

WHY WE ALL NEED HEALING

RESTORE: Week 1

October 5, 2025

Pastor Brian

*"Human life is a struggle, isn't it?
It's a life sentence to hard labor."
(Job 7:1, MSG)*

1. THE CAUSE: OUR REBELLION!

Genesis 3:1–6 (NLT)

The serpent was the shrewdest of all the wild animals the Lord God had made. One day he asked the woman, "Did God really say you must not eat the fruit from any of the trees in the garden?"² "Of course we may eat fruit from the trees in the garden," the woman replied.³ "It's only the fruit from the tree in the middle of the garden that we are not allowed to eat. God said, 'You must not eat it or even touch it; if you do, you will die.'⁴ "You won't die!" the serpent replied to the woman.⁵ "God knows that your eyes will be opened as soon as you eat it, and you will be like God, knowing both good and evil."⁶ The woman was convinced. She saw that the tree was beautiful and its fruit looked delicious, and she wanted the wisdom it would give her. So she took some of the fruit and ate it. Then she gave some to her husband, who was with her, and he ate it, too.

"We—every one of us—have strayed away like sheep! We, who left God's paths to follow our own..." (Isaiah 53:6, The Living Bible)

"No one can say, "I am innocent; I have never done anything wrong." (Proverbs 20:9, NCV)

3 KINDS OF REBELLION

*"I acknowledged my SIN to you and did not cover up my INIQUITY. I said, "I will confess my TRANSGRESSIONS to the LORD." And you forgave the guilt of my sin."
(Psalm 32:5, NIV)*

- SIN – missing the mark; falling short, not measuring up (short field goal)
- INIQUITY = intention to hurt, harm, damage, do evil. (clipping)
- TRANSGRESSION – going beyond the set boundary. (off sides)

2. THE CONSEQUENCES: SIN BROKE EVERYTHING!

6 Areas Affected by The Fall

1) SPIRITUAL DISCONTENT & DARKNESS.

"Then the Lord God called to the man, "Where are you?"" (Genesis 3:9, NLT)

"I am like a caravan, lost in the desert while searching for water." (Job 6:18, CEV)

2) EMOTIONAL DISTRESS & DISAPPOINTMENT.

"At that moment their eyes were opened, and they suddenly felt shame at their nakedness. So they sewed fig leaves together to cover themselves... He replied, "I heard you walking in the garden, so I hid. I was afraid because I was naked." (Genesis 3:7,10 NLT)

"They are distressed, because they had been confident; they arrive there, only to be disappointed." (Job 6:20, NIV)

3) RELATIONAL DISTANCE & DESTRUCTION.

"The man replied, "It was the WOMAN YOU gave me who gave me the fruit, and I ate it." Then the Lord God asked the woman, "What have you done?" "The SERPENT deceived me," she replied. "That's why I ate it." (Genesis 3:12–13, NLT)

"Again I saw all the people who were mistreated here on earth. I saw their tears and that they had no one to comfort them. Cruel people had all the power, and there was no one to comfort those they hurt." (Ecclesiastes 4:1, NCV)

"If you go on hurting each other and tearing each other apart, be careful, or you will completely destroy each other." (Galatians 5:15, NCV)

4) NATURAL DISASTERS & DISEASE.

"The Lord said to the man, "You listened to your wife and ate fruit from that tree. And so, the ground will be under a curse because of what you did..." (Genesis 3:17, CEV)

"The earth suffers for the sins of its people, for they have twisted God's instructions, violated his laws, and broken his everlasting covenant." (Isaiah 24:5, NLT)

"Meanwhile, creation is confused..." (Romans 8:20, CEV)

5) MENTAL DISORDERS & DISABILITIES.

"The [mind] is deceitful above all things, and desperately sick; who can understand it?" (Jeremiah 17:9, ESV)

"Why do you keep on rebelling? Do you want to be punished even more? ...your head is already covered with wounds, and your heart and mind are sick." (Isaiah 1:5, GNB)

"They've refused for so long to deal with God that they've lost touch not only with God but with reality itself." (Ephesians 4:18, MSG)

6) PHYSICAL DECLINE & DEATH.

"The Lord God commanded the man. He said, "You are free to eat from any tree in the garden. But you must never eat from the tree of the knowledge of good and evil because when you eat from it, you will certainly die." " (Genesis 2:16–17, GW)

"Sin came into the world because of what one man did, and with sin came death...." (Romans 5:12, NCV)

"In old age, your body no longer serves you so well. Muscles slacken, grip weakens, joints stiffen...You can't come and go at will. Things grind to a halt. The hum of the household fades away. You are wakened now by bird-song. Hikes to the mountains are a thing of the past. Even a stroll down the road has its terrors. Your hair turns apple-blossom white, Adorning a fragile and impotent matchstick body. Yes, you're well on your way to eternal rest, While your friends make plans for your funeral." (Ecclesiastes 12:3–5, MSG)

3. THE CURE: TOTAL RESTORATION!

"And you must love the Lord your God with all your heart, all your soul, all your mind, and all your strength.' The second is equally important: 'Love your neighbor as yourself.' No other commandment is greater than these." (Mark 12:30–31, NLT)

"This is how the Lord responds: "If you return to me, I WILL RESTORE YOU!" (Jeremiah 15:19a, NLT)

"No matter where you are, I, THE LORD, WILL HEAL YOU and give you peace." (Isaiah 57:19, CEV)

"He was despised and rejected by men, a man of sorrows, and familiar with suffering. Like one from whom men hide their faces he was despised, and we esteemed him not. Surely he took up our infirmities and carried our sorrows, yet we considered him stricken by God, smitten by him, and afflicted. But he was pierced for our TRANSGRESSIONS, he was crushed for our INIQUITIES; the punishment that brought us peace was upon him, and BY HIS WOUNDS WE ARE HEALED...the Lord laid on him the SINS of us all." (Isaiah 53:3–6, NIV84/NLT)

How to Get the MOST out of this Series

- **M**ake attendance a top priority. (Weekend & Small Group)
- **O**bey Christ by taking spiritual steps (Reading Plan | 1st Base | Baptism | 2nd Base)
- **S**tart serving.
- **T**ake steps toward a healthier you!