in the inner parts; you teach me wisdom in the inmost place. Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit to sustain me. Amen.**

*(Pause for a time of silent confession)*

#### ASSURANCE OF PARDON

May the Almighty and merciful Lord grant us absolution and remission of all our sins, true repentance, amendment of life, and the grace and consolation of His Holy Spirit. Amen.

### Constitution

#### MORNING PSALM – PSALM 5

Give ear to my words, O LORD; consider my groaning.

**Give attention to the sound of my cry, my King and my God, for to you do I pray.**

O LORD, in the morning you hear my voice; in the morning I prepare a sacrifice for you and watch.

**For you are not a God who delights in wickedness; evil may not dwell with you.**

The boastful shall not stand before your eyes; you hate all evildoers.

**You destroy those who speak lies; the LORD abhors the bloodthirsty and deceitful man.**

But I, through the abundance of your steadfast love, will enter your house. I will bow down toward your holy temple in the fear of you.

**Lead me, O LORD, in your righteousness because of my enemies; make your way straight before me.**

For there is no truth in their mouth; their inmost self is destruction; their throat is an open grave; they flatter with their tongue.

**Make them bear their guilt, O God; let them fall by their own counsels; because of the abundance of their transgressions cast them out, for they have rebelled against you.**

But let all who take refuge in you rejoice; let them ever sing for joy, and spread your protection over them, that those who love your name may exult in you.

**For you bless the righteous, O LORD; you cover him with favor as with a shield.**

**Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen**

## Communion

*Quiet your body and mind, be attuned to your breathing and review (read) your day.*

*Mediate on your highs and lows.*

*Pray to God... Prayers of thanksgiving and prayers petition, for yourself, others, our church, our neighbors, and the world.*

*Contemplate on God's nearness and rest in Christ.*

### PRAY THE GENERAL THANKSGIVING

**Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up ourselves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.**

## SESSION 3

*Saturday, March 11th*

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### REFLECTION QUOTE

“Every time we say we believe in the Holy Spirit, we mean we believe that there is a living God able and willing to enter human personality and change it.”

- John Owen

### NEW TESTAMENT READING

*Acts 2:22-47*

<sup>22</sup> “Men of Israel, hear these words: Jesus of Nazareth, a man attested to you by God with mighty works and wonders and signs that God did through him in your midst, as you yourselves know—<sup>23</sup> this Jesus, delivered up according to the definite plan and foreknowledge of God, you crucified and killed by the hands of lawless men. <sup>24</sup> God raised him up, loosing the pangs of death, because it was not possible for him to be held by it. <sup>25</sup> For David says concerning him,

“I saw the Lord always before me, for he is at my right hand that I may not be shaken; <sup>26</sup> therefore my heart was glad, and my tongue rejoiced; my flesh also will dwell in hope. <sup>27</sup> For you will not abandon my soul to Hades, or let your Holy One see corruption. <sup>28</sup> You have made known to me the paths of life; you will make me full of gladness with your presence.’

<sup>29</sup> “Brothers, I may say to you with confidence about the patriarch David that he both died and was buried, and his tomb is with us to this day. <sup>30</sup> Being therefore a prophet, and knowing that God had sworn with an oath to him that he would set one of his descendants on his throne, <sup>31</sup> he foresaw and spoke about the resurrection of the Christ, that he was not abandoned to Hades, nor did his flesh see corruption. <sup>32</sup> This Jesus God raised up, and of that we all are witnesses. <sup>33</sup> Being therefore exalted at the right hand of God, and having received from the Father the promise of the Holy Spirit, he has poured out this that you yourselves are seeing and hearing. <sup>34</sup> For David did not ascend into the heavens, but he himself says, “The Lord said to my Lord, “Sit at my right hand, <sup>35</sup> until I make your enemies your footstool.”

<sup>36</sup> Let all the house of Israel therefore know for certain that God has made him both Lord and Christ, this Jesus whom you crucified.”

<sup>37</sup> Now when they heard this they were cut to the heart, and said to Peter and the rest of the apostles, “Brothers, what shall we do?” <sup>38</sup> And Peter said to them, “Repent and be baptized every one of you in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit. <sup>39</sup> For the promise is for you and for your children and for all who are far off, everyone whom the Lord our God calls to himself.” <sup>40</sup> And with many other words he bore witness and continued to exhort them, saying, “Save yourselves from this crooked generation.” <sup>41</sup> So those who received his word were baptized, and there were added that day about three thousand souls.

<sup>42</sup> And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers. <sup>43</sup> And awe came upon every soul, and many wonders and signs were being done through the apostles. <sup>44</sup> And all who believed were together and had all things in common. <sup>45</sup> And they were selling their possessions and belongings and distributing the proceeds to all, as any had need. <sup>46</sup> And day by day, attending the temple together and breaking bread in their homes, they received their food with glad and generous hearts, <sup>47</sup> praising God and having favor with all the people. And the Lord added to their number day by day those who were being saved.

Reader: The Word of the Lord.

**People: Thanks be to God**

**TALK**

REV. RUSS WHITFIELD

*Living In Submission to the Spirit*

# SESSION 4 – Worship Service

Third Sunday in Lent | March 12, 2023

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## WELCOME

## REFLECTION

“Love makes your soul crawl out from its hiding place.”

- Zora Neal Hurston

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## CALENDAR

**ADVENT** “A journey, a pilgrimage! Yet, as we begin it, as we make the first step into the ‘bright sadness’ of Lent, we see  
**CHRISTMAS** – far, far away – the destination. It is the joy of Easter, it is the entrance into the glory of the Kingdom.”  
**EPIPHANY** – Alexander Schmemmann. The death and resurrection of Jesus Christ are at the heart of the Christian gospel,  
**LENT** and Good Friday and Easter are two of the most significant celebrations of the Christian year. Lent is a season  
**EASTER** of preparation and repentance during which we anticipate Good Friday and Easter. Just as we carefully prepare  
**PENTECOST** for big events in our personal lives... Lent invites us to make our hearts ready for remembering Jesus’ passion  
and celebrating Jesus’ resurrection (From The Worship Sourcebook).

# Calling

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Please stand.

In the call  
to worship  
God begins  
the dialogue  
that occurs in  
worship and  
graciously  
invites his  
people to draw  
near to him.

Bold text is read  
together by the  
congregation.  
Plain text is read  
by the leader.

## CALL TO WORSHIP - ADAPTED FROM “TRINITY”, FROM ‘THE VALLEY OF VISION’

Minister: Three in one, One in Three, God of our Salvation: Heavenly Father,  
blessed Son, eternal Spirit:

**People: We adore you as one Being, one Essence, one God in three  
distinct Persons, for bringing sinners to your knowledge and to your  
kingdom.**

Minister: O Father,

**People: you have loved us and sent Jesus to redeem us;**

Minister: O Jesus,

**People: you have loved us and assumed our nature, shed your own blood  
to wash away our sins, made righteousness to cover our unworthiness;**

Minister: O Holy Spirit,

**People: you have loved us and entered our hearts, implanted there  
eternal life, revealed to us the glories of Jesus.**

Minister: Three Persons and one God,

**People: we bless and praise you, for love so undeserved, so  
unspeakable, so wondrous, so mighty to save the lost and raise them to  
glory.**

## PASTORAL PRAYER OF ADORATION

*Prayer concludes by praying in unison:*

**Our Father who art in heaven, Hallowed be thy name. Thy Kingdom come.  
Thy will be done, on earth, as it is in heaven. Give us this day our daily  
bread. And forgive us our debts, as we forgive our debtors. And lead us  
not into temptation, but deliver us from evil. For thine is the kingdom,  
and the power, and the glory, forever. Amen.**

# All Creatures of Our God and King

Lasst uns Erfuen

Laid Back

4 4 4 4

D Bm7 G<sup>2</sup>

drums start acc gtr - simple chords...

17 D Bm7

band layers in by verse 2

All crea-tures of our God and King, Lift up your voic-es, let us sing: Al-le-  
 Great rush-ing winds who are so strong, You clouds a-bove that sail a-long, O  
 Let all things their Cre-a-tor bless, And wor-ship Him in hum-ble-ness, O

25 G<sup>2</sup> D

lu-ia! Al-le-lu-ia! Bright burn-ing sun with gold-en beams,  
 praise Him! Al-le-lu-ia! Fair ris-ing morn, with praise re-joice,  
 praise Him! Al-le-lu-ia! Praise God the Fa-ther, praise the Son,

33 Bm7 G<sup>2</sup> D/F#

Soft sil-ver moon that gent-ly gleams,  
 Stars night-ly shin-ing find a voice, } O praise Him! O praise Him! Al-le-  
 And praise the Spi-rit, Three in One: }

41 G<sup>2</sup> D/F# go to 1. Asus D

lu-ia! Al-le-lu-ia! Al-le-lu-ia!

50 2. Asus D Bm7 G<sup>2</sup>

lu-ia!

3. Asus D 7 DS al Coda

lu-ia! band slowly builds...

Asus G A Bm A7/C#

lu-ia! O Al-le-

1st and 2nd time - BIG  
 3rd time - tacet on chords  
 4th time - a capella

G A Bm A7/C#

lu-ia! O Al-le-lu-ia! Al-le-lu-ia! O Al-le-lu-ia! Al-le-

# Cleansing

Please be seated.

## CONFESSION OF SIN

In the prayer of repentance we speak honestly with God about ourselves by confessing our sins and shortcomings and seeking forgiveness in Christ.

**Have mercy on me, O God, according to your unfailing love; According to your great compassion blot out my transgressions. Wash away all my iniquity and cleanse me from my sin. Surely you desire truth in the inner parts; you teach me wisdom in the inmost place. Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit to sustain me. Amen.**

*(Pause for a time of silent confession)*

Please stand.

## ASSURANCE OF PARDON

Having been forgiven by God, we greet one another with joy and speak peace to each other.

**Minister:** May the Almighty and merciful Lord grant us absolution and remission of all our sins, true repentance, amendment of life, and the grace and consolation of His Holy Spirit. *Amen.*

## PASSING THE PEACE & COLLECTION

**Minister:** The peace of the Lord be always with you.

**People:** And also with you.

# COME THOU FOUNT OF EVERY BLESSING

Words by Robert Robinson  
Music by Ashael Nettleton

1. Come thou fount of ev - ery bless - ing Tune my heart to sing thy grace Streams of  
 2. Here I raise my Eb - e - ne - zer, Hi - ther by Thy help I'm come And I  
 3. O to grace how great a debt - or Dail - y I'm con - strained to be Let that

mer - cy, ne - ver ceas - ing Call for songs of loud - est praise Teach me  
 hope by Thy good plea - sure Safe - ly to ar - rive at home Je - sus  
 grace now like a fet - ter Bind my wand - ering heart to Thee Prone to

some mel - o - dious son - net Sung by flam - ing tongues a - bove. Praise the  
 sought me when a strang - er, Wan - dering from the fold of God Here to  
 wan - der, Lord, I feel it, Prone to leave the God I love Here's my

mount, I'm fixed up - on it Mount of God's un - chang - ing love  
 res - cue me from dang - er In - ter - posed for His pre - cious blood  
 heart, O take and seal it Seal it for Thy courts a - bove

**Collection:** In response to God's grace, we worship him and seek to honor him with our lives. One way that we do so is by giving financially to Christ and the work of his Church. We invite all who are a part of this church to continue their worship in this way (Philippians 4:18-19; 2 Corinthians 8-9; 1 Corinthians 16:1-3; Malachi 3:6-12; Matthew 6:24). If you are visiting with us today please do not feel any pressure to contribute.

You may leave offerings in the collection box located on the back glass wall of the worship area. You may also take the time to give electronically. To donate through our church APP, download the APP on your smartphone and set up a Subsplash account.

To donate online, scan the QR code.



# Constitution

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Please be seated.

## SCRIPTURE READING

*Romans 8:1-4*

<sup>1</sup> There is therefore now no condemnation for those who are in Christ Jesus. <sup>2</sup> For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death. <sup>3</sup> For God has done what the law, weakened by the flesh, could not do. By sending his own Son in the likeness of sinful flesh and for sin, he condemned sin in the flesh, <sup>4</sup> in order that the righteous requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit.

Reader: The Word of the Lord.

**People: Thanks be to God**

The Spirit uses  
the reading and  
preaching of  
God's Word  
to impart new  
Spiritual life as  
well as to nourish  
and comfort  
God's people in  
their faith.

## SERMON

REV. RUSS WHITFIELD

*Living In The Freedom Of The Spirit*

# Communion

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Our communion liturgy is adapted from Scripture as well as the earliest traditions of the church. The liturgy begins with *The Sursum Corda* which is Latin for “lift up your hearts,” and calls us to be heavenly minded in the Lord’s presence (cf. Psalm 25:1; 2 Thessalonians 3:16).

*The Sanctus* is a prayer that has been used by the church since the first century to respond to the mystery of Christ’s presence in the sacrament (cf. Psalm 118:26; Isaiah 6:3; Revelation 4:8).

*The Memorial Acclamation* is a triumphant declaration of the gospel of Christ as portrayed in this holy meal (cf. 1 Corinthians 5:7, 11:26; 1 Timothy 3:16).

## INTRODUCTION TO THE SACRAMENT

Minister: The Lord be with you.

**People: And also with you.**

Minister: Lift up your hearts.

**People: We lift them up to the Lord.**

Minister: Let us give thanks to the Lord our God.

**People: It is right to give him thanks and praise.**

Minister: It is right, our duty and privilege, to at all times, and in all places, give thanks to you, O Lord God almighty. Therefore, with angels and archangels, and with all the company of heaven, we praise and magnify your glorious name; saying together:

**ALL: Holy, Holy, Holy, Lord God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the Name of the Lord. Hosanna in the highest!**

## PRAYER & WORDS OF INSTITUTION

Minister: Therefore, let us proclaim the mystery of faith:

**ALL: Christ has died! Christ is risen! Christ will come again!**

Minister: Christ our Passover has been sacrificed for us.

**People: Therefore, let us keep the feast.**

Minister: These are the Gifts of God, for the People of God. Feed on him in your hearts by faith, and with thanksgiving.

## DISTRIBUTION OF THE BREAD AND THE CUP

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Communion (i.e. the Lord’s Supper or Eucharist) is a holy meal in which we remember Jesus’ life, death, and resurrection. In the sacrament, God comes near to his church and we experience his grace anew.

*Who should participate?* We invite all Christians—those who confess Christ and have been baptized into his church—to join with us in this sacred meal. If this does not describe you, instead of partaking, we encourage you to consider the things you have seen and heard today, including the love of God, as portrayed in this meal. You may come forward to receive prayer (simply cross your arms over your chest as you pass the servers) or, if you prefer, simply remain in your seat.

*Parents:* If your children are not yet participating, please instruct them to cross their arms over their chest. As soon as they understand the meaning of this meal in an age-appropriate way and are ready to confess their faith, our leaders would love to meet with them and admit them to the table.

*How should I participate?* Starting with the front rows, come forward. As you are served, partake of the bread and wine then return to your seat.

Note: We use bread and red wine, but gluten free wafers (containing organic brown and white rice flour only) and white grape juice are also available.

Please stand

## PRAYER OF THANKSGIVING

**Eternal God, Heavenly Father, you have graciously accepted us as living members of your Son, our Savior Jesus Christ. You have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart, through Christ our Lord. Amen.**

# Commission

## Praise God From Whom All Blessings Flow (Doxology / Old 100th)

Words by  
Thomas Ken

Music by  
Louis Bourgeois

♩=82 (Simplified chords)

G Em D G

Praise God from whom all bless - ings flow; Praise

4 C D G

Him, all crea - tures here be - low; Praise Him a - bove, ye

8 C D<sup>7</sup>/A G Em C

heav'n - ly host; Praise Fa - ther, Son and

11 G/D D<sup>7</sup> G C G Fine

Ho - ly Ghost. A - men.

(Traditional chords)

15 G D Em Bm Em D G

Praise God from whom all bless - ings flow; Praise

Just as we  
begin with  
God's gracious  
invitation, so  
we end with  
God's promise  
to always be  
with us.

### BLESSING - NUMBERS 6:24-26

The LORD bless you and keep you; the LORD make his face to shine upon you and be gracious to you; the LORD lift up his countenance upon you and give you peace.

### THE DISMISSAL

Minister: Go in peace to love and serve the Lord and our neighbors.

**People: Thanks be to God.**

FOLLOWING THE SERVICE

Sermons can be streamed and downloaded by scanning the QR code.



## Announcements & Events

(To see additional announcements & events please visit the Redeemer website, calendar and app)

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### Donation Drive for Project Hope Alliance

*Sunday, March 12th and 19th*

Redeemer's youth ministry will be supporting fellow Redeemer member, Madelyn (Maddie) Runcie, in the work she does with Project Hope Alliance - a non-profit organization with a target audience of Orange County youth experiencing homelessness. Our students will be collecting, organizing, and boxing self-care items for "Boxes of Hope". Redeemer will be doing a churchwide donation drive to collect self-care products on Sunday, March 12th and 19th. We will have a clearly-marked barrel for you to place your donations in. For more information please contact Maddie Runcie, [madelyn.r@projecthopealliance.org](mailto:madelyn.r@projecthopealliance.org) or Ellie Holt, [ellieh@redeemeroc.org](mailto:ellieh@redeemeroc.org)

### Biblical Theology Workshop for Women

*Saturday May 20th, 2023 9:00AM - 3:00PM | Grace Evangelical Free Church of La Mirada*

Women of Redeemer, you are invited to join a group of women from Redeemer for this upcoming workshop. Bible teacher Nancy Guthrie will lead participants in reviewing the key events of the Bible's story and the major sections of the Bible. We will look at the opening of each of the Gospels and discover how a growing understanding of major biblical themes adds to our understanding when we see those themes arise in smaller parts of the Bible. The three sessions will be energetic, interactive, and fun. Scan the QR Code to register.



## Bible in a Year Daily Scripture Readings

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For the year of 2023, we are reading the entire Bible together as a church! The scripture readings below are this week's part of our reading plan.

"Let the word of Christ dwell in you richly." - *Colosians 3:16a*

**Monday:** Deuteronomy 31 - 34 / Psalm 90

**Tuesday:** Joshua 1 - 2 / Psalm 105

**Wednesday:** Joshua 3 - 5:12 / Psalm 37

**Thursday:** Joshua 5:13 - 8

**Friday:** Joshua 9 - 12

**Saturday:** Joshua 13 - 16 / Psalm 111

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Scan the QR code to listen to audio readings, subscribe to our Daily Morning & Evening Word & Prayer emails, hear our Bible in a Year sermons, and download the whole 2023 reading plan and small group discussion questions and prayer guide.



## Additional Notes

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# Additional Notes

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## FEEDBACK SURVEY

We want to make sure our retreats are full of quality relationship building opportunities and solid Bible teaching, while having a good mix of fun and rest. We need your help to understand how to improve these weekends. Please complete this feedback survey so we know what you liked and what you didn't.

1. Are you planning on coming to next year's retreat?

2. What was your favorite thing about this year's retreat?

3. What was your least favorite thing about this year's retreat?

4. What would you change to make the retreat better next year?

5. Was the cost of the retreat reasonable?

6. What can we change to make the retreat inviting for more of the men at Redeemer?

Name (optional): \_\_\_\_\_

