

# LESS IS MORE

Making Change: Part 1

January 7, 2018

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LESS IS MORE ~ STRESS IS BAD ~ GIVING IS GOOD ~ TOMORROW MATTERS

**Series Goal:** Every attender has been through **Financial Peace University** and has created a budget for 2018!

*"Better one handful with tranquility than two handfuls with toil and chasing after the wind."  
(Ecclesiastes 4:6, NIV84)*

## What Really Matters?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## LESS IS MORE LIVING

### 1. CUT BACK.

JESUS: "...Be on your guard against all kinds of greed; life does not consist in an abundance of possessions." (Luke 12:15, NIV)

**FACT:** Your possessions are poisoning you!

**ACTION:**  
**Only BUY WHAT'S IN THE BUDGET!**

### 2. CLEAR OUT.

*"Less is more and more is less." (Psalm 37:16a, The Message)*

Material clutter causes emotional, psychological and spiritual stress!

Books:

- Essentialism by Greg McKeown
- Margin by Dr. Richard Swenson

### Why We Cling to Clutter:

- Sentimentality – what if I need it?
- Scars from the past – what if I lose it?

**TRUTH:** *We are becoming choked by choices!*

**Action:** Every time you BUY ONE, GIVE ONE!

### 3. PAY OFF!

*“Pay all your debts except the debt of love...” (Romans 13:8, The Living Bible)*

Book: Total Money Makeover by Dave Ramsey

**Action:** FPU!

*“When you grab all you can get, that’s what happens: the more you get, the less you are.”  
(Proverbs 1:19, The Message)*