

TAKING A SPIRITUAL EKG

DNA: Part 3
February 28, 2016
Pastor Gordon

“As a face is reflected in water, so the heart reflects the person.” (Prov. 27:19, NLT)

HEART = your INTERESTS, PASSIONS, DESIRES

*“It is God who produces in you the desires and actions that please Him.”
(Phil. 2:13, GW)*

When I do what God shaped me to do,

I ENJOY IT and I AM GOOD AT IT

What keeps me from following my Heart?

DISAPPOINTMENT

*“Hope deferred makes the heart sick, but a longing fulfilled is a tree of life.”
(Proverbs 13:12, NIV)*

FEAR

“Anxiety in a man's heart weighs it down...” (Prov. 12:25, Amp)

GUILT

“My sins have caught up with me so that I can no longer see. They outnumber the hairs on my head. I have lost heart.” (Psalm 40:12, GW)

BITTERNESS

“When my heart was filled with bitterness and my mind was seized [with envy], I was stupid, and I did not understand.” (Psalm 73:21–22, GW)

REJECTION

“They cut me down with sharpened tongues; they aim their bitter words like arrows straight at my heart.” (Psalm 64:3, TLB)

*“Whatever you do, work at it with all your heart, as working for the Lord, not for men,”
(Colossians 3:23, NIV)*

How do I follow my heart?

1. Let God **FILL** my heart

Jesus: "Listen! I am standing and knocking at your door. If you hear my voice and open the door, I will come in and we will eat together." (Revelation 3:20, CEV)

2. Let God **HEAL** my heart

"The LORD is close to those whose hearts have been broken. He saves those whose spirits have been crushed." (Psalm 34:18, NIRV)

*"I am quick to follow your commands, because you have set my heart free."
(Psalm 119:32, NIRV)*

3. Let God **STEER** my heart

*"Make a careful exploration of who you are and the work you have been given, and then sink yourself into that. Don't be impressed with yourself. Don't compare yourself with others."
(Galatians 6:4, The Message)*

*"You have put more joy in my heart than they have when their grain and new wine abound."
(Psalm 4:7, HCSB)*

ACTION STEPS

CLASS 101

HEART/PASSION ASSESSMENT

SMALL GROUP LESSON