

## Survival checklist

- **Water**

One gallon, per person, per day for three days

Keep in air-tight, plastic containers that are easy to access

- **Food**

Three-five day supply of non-perishable foods

- **Top off gas tank regularly-keep 100-mile ability**

- **Basic First Aid Items :**

- Sterile gloves
- Sterile dressings
- Soap and antibiotic towelettes
- Antibiotic ointment
- Adhesive bandages in a variety of sizes
- Eye wash solution
- Thermometer
- Prescription medications you take every day
- Prescribed medical supplies such as glucose and blood pressure monitoring equipment and supplies
- First Aid book
- Non-prescription drugs (aspirin or non-aspirin pain reliever, anti-diarrhea medication, antacid, laxative)

- **Tools & Supplies**

- Wrench to turn off gas and water lines
- Cups, plates and utensils (raid your camping gear to save money -- just don't forget to replace them after each trip)
- Light source (solar is best so you don't have to worry about batteries)
- Radio (get one that is USB powered and check out our Solar Charger & Battery Bank or buy a battery-operated radio and extra batteries)
- Manual can opener or a utility knife
- Small fire extinguisher
- Pliers
- Duct tape
- Matches in a waterproof container
- Games/cards
- Plastic storage container to keep everything in one place

- **Documents**

- Will, insurance policies, contracts, deeds
- Passports, social security cards, immunization records
- Bank account numbers
- Credit card account numbers and companies
- Family records (birth, marriage, death certificates)