

The Rhythm of a Healthy Home

BLESS THIS HOME: PART 2

April 15, 2018

Pastor Brian

"I have no peace! I have no quiet! I have no rest! And trouble keeps coming!" (Job 3:26, GW)

AREAS OF OVERLOAD

Activities	Work	Information
Change	Debt	Accessibility
Choices	Media	Pace of Life

MARGIN: THE SPACE BETWEEN MY LOAD AND MY LIMIT.

STEPS TO BUILDING MARGIN IN YOUR LIFE

1. BOW TO MY BOUNDARIES.

"I have learned that everything has limits;" (Psalm 119:96a, GNB)

"Our time is limited. You have given us only so many months to live and have set limits we cannot go beyond." (Job 14:5, NCV)

2. PLAN FOR PROBLEMS.

JESUS: *"In this world you will have trouble." (John 16:33b, NIV)*

"A prudent man foresees the difficulties ahead and prepares for them; the simpleton goes blindly on and suffers the consequences." (Proverbs 22:3, The Living Bible)

3. LIMIT MY LABOR.

"It is senseless for you to work so hard from early morning until late at night, fearing you will starve to death; for God wants his loved ones to get their proper rest." (Psalm 127:2, The Living Bible)

"People are like shadows...All their work is for nothing; they collect things but don't know who will get them." (Psalm 39:6, NCV)

4. AUDIT MY ACTIVITIES.

"I have the right to do anything," you say—but not everything is beneficial. "I have the right to do anything"—but I will not be mastered by anything." (1 Corinthians 6:12, NIV)

"...let us strip off anything that slows us down or holds us back...and let us run with patience the particular race that God has set before us." (Hebrews 12:1, The Living Bible)

5. TRANSFER MY TRUST.

"...We were under great pressure, far beyond our ability to endure... As it turned out, it was the best thing that could have happened. Instead of trusting in our own strength or wits to get out of it, we were forced to trust God totally – not a bad idea since He's the God who raises the dead!" (2 Corinthians 1:8-9, NIV/The Message)

ACTION STEP:
CLASS 301