

# Happy People

Pursuit of Happiness: PART 2

August 7, 2022, | Bryan Lloyd

## The Truth of Happiness:



Happiness is more about a Who than a What.

Blessed = Μακάριος

Happy, Fortunate

## 8 Traits of Happy People

*Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, and he began to teach them. (Matthew 5:1-2 NIV)*

*Blessed are the poor in spirit, for theirs is the kingdom of heaven. (Matthew 5:3 NIV)*

### 1. Happy people are poor in SPIRIT.

*Blessed are those who mourn, for they will be comforted. (Matthew 5:4 NIV)*

### 2. Happy people MOURN.

*Blessed are the meek, for they will inherit the earth. (Matthew 5:5 NIV)*

### 3. Happy people are MEEK.

*Blessed are those who hunger and thirst for righteousness, for they will be filled. (Matthew 5:6 NIV)*

### 4. Happy people do the right THING.

*Blessed are the merciful, for they will be shown mercy. (Matthew 5:7 NIV)*

### 5. Happy people are relationally GENEROUS.

*Blessed are the pure in heart, for they will see God. (Matthew 5:8 NIV)*

**6. Happy people are pure in HEART.**

*Blessed are the peacemakers, for they will be called children of God. (Matthew 5:9 NIV)*

**7. Happy people work for PEACE.**

*Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven. (Matthew 5:10 NIV)*

**8. Happy people chase righteousness even when it costs them SOMETHING.**

**You SOW and REAP  
your way to Happiness.**

*Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock...<sup>26</sup> But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand.  
(Matthew 7:24,26 NIV)*

**Next Steps:**



**Start Following Jesus**



**2<sup>nd</sup> Base**